



















Diagnosis and Management of Acute Stroke

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Dean, Deanship of Scientific Research University of Khartoum, Sudan

14th RTC -EAN

Dar es Salam, Tanzania

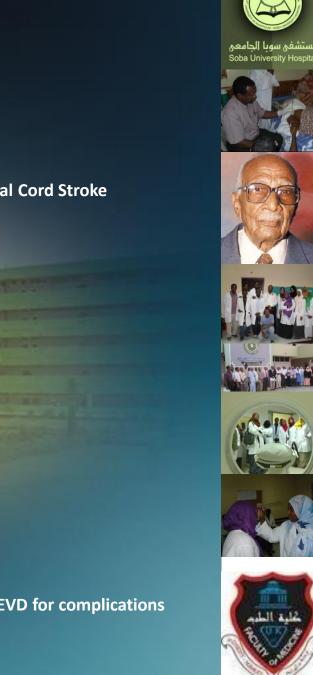
30th October 2023





Outlines of this Talk

- Definitions
 - Stroke
 - TIA
- Types of stroke:
 - Ischaemic, Haemorrhagic(ICH, SAH), Venous strokes, Spinal Cord Stroke
- Daignosis of Acute stroke (FAST. AVVV)
 - History Clinical examinations Imaging
- Identification of Stroke Risk Factors:
 - Modifiable : Hypertension High (BP) , AF, DM ,Dylip,)
 - Imaging in acute stroke
- Management of Ischaemic Stroke
 - Monitoring (? Stroke Unit, ICU, A &E ward)
 - BP management during General Care (IP or OPD)
 - Thrombolytic therapy (tPA)
 - Endovascular Clot retrieval techniques
- Management of Haemorrhagic stroke
 - ICH/ SAH
- Neurosurgical Interventions in stroke:
 - Decompressive Craniectomy / open aneurysmal clipping/ EVD for complications
- Rehabilitation in Acute Stoke
- Stroke Mimics and Stroke Chameleons







Stroke : definition

"Rapidly developing clinical signs of focal (or global) disturbance of cerebral, spinal or retinal function with symptoms lasting 24 hours or longer or leading to death with no apparent cause other than that of vascular origin".

Silent stroke — radiological or pathological evidence of an infarction or haemorrhage not caused by trauma without an attributable history of acute neurological dysfunction attributable to the lesion.









Global Burden of Disease Study

- Stroke is the second leading cause of mortality worldwide
- 3 million of the 4.5 million deaths occur in developing countries
- The most uncertain estimates are those for large parts of sub-Saharan Africa where "even the exact levels of mortality rates are not known"
- A leading cause of adult disability
- Up to 80% of all strokes are preventable through risk factor management
- On average, someone suffers a stroke every 40 seconds in America









Stroke Mortality

- Stroke mortality rises rapidly with age
- In industrialised countries stroke is the third leading cause of death (10-12% of all deaths) - 88% are over 65 years.
- Stroke mortality in the US is significantly higher in African Americans than in caucasians.





Aetiology

- Cerebral infarction (CI) 75-85%
- Primary intracerebral haemorrhage (PICH) –
 10-15 %
- Subarachnoid haemorrhage (SAH) 5%
- Cerebral venous thrombosis < 1%
- Spinal Cord Stroke? epidemiology





Diagnosis and Acute Management

Stroke:

Acute Stroke Recurrent Vascular Dementia

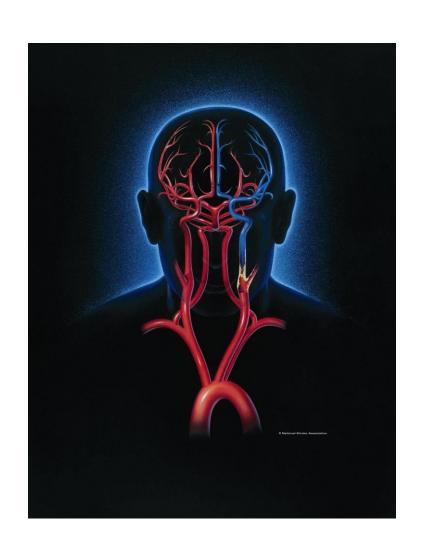
TIA







Brain Attack! Time is Brain



Stroke is a "Brain Attack."

Stroke happens in the brain not the heart

Stroke is an emergency

Stroke Strikes F.A.S.T. You Should, To Act Fast

- **F** = Face: ask the person to smile
- A = Arm: ask the person to raise both arms
- **S** = Speech: ask the person to speak a simple sentence
- **T** = Time: to act
- FAST is Not Good for Posterior Circulation
 USE (AVVV = Ataxia. Vertigo, vomiting, Visual disturbance)

Every minute matters!

Time is BRAIN









Transient Ischaemic Attacks (TIA)

- Symptoms and signs resolve within 24 hours (most within 30 minutes)
- As many as 20% may sustain a small infarct visible on CT/MRI (DWI)
- 5-10 times risk of subsequent stroke
- Only 15% of strokes are preceded by a TIA







Why People Don't Recognize and Respond to Symptoms

Don't recognize symptoms

Denial

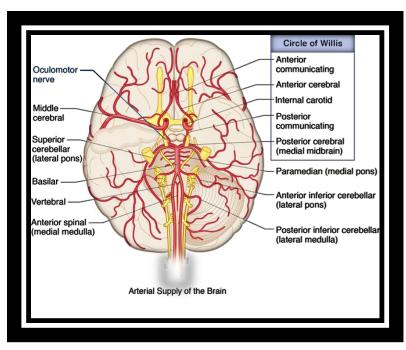
Think nothing can be done

Worry about cost

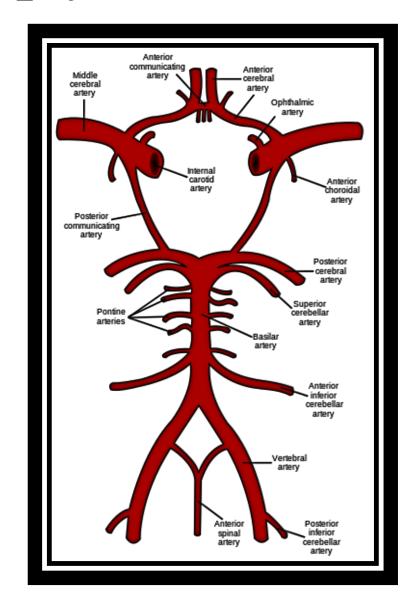
Think symptoms will go away

Fear or don't trust hospitals

Blood Supply



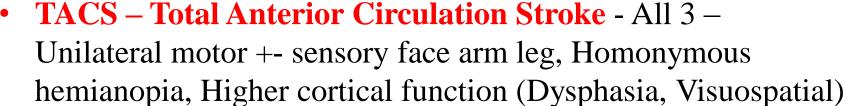
- Anterior Cerebral Artery
- Middle Cerebral Artery
- Posterior Cerebral Artery
- Vertebral & Basilar Arteries



Classification of Stroke

Where is the Lesion?

Bamford Classification System (Oxford Classification System) –



 PACS – Partial Anterior Circulation Stroke – 2 out 3 Unilateral motor +- sensory face, arm, leg, Homonymous hemianopia, Higher cortical function (Dysphasia, Visuospatial)

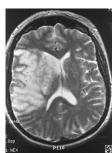


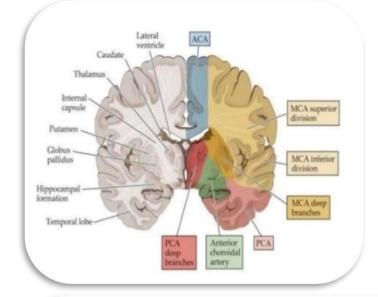


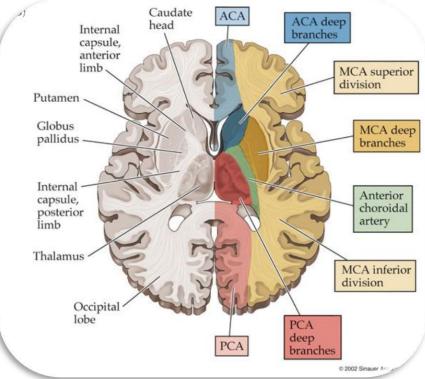


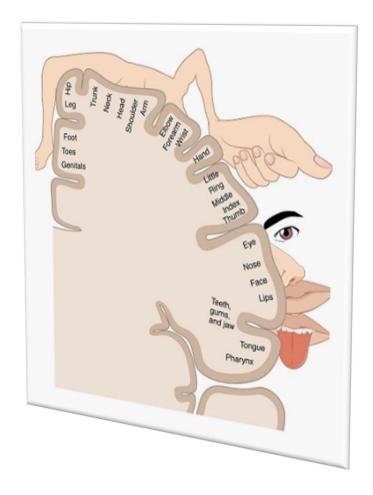


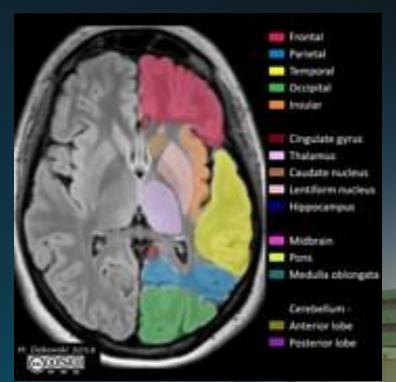


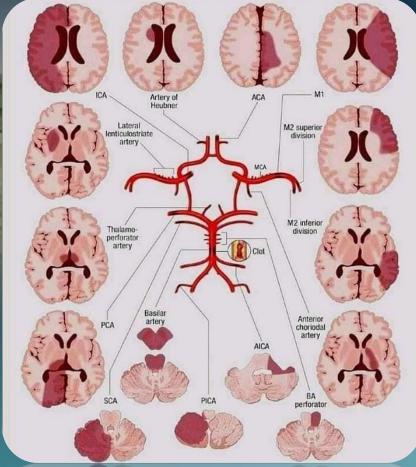
















مستشفى سوبا الجامعى Soba University Hospital









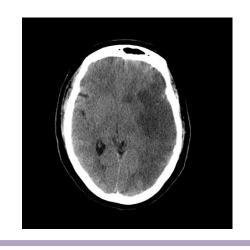




ACS

TACS

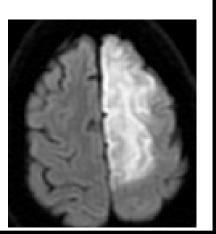
- Hemiparesis
- Hemianopia
- HCD: dysphasia,
 VS dysfunction



PACS: MCA or ACA

- Any 2 of:
- Hemiparesis
- Hemianopia
- dysphasia, VS dysfunction
- HCD alone

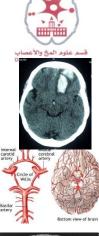


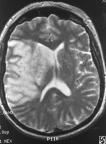






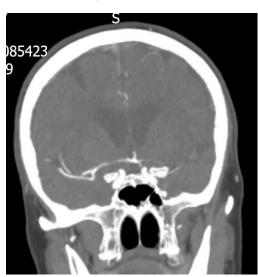






Hyperdense MCA Sign







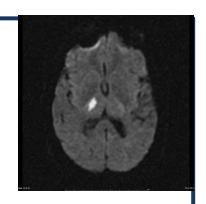
LACS

Pure motor

Pure sensory

Sensorimotor

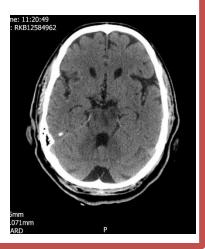
Ataxic hemiparesis



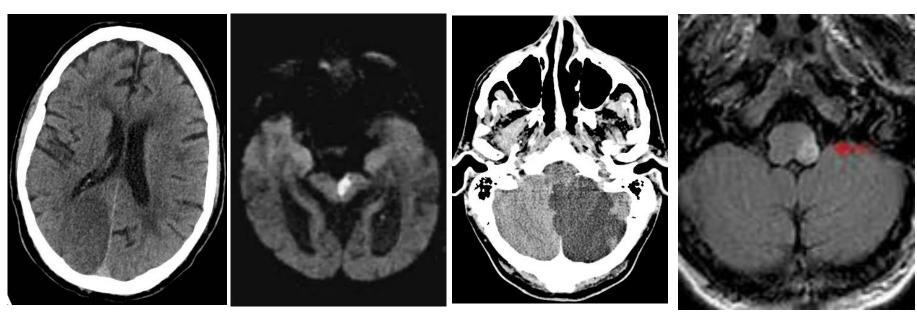
POCS

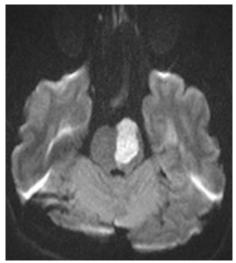
MANY SYNDROMES
HEMI/QUADRIPARESIS, ATAXIA, CN PALSIES, CONJUGATE EYE
MOVEMENT DISORDER, NYSTAGMUS, COMA, VF DEFECTS

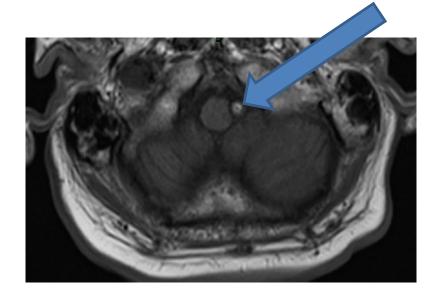




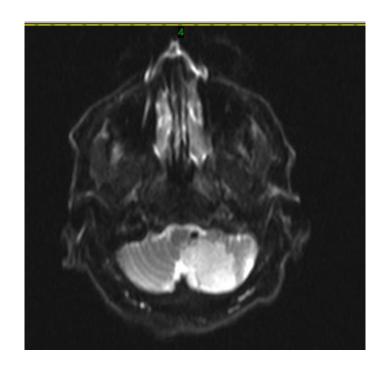
Posterior Circulation Infarctions

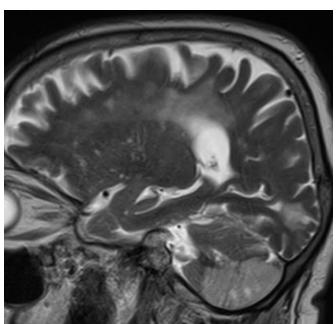










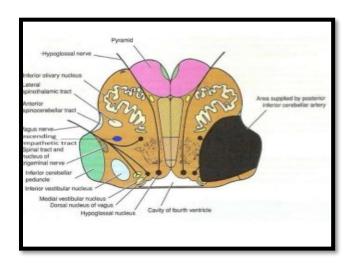


Lateral Medullary Syndrome

(Wallenburg Syndrome)

Characterised by:

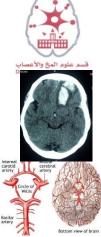
- vestibulocerebellar symptoms:
 - · vertigo, falling towards the side of lesion, diplopia, and multidirectional nystagmus
 - Autonomic dysfunction: ipsilateral **Horner syndrome**, **hiccups**
- sensory symptoms:
 - initially abnormal stabbing pain over the ipsilateral face then loss of pain and temperature sensation over the contralateral side of body (spinal trigeminal nucleus involvement)
- Ipsilateral bulbar muscle weakness: hoarseness, dysphonia, <u>dysphagia</u>,
 and dysarthria, decreased gag reflex (<u>nucleus ambiguus</u>)

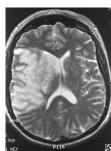




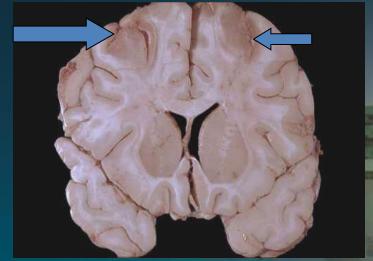


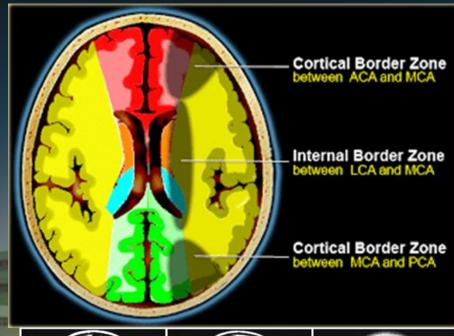


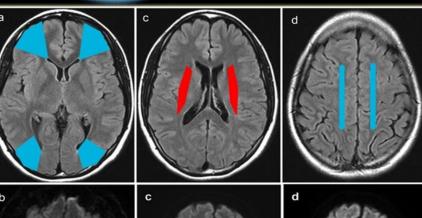




Watershed/Boundary zone infarcts



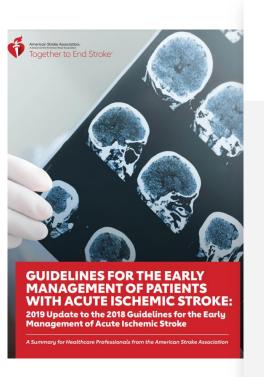








Management of Stroke





Summary of systematic review and synthesis of global stroke guidelines on behalf of WSO

Become a member

News and blog

12 May 2023

Gillian E Mead, Luciano A Sposato, Gisele Sampaio Silva, Laetitia Yperzeele, Simiao Wu, Mansur Kutlubaev, Joshua Cheyne, Kolawole Wahab, Victor C Urrutia, Vijay K Sharma, PN Sylaja, Kelvin Hill, Thorsten Steiner, Mayowa Owolabi, David S Liebeskind and Alejandro A Rabinstein



Management Acute Ischaemic Stroke

• General Care:

- Reassure, O2, Vascular access, blood samples –Basic tests
- Brief History and neurological examination (Grading)
- Cardiovascular check
 - BP
 - Rhythm: AF
 - Carotid bruit

• Imaging:

CT brain CT angio. / perfusion scan / MRI (MRA/MRV)

Reperfusion therapy

- Thrombolysis tPA
- 4.5 Hr exact time ? Wake up time ? Extended time issue (MRI guided DWI)

Outside Time Limit:

- Full general and Neurological assessment
- Medical therapy
- Mechanical Thrombectomy:
 - Wake up stroke MRI needed (DWI)
 - Large artery occlusion/ Basilar Artery







Medical Therapy of Acute Stroke

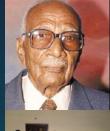
BP control

- Antiplatelets
 - Aspirin 300mg od 14/7 if no CI or Clopidogrel 300mg stat then 75mg OD
 - Dipyridamole can be used in secondary prevention but not in conjunction with Clopidogrel
- Lipid lowering drugs
- Swallowing assessment/ nutrition:
 - NGT as needed
- Fluid balance
 - Adequate hydration
 - need for bladder catheterization if needed
- DVT prophylaxis
- Identification and management of Co- morbidities:
 - Euoglycaemia DM –prognosis
 - Cardiovascular Problems: Arrhtyjmia, Carotid stenosis, cardia lesion)
 - Infections (complication / cause)
 - Complications
- Transfer to ICU/ Stroke Unit/ stroke ward/ medical ward
- Consider discharge in minor stroke: lacunar/recurrent minor









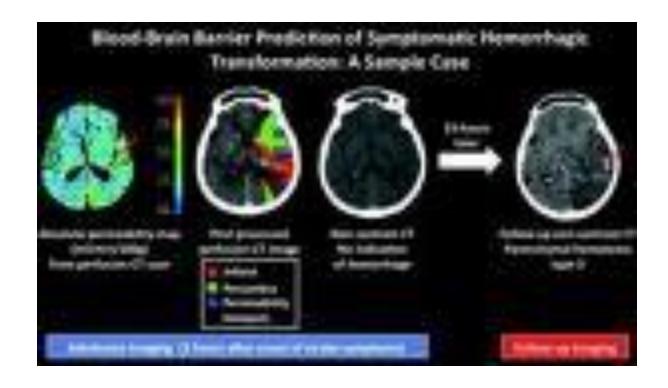








Thrombolytic Therapy

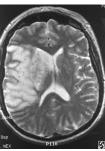














Hypertension High (BP) *****

Management of BP in Ischaemic Stroke

Monitoring (? Stroke Unit, ICU, A &E ward)

BP management during General Care (IP or OPD)

BP management in thrombolytic therapy (tPA)

BP management with Clot retrieval techniques

Management of BP with ICH/ SAH BP control with Neurosurgical Interventions in stroke:

Decompressive Craniectomy / open aneurysmal clipping/ EVD for complications

Rehabilitation in Stoke:

BP care with Physiotherapy / treat Spasticity including Botox BP of the Carers!!!

Secondary Prevention --







Haemorrhagic Stroke

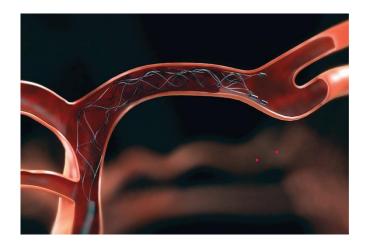
- **Hypertension**
- Cerebral Amyloid Angiopathy
- Drugs Anticoagulation
- <u>AVM</u>
- Tumors: primary / mets.
- Cavernoma / venous angiona
- Drugs: Cocaine, Cannabis
- Scorpions/ Snakes envenomation





Endovascular Clot Removal



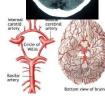


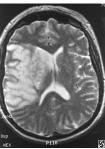


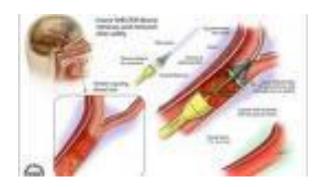


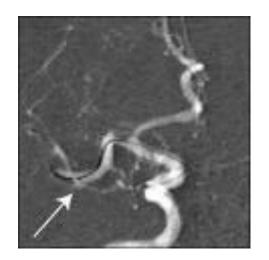












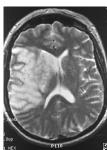
Endovascular Thrombectomy





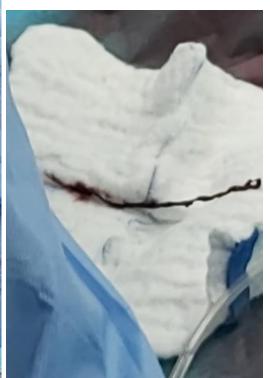










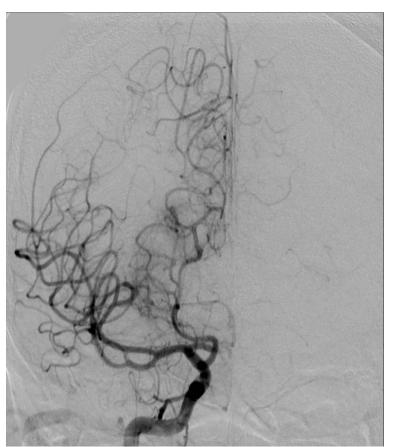


Clot Retrieval

Pre-clot retrieval





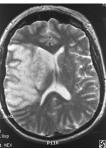












RCP Guidelines- Clot Retrieval 2016

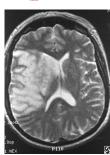
- Beyond an onset-to-arterial puncture time of 5 hours if:
- The large artery occlusion is in the posterior circulation, in which case treatment up to 24 hours after onset may be appropriate;
- A favourable profile on salvageable brain tissue imaging has been proven, in which case treatment up to 12 hours after onset may be appropriate.















Among 821 patients, intensive BP lowering to a systolic target less than 120 mm Hg, compared with a systolic target of 140 to 180 mm Hg, was associated with worse functional outcomes (OR, 1.37), greater early neurological deterioration at 7 days (OR, 1.53), and major disability at 90 days (OR, 2.07). There was no significant difference in the risk of symptomatic intracerebral haemorrhage or mortality between the target groups.

After endovascular thrombectomy for acute ischaemic stroke owing to intracranial large-vessel occlusion, intensive control of systolic BP to lower than 120 mm Hg should be avoided, given the risk of neurological deterioration and worse functional outcomes.

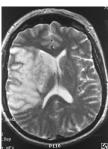
- Giselle A. Suero-Abreu, MD, PhD, MSc









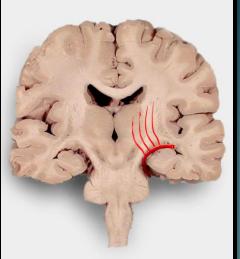




Hypertensive Bleeds

- Most common bleed
- Secondary to microaneurysms of perforating arteries – Charcot-Bouchard aneurysms – Chronic Hypertension
 - 80% Lenticulostriate BG (most common Putamen), Thalamus
 - 10% Pons
 - 10% Cerebellum























RCP Guidelines 2016

Patients with primary intracerebral haemorrhage who present within 6 hours of onset with a systolic BP above 150mmHg should be treated urgently using a locally agreed protocol for blood pressure lowering to a systolic blood pressure of 140 mmHg for at least 7 days, unless:

- the Glasgow Coma Scale score is 5 or less;
- the haematoma is very large and death is expected
- a structural cause for the haematoma is identified;
- immediate surgery to evacuate the haematoma is planned (Premorbid fit- progressive/ rebleeding)













Hypertensive Bleeds Pons

Pons

Cerebellum







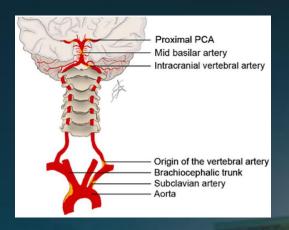


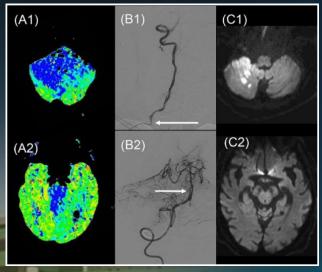






Posterior Circulation Stroke 2





Reymond-Cestan

Long circumflex a.

The 5 Ds

- •Dizziness.
- Diplopia (double vision)
- Dysarthria (slurred speech)
- Dysphagia (difficulty swallowing)
- •Dystaxia (abnormal gait, balance, motor movements)



Posterior fossa craniotomy and evacuation of the haemorrhage may be necessary for patients with worsening clinical condition. With surgical intervention some comatose patients still may have a good clinical outcome

Pontine paramedian syndrome

+/- One-and-Half syndrome

Pontine paramedian syndrom

Paramedian a.

Millard-Gubler syndrome

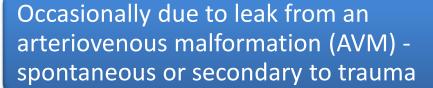




Subarachnoid Haemorrh (SAH)



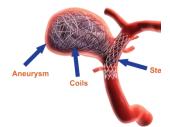
Rupture of aneurysm in the circle of Willis



Cerebral vasospasm may lead to delayed cerebral infarction (4-14 days) in up to a third of patients

Non-Aneurysmal SAH- perimesencephalic





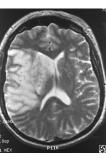
Extension from ICH or Intra-ventricular haemorrhage

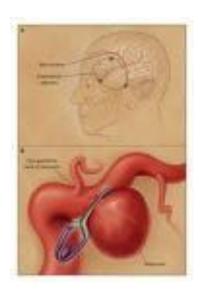














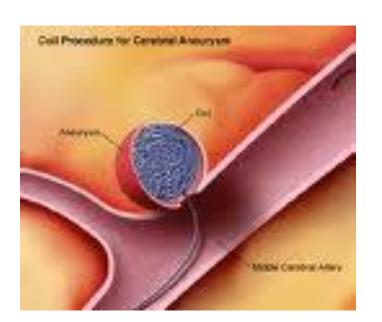




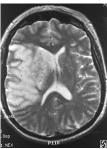












BP Management in SAH

AHA/ASA Guideline

Guidelines for the Management of Aneurysmal Subarachnoid Hemorrhage

A Guideline for Healthcare Professionals From the American Heart Association/American Stroke Association

The American Academy of Neurology affirms the value of this statement as an educational tool for neurologists.

Endorsed by the American Association of Neurological Surgeons and Congress of Neurological Surgeons; and by the Society of NeuroInterventional Surgery

E. Sander Connolly, Jr, MD, FAHA, Chair; Alejandro A. Rabinstein, MD, Vice Chair; J. Ricardo Carhuapoma, MD, FAHA; Colin P. Derdeyn, MD, FAHA; Jacques Dion, MD, FRCPC; Randall T. Higashida, MD, FAHA; Brian L. Hoh, MD, FAHA; Catherine J. Kirkness, PhD, RN; Andrew M. Naidech, MD, MSPH; Christopher S. Ogilvy, MD; Aman B. Patel, MD; B. Gregory Thompson, MD; Paul Vespa, MD, FAAN; on behalf of the American Heart Association

Stroke Council, Council on Cardiovascular Radiology and Intervention, Council on Cardiovascular Nursing, Council on Cardiovascular Surgery and Anesthesia, and Council on Clinical Cardiology

Purpose—The aim of this guideline is to present current and comprehensive recommendations for the diagnosis and











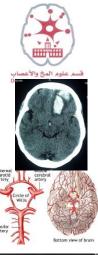


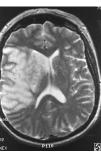






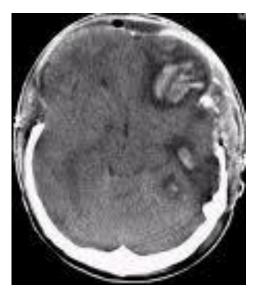






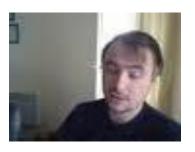


Neurosurgery in Stroke









Decompressive craniotomy
Clot removal
Carotid Endarterectomy/ stenting
Vascular bypasses
SAH- management (ligation, embolization)

SPECIAL ARTICLE

Level of Recommendation

Stroke Prevention in Symptomatic Large Artery Intracranial Atherosclerosis Practice Advisory

Report of the AAN Guideline Subcommittee

Tanya N. Turan, MD, MSCR, Osama O. Zaidat, MD, Gary S. Gronseth, MD, Marc I. Chimowitz, MBChB, Antonio Culebras, MD, Anthony J. Furlan, MD, Larry B. Goldstein, MD, Nestor R. Gonzalez, MD, Julius G. Latorre, MD, MPH, Steven R. Messé, MD, Thanh N. Nguyen, MD, Rajbeer S. Sangha, MD, Michael J. Schneck, MD, MBA, Aneesh B. Singhal, MD, Lawrence R. Wechsler, MD, Alejandro A. Rabinstein, MD, Mary Dolan O'Brien, MLIS, Heather Silsbee, and Jeffrey J. Fletcher, MD, MSc

Neurology® 2022;98:486-498. doi:10.1212/WNL.0000000000200030

Abstract

Background and Objectives

To review treatments for reducing the risk of recurrent stroke or death in patients with symptomatic intracranial atherosclerotic arterial stenosis (sICAS).

Methods

The development of this practice advisory followed the process outlined in the American Academy of Neurology *Clinical Practice Guideline Process Manual, 2011 Edition,* as amended. The systematic review included studies through November 2020. Recommendations were based on evidence, related evidence, principles of care, and inferences.

Correspondence

American Academy of Neurology guidelines@aan.com



POST-STROKE CHECKLIST (PSC):



This Rest-Stroke Checklist (PSC) has been developed to help healthcare professionals identify poor-stroke problems amenable to treatment and/or referral. The PSC is a brief and early-to-us trail, intended for complicition with the parket and the help of a casegior, if necessary. PSC administration provides a standardized approach to the identification of long-term patients in travials early-term of facilities appropriate referral for treatment.

INSTRUCTIONS FOR US

Please ask the patient each numbered question and indicate the answer in the "sepanse" section. In general, if the response is NG, ophere the patient second and review at next assessment. If the response is "NG, follow-up with the approximation. Please note that the actions described in this version as the gradience and the Y the "and "NE for schools replicityfolds of its period can and the follow the soft for this call implementation.

L DECOMPANY PROPERTY

Since your stroke or last soweamers, have you received any advice on health related life style changes or medications. for preventing another stroke?

NO YES

If NO, refer to Primary Care Team for risk factor assessment treatment if appropriate

2. ACTIVITIES OF DAILY LIVING (ADL)					
	■ ND	Observe Progress			
Since your strake or last assessment, are you finding it more difficult to take care of yourself?	■ YES	Do you have difficulty dressing, washing and/or bathing? Do you have difficulty preparing hot direks and/or meals? Do you have difficulty getting	If YES to any, refer to the Community Stroke Team or an appropriate therapist (i.e. OT or PT) for further assessment		

1. MOBILITY			
Since your stroke or last assessment, are you finding in <u>more</u> difficult to easily or more safely from tend to chair?	■ NB	Observe Progress	
		Are you continuing to receive rehabilitation therapy?	If NO, refer to the Community Stroke Team for further assessment
			If YES, update patient record and review at next assessment

4. SPASTICITY			
Since your stroke-or last assessment, do you have increasing nithness in your arms, hands, and/or legs?	■ ND	Observe Progress	
	TYSE .	Is this interfering with activities of daily living?	If YES, refer to a physician with an interest in post-stoke spasticity for further assessment and diagnosis

S. PAIN	NO	Observe Progress		
Since your stroke or last accessment, do you have any <u>new</u> pain?	TES .	If YES, refer to a physician with an interest in post-stoke pain for further assessment and diagnosis		
6. INCONTINENCE				
Since your stroke or last accepances, are you having gazged a problem controlling your blacker or bowels?	N0	Observe Progress	Observe Progress	
	YES	If YES, refer to Community Continence Adviser or equivalent for further assessment		
7. COMMUNICATION				
T NO		Observe Progress		
Since your stroke or last sourcement, are you finding it mone difficult to communicate with others?	- THE	If YES, refer to specialist Speech and Language Therapiat for further assessment		
8. M000				
	■ ND	Observe Progress		
Since your stroke or last assessment, do you had made strokes or depressed?	<u> </u>	If YES, refer to Primary Care-Clinician with an interest in post-stroke mood changes for further assessment		
9. COGNITION				
2. Countries	ND	Observe Progress		
Since your choice or last assessment, are you finding it more difficult to think, concentrate, or remember things?		Does this interfere	If NO, update patient record and review at next assessment	
	WES	with activity or participation?	If YES, refer to a clinician with an interest in post-stroke cognition changes for further assessment	
18. LIFE AFTER STROKE				
Since your strake or last assessment,			·	
are you finding things important to you more difficult to carry out [e.g. leisure activities, hobbles, work, as well as relationships with loved ones, where appropriate(?		Observe Progress If VES, refer patient to a shoke support organisation (e.g., The Stroke Association)		
11. RELATIONSHIP WITH FAMILY				
The state of the s	NO	Observe Progress	·	
Since your stroke or last sourcement,		HWES exhadring	next Drivery Core visit with nations and family	

Fibromuscular Dysplasia FMD

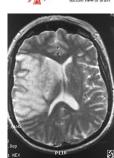
Severe Hypertension in Young patients



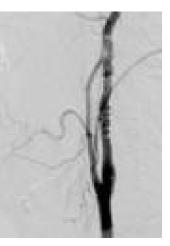


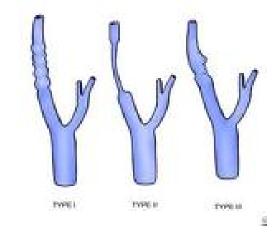








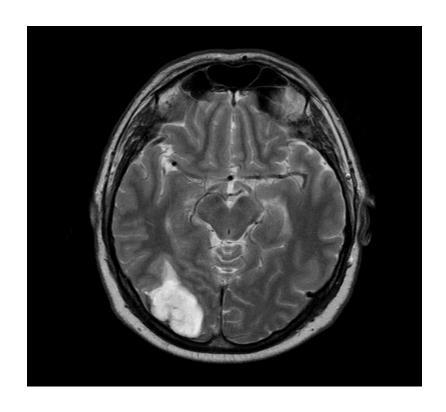




Bil Renal artery stenosis Avoid ACE inhibitors



Mild headache with Sudden Loss of part of Visual Field

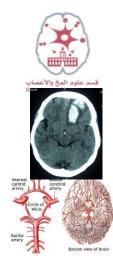


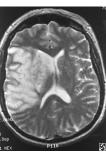
Right Occipital Haemorrhage













Osheik A. Seidi Feb 2004

CME Neurology

Neurology and renal disorders

Osheik Seidi MBBS ABIM MRCP(UK), Consultant Neurologist, Sunderland Royal Hospital and the Regional Neuroscience Centre, Newcastle upon Tyne

Clin Med 2007:7:165-70

Following the introduction of haemodialysis and renal transplantation it became particularly clear that renal disease may adversely affect the nervous system. A range of neurological manifestations of acute (ARF) and chronic renal failure (CRF) have been recognised.

- There are well-known interactions when systemic disorders such as diabetes or hypertension affect both the kidney and the nervous system.
- Systemic lupus erythematosus (SLE), other vasculitides and granulomatous disorders commonly show neurological and renal complications.
- Electrolyte disturbances in patients with renal and systemic disorders can manifest with specific and nonspecific neurological features. These should be recognised early to avoid permanent sequelae which may occur if not treated promptly, as in the osmotic demyelination syndromes following rapid correction of hypo- or hypernatraemia.
- Rare, but potentially treatable, serious neurorenal conditions include thrombotic thrombocytopenic purpura (TTP) and cocaine-related vasculitis.¹
- Neurological features may be the first indication of renal disease, for example peripheral neuropathy with CRF, aneurysmal subarachnoid haemorrhage in polycystic kidney

Neurological problems associated with renal replacement therapies

Dialysis dysequilibrium syndrome

The dialysis dysequilibrium syndrome is a complication of haemodialysis caused by the creation of an osmotic gradient between the brain cells and the plasma. Rapid clearance of urea and other solutes leads to a shift of water into the brain parenchyma with resultant cerebral oedema. It presents with headache, nausea, vomiting, restlessness, muscle cramps and confusion. It usually resolves in a few hours after dialysis and is prevented by slower dialysis.

Dialysis dementia

Dialysis dementia is now seen infrequently (if at all) compared with the early years of haemodialysis. It was linked to an increased level of aluminium in the soft water used in the dialysate and presented with dysarthria, dysphasia and dysgraphia, progressing to gait apraxia, myoclonic jerks and seizures, leading in extreme cases to immobility and mutism followed by death. Dialysis dementia is treated with the chelating agent desferrioxamine.²

Uraemic encephalopathy

Either acute or chronic, uraemic encephalopathy is usually more severe in the context of ARF. The initial symptoms are fatigue, poor concentration and clumsiness, but as the renal function deteriorates there is progression to asterixis, multifocal mycoclonic jerks, generalised seizures, confusion and coma. In the chronic form, patients show emotional lability, sluggishness and inversion of sleep pattern as well as

renal replacement therapies (RRTs) and may resolve completely after successful renal transplantation.³

Osmotic demyelination syndromes

The osmotic demyelination syndromes (ODS) complicate treatment of hyponatraemia in which serum sodium is usually less than 120 mmol/l. The commonly recognised type is central pontine myelinolysis (CPM), although extrapontine myelinolysis (EPM) is increasingly reported; the pathogenesis is the same in both types. ODS should be considered in patients who deteriorate neurologically after an illness associated with hyponatraemia or have received a large volume of intravenous fluids even if the imaging is not supportive initially. To prevent this serious complication the sodium should not be corrected by more than 8 mmol/l/day, particularly in chronic hyponatraemia (serum sodium <136 mmol/l for >48 hours).

CPM presents with brainstem dysfunction, including flaccid tetraparesis and occasionally the locked-in syndrome. EPM has variable presentations which depend on the affected area

Key Points

The kidney and the nervous system have close interactions under both physiological and pathological states

Systemic disorders like diabetes, hypertension, vasculitudes and genetic disorders can affect both the nervous system and the kidney

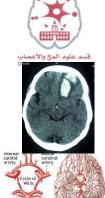
Awareness and early recognition of conditions such as thrombocytopenic purpura and osmotic demyelination syndromes should lead to prompt treatment and prevention of serious sequelae

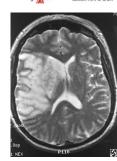
Neurological features can be the first manifestations of a renal disease or













Stroke in Infections

- 1- Viral
 - HIV
 - HZV
 - CMV
 - PML (JC virus)

Protozoal:

Malaria

Toxoplasmosis

- 2- Bacterial meningitis including TB
- 3- Spirochaetal

Syphilis

4- Helminthic

Cysticercosis

Hydatic Disease

5- Post infectious Angiitis







Stroke in HIV



Prevalence and incidence of stroke among people with HIV

Min Du^a, Yaping Wang^a, Chenyuan Qin^a, Donghua Mi^b, Min Liu^a and Jue Liu^{a,c,d,e}

Objective: We aimed to obtain more precise estimates of stroke to address the wide variation of stroke burden among people with HIV (PWH) in different clinical settings.

Design: Systematic review and meta-analysis.

Methods: We systematically searched PubMed, EMBASE, and Web of Science for original articles reporting the prevalence and incidence of stroke among PWH up to November 23, 2022. Der Simonian-Laird random effects were used to obtain pooled estimates and 95% confidence intervals (CIs).

Results: We included 17 observational studies covering 1 749 003 PWH on estimation

- Ischaemic
- Haemorrhagic
- Venous strokes C dural Sinus thrombosis







HIV and Ischaemic Stroke

- ☐ Clinical, radiological, and pathological series, there is an increased risk of IS in AIDS patients
- □ South Africa (2000–2006) 67 HIV- infected with Stroke
- 96% pts. Ischemic strokes
- 91% were younger than 46 years
- opportunistic infections- 37%, most common infection was tuberculosis (15%)
- HIV-associated vasculopathy-20%
- Cardioembolism- (14%) patients
- At the time of their stroke, 46% of these patients had CD4 counts < 200 cells/mm3
- Traditional vascular risk factors were uncommon in these HIV-infected patients with stroke



Tipping B et.al. J Neurol Neurosurg Psychiatry 2007;78:1320–1324















Stroke in Infections

1- Viral

- HIV
- HZV

EDITORIAL COMMENTARY

Stroke in patients with human immunodeficiency virus infection

Myles Connor

What is the impact of HIV and HIV therapy on the nature of stroke and stroke management?

S troke occurring in the human immunodeficiency virus (HIV) infected described intimal changes in the intrapatient is a frequent clinical challenge. lenge for clinicians working in regions Patients with extracranial vasculopathy

Ku et al. BMC Infectious Diseases (2023) 23:636 https://doi.org/10.1186/s12879-023-08628-8

BMC Infectious Diseases

RESEARCH

Herpes zoster associated with stroke incidence in people living with human immunodeficiency virus: a nested case-control study

Han-Chang Ku¹, Yi-Lin Wu², Hei-Tung Yip³, Cheng-Yang Hsieh^{4,5}, Chung-Yi Li^{6,7,8}, Huang-Tz Ou^{4,9}, Yen-Chin Chen^{2,10} and Nai-Ying Ko¹⁰

Background The incidence of stroke is increasing among younger people with human immunodeficiency virus (HIV). The burden of stroke has shifted toward the young people living with HIV, particularly in low- and middle-

PAPER

Stroke in patients with human immunodeficiency virus infection

Brent Tipping, Linda de Villiers, Helen Wainwright, Sally Candy, Alan Bryer

See Editorial Commentary, p 1291

J Neurol Neurosurg Psychiatry 2007;78:1320-1324. doi: 10.1136/jnnp.2007.116103

See end of article for authors' affiliations

Objective: To report the nature of stroke in patients infected with human immunodeficiency virus (HIV) in a region with high HIV seroprevalence and describe HIV associated vasculopathy. Methods: Patients with first ever stroke, infected with HIV and prospectively included in the stroke register of

the Groote Schuur Hospital/University of Cape Town stroke unit were identified and reviewed.

Results: Between 2000 and 2006, 67 of the 1087 (6.1%) stroke patients were HIV infected. Of these, 91%





Soba University Hospita







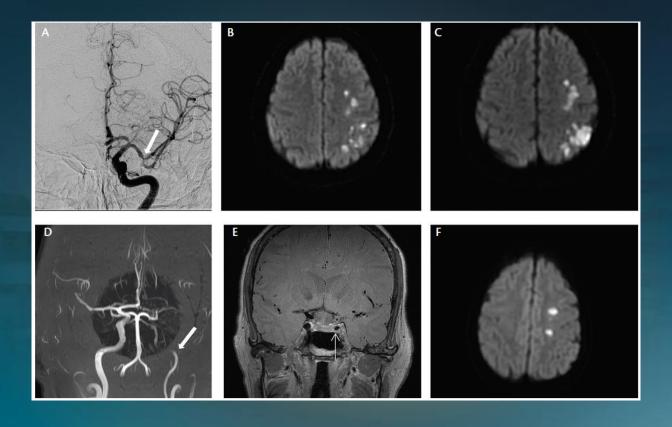








VZV vasculopathy

















Stroke and TB

Table 2. Summary Estimates of Stroke in Tuberculous Meningitis per Country					
Region/country	No. of studies	Patients with stroke, No.	Total patients, No.	Point estimate (95% CI)	
Middle East and North Africa					
Saudi Arabia	1	6	80	0.08	
North America					
US	1	95	806	0.12	
Latin America and the Caribbean					
Argentina	1	25	65	0.38	
Ecuador	1	72	310	0.23	
Mexico	1	11	24	0.46	
East Asia and Pacific					
China	5	154	568	0.27 (0.22-0.31)	
Hong Kong	2	29	104	0.28 (0.19-0.36)	
Korea	1	8	38	0.21	
Malaysia	2	46	93	0.46 (0.10-0.85)	
New Zealand	1	34	104	0.33	
Vietnam	2	51	147	0.35 (0.27-0.42)	
Europe and Central Asia					
France	1	50	90	0.56	
Italy	2	17	99	0.17 (0.10-0.24)	
Netherlands	1	164	554	0.30	
Spain	1	4	29	0.14	
Turkey	6	91	1046	0.09 (0.05-0.15)	
United Kingdom	1	12	25	0.48	
South Asia					
India	20	567	1904	0.32 (0.25-0.38)	
Pakistan	3	351	1228	0.29 (0.25-0.33)	
Taiwan	7	117	392	0.31 (0.21-0.42)	
Thailand	1	16	43	0.37	
Sub-Saharan Africa					
South Africa	10	274	711	0.40 (0.25-0.55)	
Total	71	2194	8460	0.30 (0.26-0.33)	



Sy MCC, Espiritu AI, Pascual JLR. Global Frequency and Clinical Features of Stroke in Patients With Tuberculous Meningitis: A Systematic Review. JAMA Netw Open. 2022;5(9):e2229282. doi:10.1001/jamanetworkopen.2022.29282













Stroke with TBM

Zhang et al. BMC Infectious Diseases (2019) 19:362 https://doi.org/10.1186/s12879-019-4004-5

BMC Infectious Diseases

RESEARCH ARTICLE

Open Access

Acute ischemic stroke in young adults with tuberculous meningitis



Liming Zhang¹, Xiaoyu Zhang², Huaqiang Li^{1,3}, Gang Chen^{1*} and Meijia Zhu^{2*}

Abstract

Background: Ischemic stroke is a common complication in patients with tuberculous meningitis (TBM), which is associated with poor clinical outcome. However, risk factors of stroke in TBM patients were not fully understood, especially in those young adults. Therefore, the aim of our study was to identify risk factors for acute ischemic stroke in young adults with TBM.

Methods: TBM patients (18 to 50 years) without cerebral vascular risk factors were prospective recruited between Feb 2014 and Dec 2017. Patients were defined as stroke group and non-stroke group by brain magnetic resonance imaging (MRI). Demographic characteristics, clinical presentations, cerebrospinal fluid (CSF) examination, basal meningeal enhancement, hydrocephalus, tuberculoma and clinical outcome were compared between two groups. Binary logistic regression was performed to determine risk factors for acute ischemic stroke in young TBM patients.

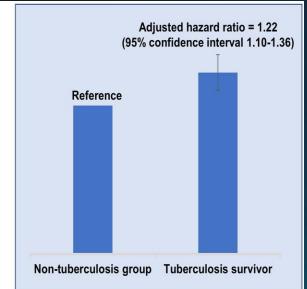
Results: Fifty-two patients with TBM were included and 12 (23.1%) patients were in stroke group. Patients in stroke







Tuberculosis survivors Ischemic stroke Follow up (Mean 3.75 years) n=72,863 n=941 (1.3%) 1:1 matching for age and sex Non-tuberculosis group Ischemic stroke Follow up (Mean 3.84 years) n=72,863 n=707 (1.0%)



Soba University Hospital

Summary

- We used Korean National Health Insurance data which covers almost entire Korean population (~50 million).
- A total of 72,863 tuberculosis survivors diagnosed between 2010-2017 and finished treatment were enrolled and 1:1 matched with non-tuberculosis comparison group by age and sex.
- During a median F/U of 3.8 years, 1.3% of tuberculosis survivors (941/72,863) and 1.0% of matched nontuberculosis cases (707/72,863) developed ischemic stroke.
- The overall risk of ischemic stroke was higher in tuberculosis survivors (adjusted hazard ratio: 1.22, 95% confidence interval: 1.10–1.36) compared to the matched non-tuberculosis group.



Han Rim Lee. Stroke. Tuberculosis and Risk of Ischemic Stroke: A Nationwide Cohort Study, Volume: 53, Issue: 11, Pages: 3401-3409, DOI: (10.1161/STROKEAHA.122.039484)





Stroke in Infections

Protozoal:

Malaria: very rare cause of stroke























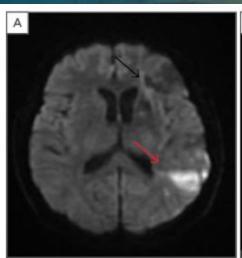


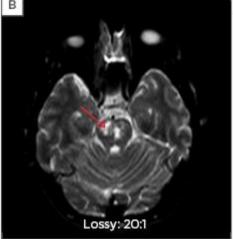
Stroke in Infections

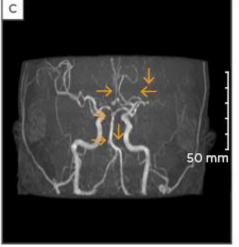
3- Spirochaetal
Syphilis
HIV and Syphilis

(The great Imitator)

























Meningovascular syphilis

















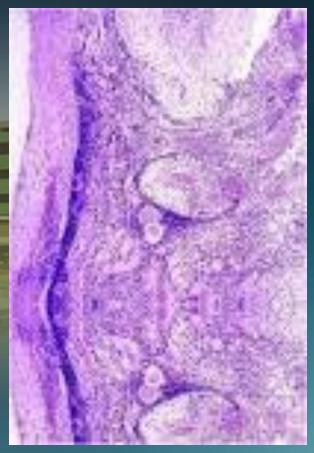




Late Syphilis



















COVID-19 and Stroke

During the follow-up period, recovered COVID-19 patients showed an increased risk of ischemic stroke (HR: 2.06, 95% CI: 1.75-2.41, p < 0.0001, $I^2 = 63.7\%$) compared to subjects who did not experience COVID-19 infection but developed ischemic stroke over the same period

ARTICLES

https://doi.org/10.1038/s41591-022-02001-z



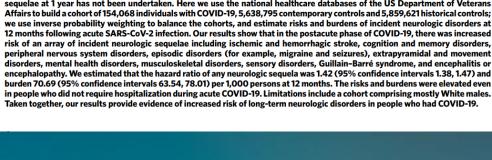
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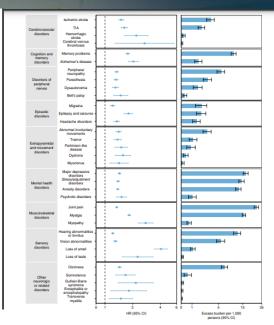


Long-term neurologic outcomes of COVID-19

Evan Xu¹, Yan Xie¹, and Zivad Al-Alv¹, Yan Xie¹, and Zivad Al-Alv¹,

The neurologic manifestations of acute COVID-19 are well characterized, but a comprehensive evaluation of postacute neurologic sequelae at 1 year has not been undertaken. Here we use the national healthcare databases of the US Department of Veterans in people who did not require hospitalization during acute COVID-19. Limitations include a cohort comprising mostly White males.





rtained 30 days after the COVID-19-positive test until the end of follow up. COVID-19 cohort (n = 154,068) and co = 5,638,795). Adjusted HRs (dots) and 95% (error bars) CIs are presented, as are estimated excess burdens (bars) and 95% CIs (error bars). Burdens nted per 1,000 persons at 12 months of follow up. The dashed line marks a HR of 1.00; lower limits of 95% CIs with values greater than 1.00

arkinson-like disease (HR 1.50 (1.28, 1.75); burden 0.89 (0.50, 1.34)), dystonia (HR 1.57 (1.29, 1.90); burden 0.40 (0.21, 0.63)) and myoclonus (HR 1.42 (1.13, 1.79); burden 0.14 (0.04, 0.26)). The 19.18), stress and adjustment disorders (HR 1.39 (1.34, 1.44); burrespective risk and burden of a composite of these extrapyramidal den 14.34 (12.66, 16.07)), anxiety disorders (HR 1.38 (1.33, 1.42); nd movement disorders were 1.42 (1.34, 1.50) and 3.98 (3.24, 4.77). burden 12.44 (10.93, 13.99)) and psychotic disorders (HR 1.51

depressive disorders (HR 1.44 (1.39, 1.48); burden 17.28 (15.43,



Soba University Hospital















COVID-19 and Stroke

مستشفى سوبا الجامعي Soba University Hospital













Marco Zuin^{1,2}, Maria Mazzitelli³, Gianluca Rigatelli⁴, Claudio Bilato² and Anna Maria Cattelan³

Abstract

Background: Data regarding the risk of ischemic stroke within I year after the post-acute phase of COVID-19 remain scant. We assess the risk of ischemic stroke in COVID-19 survivors after SARS-CoV-2 infection by performing a systematic review and meta-analysis of the available data.

Methods: Following the PRISMA guidelines, we searched Medline and Scopus to locate all articles published up to February 11, 2023, reporting the risk of incident ischemic stroke in adult patients recovered from COVID-19 infection compared to non-infected patients (controls) defined as those who did not experience the infection over the same follow-up period. Ischemic stroke risk was evaluated using the Mantel–Haenszel random effects models with adjusted Hazard ratio (HR) as the effect measure with 95% confidence interval (CI) while heterogeneity was assessed using Higgins I^2 statistic.

Results: Overall, 23,559,428 patients (mean age 56, I year, 54.3% males), of whom 1,595,984 had COVID-19, were included. Over a mean follow-up of 9.2 months, ischemic stroke occurred in 4.40 [95% CI: 4.36–4.43] out of 1000 patients survived to COVID-19 compared to 3.25 [95% CI:3.21–3.29] out of 1000 controls. Recovered COVID-19 patients presented a higher risk of ischemic stroke ((HR: 2.06, 95% CI: 1.75–2.41, p < 0.0001, $I^2 = 63.7\%$) compared to people who did not have COVID-19. COVID-19 patients hospitalized at the time of the infection have a subsequent higher risk of stroke during the follow-up compared to those non-hospitalized.

Conclusions: Recovered COVID-19 patients have a higher risk of ischemic stroke compared to subjects from the general population within 9 months from the index infection.

Keywords

Stroke, COVID-19, long-COVID

Date received: 5 June 2023; accepted: 6 July 2023





Neuro-helminthiasis

Neurocysticercosis Paragonimiasis



Paragonimiasis

Paragonimiasis is a parasitic infection with a flatworm which may enter the body through eating undercooked crab or crayfish.

It is rare in the United States, though several cases have been reported in the Midwest.

Most commonly it is found in East Asian countries.29

Centrse for Disease Control & Prevention. Parasites:

The parasite does not often affect the central nervous system but the parasite may reach the brain either through the bloodstream or through the foramina at the base of the skull.

The adult form of the parasite both releases inflammatory substances and tunnels through tissues, which can result in headaches, seizures, and **strokes**.













Patient Access



Transactions of the Royal Society of Tropical Medicine and Hygiene

No comment of the com

Volume 86, Issue 4, July-August 1992, Page 417

Short report

Therapeutic effect of triclabendazole in patients with paragonimiasis in Cameroon: a pilot study

C. Ripert 1, B. Couprie 1, R. Moyou 2, F. Gaillard 1, M. Appriou 1, J. Tribouley-Duret 1















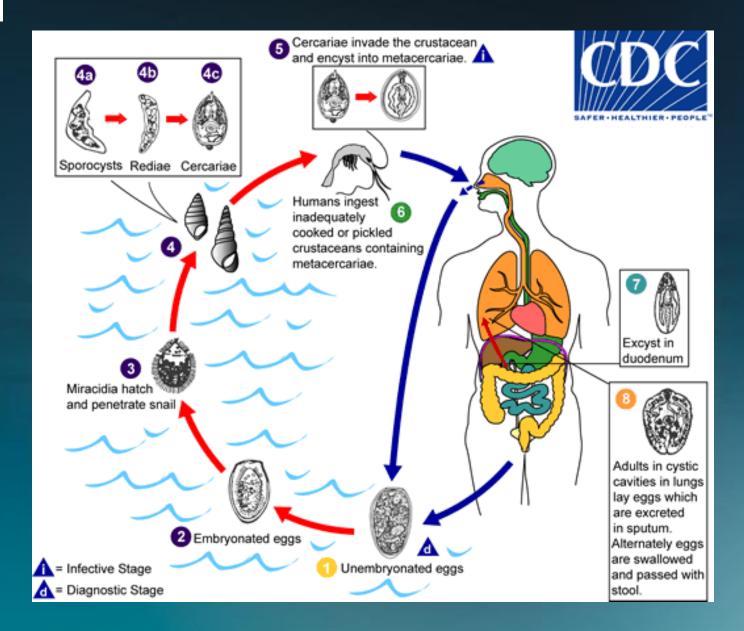




















Stroke in Infections

5- Post infectious Angiitis

UNUSUAL CAUSES OF STROKE

Infectious Causes of Stroke

Stroke is an often-devastating and not uncommon complication of many central nervous system infections.

By Jennifer E. Fugate, DO





Every year, an estimated 15 million people experience stroke worldwide. The impact and burden of strokes are substantial—one-third of those individuals (5 million) die from stroke

prodromal symptoms over weeks to months, including headache, malaise, and/or personality and behavioral changes. Neurosyphilis should be considered in any young adult with







> Neurocrit Care. 2010 Jun;12(3):369-74. doi: 10.1007/s12028-010-9335-4.

Infectious vasculopathy of intracranial large- and medium-sized vessels in neurological intensive care unit: a clinico-radiological study

J Katchanov ¹, E Siebert, R Klingebiel, M Endres

Affiliations + expand

PMID: 20146025 DOI: 10.1007/s12028-010-9335-4

Abstract

Background: Infections are a well-known cause of cerebral vasculopathy and vasculitis. We aimed to analyze the frequency of intracranial vasculopathy attributable to infection, the spectrum of causativ microorganisms, imaging, and cerebrospinal fluid (CSF) characteristics as well as clinical course and outcome.

Methods: We used our institution's medical record system to identify all patients diagnosed with nonatherosclerotic central nervous system vasculopathy from January 1, 1999 through February 28, 2009. We reviewed their clinical charts, imaging data, and results of CSF studies.











Cerebrovascular Diseases

Volume 26, Issue 5

November 2008



REVIEW ARTICLES | SEPTEMBER 23 2008

Cerebral Vasculitis and Stroke in Lyme Neuroborreliosis:

Two Case Reports and Review of Current Knowledge

Subject Area: 🖑 <u>Cardiovascular System</u> , 🎘 <u>Neurology and Neuroscience</u>

Raffi Topakian; Karl Stieglbauer; Karin Nussbaumer; Franz T. Aichner

Cerebrovasc Dis (2008) 26 (5): 455-461.









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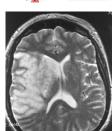














Stroke Mimics

Other Conditions presenting as Stroke

- •Toxic/metabolic disturbance such as:
 - Hypoglycaemia
 - Drug and alcohol toxicity.
- •Conditions which can cause dizziness or disturbed balance such as:
 - Syncope
 - Labyrinthine disorders vertigo, Meniere's disease,
- •Neurological conditions such as:
 - Seizure
 - Migraine with aura
 - Demyelination multiple sclerosis
 - Peripheral neuropathies such as Bell's palsy
 - Spinal epidural haematoma

Trauma

- •Systemic or local infection including:
 - Central nervous system abscess
 - Encephalitis
 - Sepsis
- •Encephalopathies such as:
 - Hypertensive encephalopathy
 - Wernicke's encephalopathy
- •Space occupying lesions including:
 - Tumour
 - Subdural haematoma
- Other conditions such as:
 - Acute confusional state
 - Dementia
 - Vasculitis
 - Functional

















Stroke Mimics



Haemorrhagic Met. From Thyroid Ca



28 yr M brought from Prison. Multiple head Injuries

Stroke Chameleon

Stroke that presents like other conditions

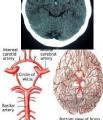
- Seizures:
 - e.g. Temporal lobe infarct presenting as Non convulsive SE
- Transient Amnesia (TGA)
- Dysphasia/ aphasia (MCA)
- Acute Delirium
- Acute paraparesis/ Monoparesis
 - Ant Spinal Artery Syndrome Myelopathy in Spinal Dural fistula
- Vertigo / Loss of Balance (POCS) BPPV
- Severe migraine / Thunderclap Headache
- Visual loss-
 - Unilateral (Amaurosis fugax)
 - Bilateral(cortical blindness)
- Abnormal Movements:
 - Hemiballismus/ Rubral tremor/ ataxic tremor

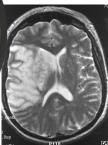














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Emergency casebook

Acute mutism: a useful lesson

Melissa Maguire, 1 Osheik Seidi, 1 Mark Baker, 1 Arun Gupta, 2 Cyrus Muwanga³

a regional infarct in the supply area of the left middle cerebral artery, with a trace of haemorrhagic component (figure 1B). MR angiograms of both the extracranial and intracranial major vessels did not reveal any abnormalities. An autoimmune screen

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Acute mutism: a useful lesson

Melissa Maguire, 1 Osheik Seidi, 1 Mark Baker, 1 Arun Gupta, 2 Cyrus Muwanga³

Broca's aphasia may manifest as mutism in some patients. Mutism may be misinterpreted as part of a depressive illness in patients with a psychiatric history. We report on a patient presenting with acute mutism who had a history of amphetamine and cannabis abuse and was later found to have sustained an infarct of the dorsolateral frontal cortex. Recognition of this mode of presentation will aid early diagnosis and treatment.

mutism. He had had an altercation with two days he was cared for by his partner referral to neurology services. interactions with others.

and drug overdoses. He had been diagand had a forensic history of domestic violence. There was no relevant past medical history. There was a family history of depression. He smoked 20

cigarettes per day. On admission to casualty he could not communicate verbally but could respond to questioning through gesture. His temperature was 37.2°C, blood pressure 128/78 mm Hg and pulse 78 beats per minute and regular. His score on the Glasgow Coma Scale was 15/15, and on initial assessment no evidence of head injury or abnormal neurological findings had been reported. Toxicology screening of urine was positive for cannabis and benzodiazepines. Blood investigations revealed neutrophilia (11.5×10⁹/l) and leucocytosis (14×10⁹/l) with normal inflammatory markers and no other abnormalities.

He was referred to psychiatric services with mutism thought to be secondary to Objectively his mood was low but reactive. Thoughts, perception, cognition, judge-

A 40-year-old right-handed man presented ment and insight were difficult to assess due using illicit drugs. He was referred to to casualty with a 3-day history of to his mutism. Formal neuropsychological speech and language services and has since assessment was not permitted, because of made a good recovery of his speech. He is his partner and had left the house to stay difficulties in communication. During his continuing psychotherapy and support with a friend. Later that evening he was admission he started to produce a few from the substance abuse services. found mute, sitting on the sofa having words with perseverance of speech. This

but remained mute, with minimal Further neurological examination causes include head injury, encephalitis and revealed normal phonation, partial recep-lesions affecting the dorsolateral frontal He had a history of depression since tive dysphasia and complete expressive cortex, causing Broca's aphasia. In this case, April 2007, following the death of his dysphasia. He had right upper motor Broca's aphasia was caused by infarct mother. He had been low in mood and neuron facial weakness, right upper limb attributable to misuse of amphetamine and was consuming large quantities of dyspraxia, right hemi-neglect and rightamphetamine (Lounce per week) and sided pathologically brisk reflexes. Both diazepam (100 street tablets per week), plantar responses were flexor. Sensory severe hypertension and vasospasm. smoking cannabis and drinking eight cans examination was not possible and no Arterial dissection can occur in ampheof lager a day. A few weeks before cerebellar or extrapyramidal signs were amine abuse. Expression, naming and

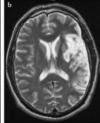
nosed with anti-social personality disorder cm×3.9 cm low attenuation area in the Comprehension appears relatively spared. left dorsolateral frontal cortex (figure 1A). Hypophonia, limb apraxia and hemiparesis Subsequent MR imaging confirmed may be present.

a regional infarct in the supply area of the left middle cerebral artery, with a trace of haemorrhagic component (figure 18). MR angiograms of both the extracranial and intracranial major vessels did not reveal any abnormalities. An autoimmune screen was negative.

This patient presented with acute mutism secondary to a dorsolateral frontal cortex infarct, likely related to cerebral vasculopathy as a result of chronic amphetamine and cannabis abuse. The patient was given aspirin and simvastatin and was advised to stop smoking and

Acute mutism may occur in both organic been incontinent of urine. During the next two days he was cared for by his partner two days he was cared for by his partner cannabis, both of which have been impliadmission he had tried to overdose with detected. The general examination was production of spontaneous speech are diazepam. He had a history of self-harm normal, with no carotid bruits observed. The CT brain scan showed a 3.7 with telegraphic speech and agrammatism.





a depressive illness. He was communicating Figure 1 CT brain scan image (A) showing a large hypodense area in the left dersolateral frontal with the staff through gestures and writing. (Broca's) area due to corebral infarction, with hyperdensities representing harmorrhagic changes in tenues starms sue to corebral infarction, with hyperdensities representing harmorrhagic changes the centre (white arrow). The same is confirmed on a T2 axial MRI (B), which revealed slight posterior extension of the infarct.

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Soba University Hospital















Migraine Stroke

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Migraine Stroke in a young man from Sudan: a Case Report

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Case Report:

A 43 years old male Sudanese gentleman was known to suffer from migraine without aura from his teenage. He usually gets pain on both sides of his head that had a throbbing nature. It was intense at times interfering with his work and social life.

No established Guideline My recommendations:

Closely monitor BP – avoid lowering unless > 200/110

Manage pain

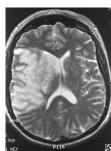
TRIPTAN are contraindicated

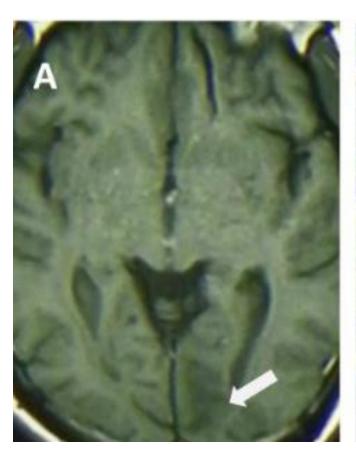


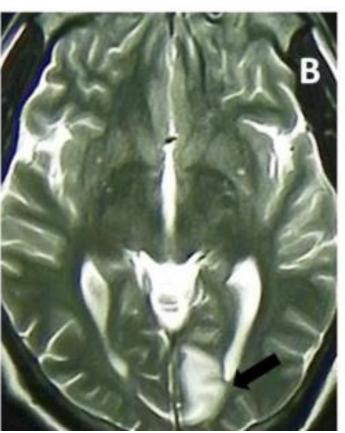










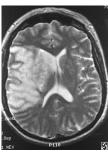








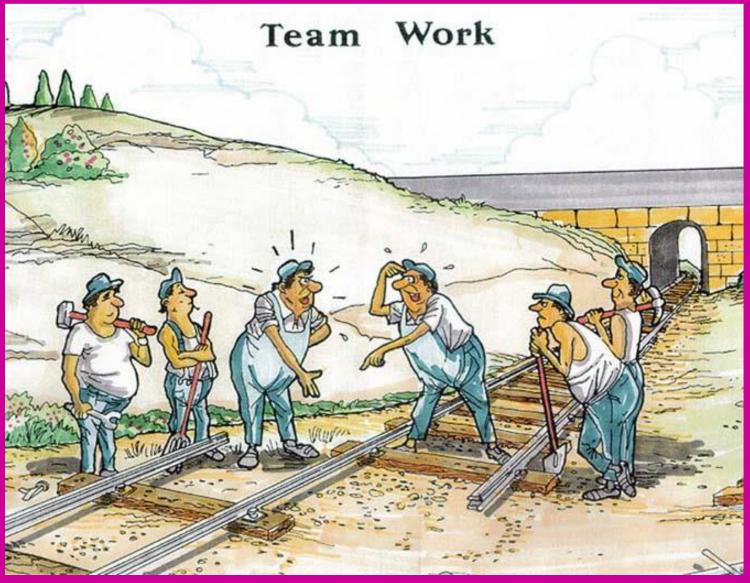




OUTREACH TRIPS



























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Thank You



































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14th RTC -EAN

Dar es Salam, Tanzania

30th October 2023

