



Top 10 Questions for Mentors

When wanting to become a Mentor or starting a new mentorship relationship it can help to consider the following questions:

1. What is your motivation for becoming a mentor?
2. What do you feel you can offer in a mentoring relationship?
3. How will you build trust and rapport with your mentee?
4. What strengths and weaknesses do you feel you might have as a mentor?
5. How will you encourage and build the confidence of your mentee?
6. What restrictions or obstacles might you encounter?
7. How will you ensure a good basis for a sustainable relationship at the beginning?
8. How will you support your mentee to action their development between sessions to sustain progress?
9. What might you learn about yourself or your career because of being a mentor?
10. How have mentors and role models helped you in your career?