

## EAN Mentorship - Application Mentee

Dear Mentee Applicant,

Thank you for your interest in becoming an active part of this Mentorship programme.

What does mentorship mean:

Mentorship in the field of neurology should empower neurologists in training or at the start of their clinical/academic careers, i.e., mentees, to determine or strengthen their focus and develop their full potential. Simultaneously, it allows mentors to reflect upon and strengthen their mentoring skills, as well as make a valuable contribution toward bringing neurology forward.

We kindly ask you to watch the <u>Mentoring webcast\*</u> before applying to be informed the best way about this programme and what is expected.

(\* Please log-in on eanCampus, in order to see the full version)

The application is divided into four parts:

Part 1: guiding principles of mentoring

Part 2: your personal information

Part 3: your professional information, your goals, interests and expectations

Part 4: guidelines and legal formalities

The application should not take longer than 15 minutes.

Please find the informative pdf version and detailed explanation on the EAN Mentorship programme website in the application section for mentees.

This questionnaire should be completed and sent only once to avoid double registrations - however, the initial form can be edited after submission.

All applications will be reviewed for a possible match with a suitable mentor after the given deadline and applicants will be notified thereafter in a timely manner.

The EAN Mentorship programme was designed to foster international exchange thus matched pairs are usually not from the same country.

If you have any questions, please contact <u>mentorship@ean.org</u>.

Sincerely,

EAN Education Committee

# **EAN Mentorship - Application Mentee**

## Guiding principles for mentors and mentees

i) The mentor will always act in the best interest of the mentee

ii) The relationship between a mentor and a mentee shall be on a professional level only and shall never be substance to manipulation neither by the mentor nor the mentee

iii) At no time shall the mentee be in a dependency relationship to the mentor (e.g. accepting a job position from the mentor), as any staff recruitment is prohibited during the mentorship programme (1 year)

iV) Any kind of discrimination is unacceptable, e.g. due to age, gender, sexual orientation, ethnic background, citizenship, or country of residence

V) In case of unmet aims, a conflict or violation of the rules of conduct, or any other personal matter, EAN shall be contacted and informed immediately

Vi) If either the mentor or the mentee believes the mentoring is no longer needed or not productive anymore, both should agree upon discussion to conclude the relationship

Vii) Any personal information shared between the mentor and mentee is confidential, unless both mentor and mentee agree that the information can be shared, and an agreement exists with whom it can be shared.

## Attributes of a good mentee

- Motivation to succeed, willingness to learn
- Time management skills (work on own time management to commit enough time to make mentoring worthwhile)
- Positive attitude
- Respect the time and value provided by your mentor
- Clear communication (ability to communicate whether or not it is understood what was taught)
- Define precisely his/her career objective
- Proactively contact the mentor and plan meetings
- Be open to learn from the mentor and be reflexive about his own practices
- Believe in the value of mentoring
- Take advantage of all mentoring activities

\*Required

Your personal information Part 1

First Name \*

Last Name \*

Title

Hospital/Institution name \*

City of your Institution \*

Country of residency / your Institution \*

Preferred email address \*

Preferred phone number (incl. country code)

Nationality \*

Date of birth \*

DD.MM.YYYY

Gender \*

□ Male

- □ Female
- □ Other

Year of graduating medical school \*

Year of obtaining degree of specialty in neurology (Date, if applicable)

## **Current position \***

- □ Junior neurologist / consultant
- □ PostDoc
- □ Resident (in training)
- □ PhD student
- □ Other: \_\_\_\_\_

## Specify in which setting you currently work (tick all that apply): \*

- University hospital
- □ Research hospital
- Public hospital
- Private hospital
- □ Private practice
- □ Other: \_\_\_\_\_

#### Languages spoken

- English
- □ Other: \_\_\_\_\_

## EAN information - Membership status \*

(to apply for the programme, EAN membership is required)

- Individual member
- Corresponding individual member
- □ Resident and Research Fellow (RRFS)

## EAN information - Activity within EAN (past 5 years) \*

- Committee member
- □ Task Force member
- □ Scientific Panel member
- □ Special Interest Group member
- □ No current activity within EAN
- □ Other: \_\_\_\_\_

## I have watched the webcast "What is Developmental Mentoring?"

(Mentoring webcast on eanCampus, please login in order to see the Webcast)

□ Yes

□ I will do it in the next days

Your professional information, your goals, interests and expectations

Part 2

## What are your scientific areas of interest? (Tick up to 3) \*

- □ ALS and frontotemporal dementia
- □ Autonomic nervous system disorders
- □ Child neurology/developmental neurology
- □ Clinical neurophysiology
- Coma and chronic disorders of consciousness
- Dementia and cognitive disorders
- □ Education
- □ Epilepsy
- □ Equity and inclusion in Neurology
- □ Functional neurological disorders
- General neurology
- □ Headache
- □ Higher cortical functions
- □ Infectious diseases
- □ Movement disorders
- □ Multiple Sclerosis
- Muscle and NMJ disorders
- Neurocritical care
- Neuroepidemiology
- □ Neurogenetics
- □ Neuroimaging
- □ Neuroimmunology
- □ Neuro-oncology
- Neuro-ophthalmology / -otology
- □ Neuropathies
- Neurorehabilitation

- □ Neurosonology
- □ Neuroscience / Translational Neurology
- □ Neurotraumatology
- D Pain / Neuropathic pain
- D Palliative care
- □ Rare Neurological Diseases
- □ Sleep-wake disorders
- □ Stroke

## Please declare if you need advice/mentoring in your sub-specialty, or if the mentor can be from any other sub-specialty. \*

- □ from my preferred sub-specialties (from list above)
- □ from a neighbouring sub-specialty
- □ from any other sub-specialty, as I need non-topic related advice

## Please declare the area(s) where you seek professional mentoring.

- □ Academic (advice on research, education, and teaching aspects)
- Clinical (advice on educational and career-building aspects in the clinical work-field)
- □ Private practice (advice on a practice-orientated curriculum and important other aspects)
- □ Personal focus (establishing a healthy work-life balance)

## What are your most motivational factors for joining the programme? \*

- □ Scientific output
- □ Networking
- □ Long-lasting relationship
- CV improvement
- □ Improvement of job-related opportunities
- □ Other: \_\_\_\_\_

## What are your personal needs?

	Yes	No
Research		
Presentations & lectures		
Publications		

Networking, communication	
Applications (grants, funds, other)	
Positions-/Job- application (incl. interviews)	
Managing work/family balance, mental health	
Creativity and innovation	
Dealing with ethical and moral issues, privacy	
Collaborating with other or third parties	

## Declaration on unmet personal mentoring need \*

(Define the main goals you expect to achieve upon attending the Mentorship programme (focus, type of mentor in terms of gender, career path, this can also be a bullet point list; 300 words max.)

## How much time would you need from your mentor for the programme? \*

- □ 1 to 2 hours per week
- □ 1 to 2 hours per 2 weeks
- □ 1 to 2 hours per month
- $\Box$  1 to 2 hours every other month
- □ Other possibilities (please specify under "other")
- □ Other: \_\_\_\_\_

#### Guidelines & Legal formalities

Part 3

#### Do you have any conflicts of interest to declare? \*

	Yes	(please	specify	under	"other")	)
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## **Guidelines & rules of the EAN Mentorship programme**

- No recruitment from my mentor for a job at his/her own department/hospital during the period of mentorship programme (1 year)
- Commitment to have regular virtual meetings and at least one personal meeting with my mentor
- Participation in 3-month assessment of the mentor/mentee relationship for quality and ethical reasons
- Participation in Mentor-Mentee Training Webinar (time dependent)
- Sending immediate information if circumstances change and participation in the mentorship programme is no longer possible
- Preparation of a roadmap/plan of action, detailing the agreed goals and timelines (share with my mentor and EAN)
- Preparation of final report for publication in EANpages

## Confirmation of Mentorship programme guidelines & rules \*

□ I agree to the guidelines & rules of the EAN mentorship programme stated above

□ I agree that any personal information shared between the mentor and mentee is confidential, unless both mentor and mentee agree that the information can be shared, and an agreement exists with whom it can be shared

□ I confirm that all given information is correct

## Curriculum Vitae \*

□ I will mail my CV to <u>mentorhsip@ean.org</u> to enable my application

## Data Privacy\*

I agree that EAN may process my personal data in the course of the evaluation of my application and consent to publishing my name as participant of the EAN mentoring program in EANpages.

In processing this Application, EAN shall observe and comply with all applicable current and future data privacy and security laws, including without limitation the General Data Protection Regulation ("GDPR"). EAN further represents and warrants that: (i) any personal data processed will only be processed for the review of this Application; (ii) EAN will maintain effective information security measures to protect personal data from unauthorized disclosure or use; (iii) EAN will delete or return all personal data at the Mentor's request and upon termination of the Agreement; and (iv) if the consultants, employees or agents of EAN have access to the personal data under the terms of this Application, EAN will ensure such persons with access to the personal data will keep it confidential.

## Disclaimer

The EAN mentoring program is provided free of charge to bring together mentors and mentees. Mentors and mentees may participate on voluntary basis. Therefore, the EAN mentoring program does not constitute any legal claims or liabilities between EAN, a mentor and/or mentee. EAN reserves the right to discontinue the mentorship program or granted benefits hereunder and to discovenant participants, all at any time and without reason and prior notice. The mentorship itself takes place directly between the mentor and the mentee.