Dear Mentee,

Thank you for your interest in becoming an active part of this Mentorship programme. We have developed this comprehensive form for a convenient online application.

We have divided the application into 3 parts:
Part 1: your personal information
Part 2: your professional information, your goals, interests and expectations
Part 3: guidelines and legal formalities

The application should not take longer than 15 minutes. Please find the informative pdf version and detailed explanation in the application section for mentees on the EAN Mentorship programme website. This questionnaire should be completed and sent only once to avoid double registrations - however, the initial form can be edited after submission.

All applications will be reviewed for a possible match with a suitable mentor after the given deadline and applicants will be notified thereafter in a timely manner.

If you have any questions please contact mentorship@ean.org.

Sincerely,

EAN Education Committee
# EAN Mentorship - Application Mentee

*Required

## Your personal information

### Part 1

**First Name**

_________________________________________

**Last Name**

_________________________________________

**Title**

_________________________________________

**Hospital/Institution name**

_________________________________________

**City of your Institution**

_________________________________________

**Country of residency / your Institution**

_________________________________________

**Preferred email address**

_________________________________________

**Preferred phone number (incl. country code)**

_________________________________________

**Nationality**

_________________________________________

**Date of birth**

TT.mm.jjjj

**Gender**

- □ Male
- □ Female
- □ Other

**Year of obtaining degree of medical doctor**

_________________________________________
Year of obtaining degree of specialty in neurology (Date, if applicable)

_________________________________________

Current position *

☐ Junior neurologist / consultant
☐ PostDoc
☐ Resident (in training)
☐ PhD student
☐ Other: ________________

Specify in which setting you currently work (tick all that apply): *

☐ University hospital
☐ Research hospital
☐ Public hospital
☐ Private hospital
☐ Private practice
☐ Other: ________________

Languages spoken

☐ English
☐ Other: ________________

EAN information - Membership status *
(to apply for the programme, EAN membership is required)

☐ Individual member
☐ Corresponding individual member
☐ Resident and Research Fellow (RRFS)

EAN information - Activity within EAN (past 5 years) *

☐ Committee member
☐ Task Force member
☐ Scientific Panel member
☐ Special Interest Group member
☐ No current activity within EAN
Other: __________________

**Your professional information, your goals, interests and expectations**

Part 2

**What are your scientific areas of interest? (tick all that apply) * **
- Ageing and dementia
- Autonomic nervous system
- Cerebrovascular diseases
- Child neurology/developmental neurology
- Clinical neurophysiology
- Coma and chronic disorders of consciousness
- Dementia and cognitive disorders
- Epilepsy
- General neurology
- Headache
- Higher cortical functions
- Infectious diseases
- Movement disorders
- Multiple Sclerosis
- Muscle and NMJ disorders
- Neurocritical care
- Neuroepidemiology
- Neurogenetics
- Neuroimaging
- Neuro-oncology
- Neuro-ophthalmology / -otology
- Neuropathies
- Neurorehabilitation
- Neurosonology
- Neuroscience / Translational Neurology
- Neurotraumatology
- Pain / Neuropathic pain
- Palliative care
- Sleep-wake disorders
☐ Stroke

☐ In addition, more clinical or basic work and/or research focus might be declared (insert under "other")

☐ Other: ____________________

Please declare the area(s) where you seek professional mentoring: *

☐ Academic (advice on research, education, and teaching aspects)

☐ Clinical (advice on educational and career-building aspects in the clinical work-field)

☐ Private practice (advice on a practice-orientated curriculum and important other aspects)

☐ Personal focus (establishing a healthy work-life balance)

What are your most motivational factors for joining the programme? *

☐ Scientific output

☐ Networking

☐ Long-lasting relationship

☐ CV improvement

☐ Improvement of job-related opportunities

☐ Other: ____________________

What are your personal needs?

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<th>Yes</th>
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<tbody>
<tr>
<td>Research</td>
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<td>Presentations &amp; lectures</td>
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<td>Publications</td>
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<td>Networking, communication</td>
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<td>Applications (grants, funds, other)</td>
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<td>Positions-/Job- application (incl. interviews)</td>
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<td>Managing work/family balance, mental health</td>
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<td>Creativity and innovation</td>
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<td>Dealing with ethical and moral issues, privacy</td>
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<td>Collaborating with other or third parties</td>
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Declaration on unmet personal mentoring need *
(Define the main goals you expect to achieve upon attending the Mentorship programme; 300 words max.)

_________________________________________________________________

How much time would you need from your mentor for the programme? *

☐ 1 to 2 hours per week
☐ 1 to 2 hours per 2 weeks
☐ 1 to 2 hours per month
☐ 1 to 2 hours every other month
☐ Other possibilities (please specify under "other")
☐ Other: __________________

Guidelines and legal formalities
Part 3

Guiding principles for mentors and mentees
i) The mentor will always act in the best interest of the mentee

ii) The relationship between a mentor and a mentee shall be on a professional level only and shall never be substance to manipulation neither by the mentor nor the mentee

iii) At no time shall the mentee be in a dependency relationship to the mentor (e.g. accepting a job position from the mentor), as any staff recruitment is prohibited during the mentorship programme (1 year)

iv) Any kind of discrimination is unacceptable, e.g. due to age, gender, sexual orientation, ethnic background, citizenship, or country of residence

v) In case of unmet aims, a conflict or violation of the rules of conduct, or any other personal matter, EAN shall be contacted and informed immediately

vi) If either the mentor or the mentee believes the mentoring is no longer needed or not productive anymore, both should agree upon discussion to conclude the relationship

vii) Any personal information shared between the mentor and mentee is confidential, unless both mentor and mentee agree that the information can be shared, and an agreement exists with whom it can be shared.

Attributes of a good mentee
• Motivation to succeed, willingness to learn
• Time management skills (work on own time management to commit enough time to make mentoring worthwhile)
• Positive attitude
• Respect the time and value provided by your mentor
• Clear communication (ability to communicate whether or not it is understood what was taught)
• Define precisely his/her career objective
• Proactively contact the mentor and plan meetings
• Be open to learn from the mentor and be reflexive about his own practices
• Believe in the value of mentoring
• Take advantage of all mentoring activities

Do you have any conflicts of interest to declare? *

☐ No
☐ Yes (please specify under "other")
☐ Other: ____________________

Guidelines & rules of the EAN Mentorship programme
• No recruitment from my mentor for a job at his/her own department/hospital during the period of mentorship programme (1 year)
• Commitment to have regular virtual meetings and at least one personal meeting with my mentor
• Participation in 3-month assessment of the mentor/mentee relationship for quality and ethical reasons
• Participation in Mentor-Mentee Training Webinar (time dependent)
• Sending immediate information if circumstances change and participation in the mentorship programme is no longer possible
• Preparation of a roadmap/plan of action, detailing the agreed goals and timelines (share with my mentor and EAN)
• Preparation of final report for publication in EANpages

Confirmation of Mentorship programme guidelines & rules *

☐ I agree to the guidelines & rules of the EAN mentorship programme stated above

☐ I agree that any personal information shared between the mentor and mentee is confidential, unless both mentor and mentee agree that the information can be shared, and an agreement exists with whom it can be shared

☐ I confirm that all given information is correct

Curriculum Vitae *

☐ I will mail my CV to mentorship@ean.org to enable my application