SPRING SCHOOL
FOR YOUNG NEUROLOGISTS
MAY 7 - 10, 2015

STARÉ SPLAVY

Photo: Jitka Ernrová
# GENERAL

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2015

STARÉ SPLAVY, 7 – 10 MAY, 2015

Carmen cantatum neurologicum

Lyrics: prof. Dr. Jan Stýblo, CSc.
DEAR COLLEAGUES,

I’m so sorry not to be able to join you at this, the first Spring School under the auspices of the European Academy Of Neurology. The last few months since I took up the position as chair of the education committee have been exceptionally busy for me, and all of the board, as we set out to define the shape of things to come. Next year’s date is already in my diary, but this year just wasn’t possible.

The spring school is one of the traditions inherited from our predecessors we are keen to continue, bringing together young and older, east and west in an environment we know from past feedback is both conducive to learning, expanding networks and importantly also fun. This year’s topics including trauma and rehabilitation, language and cognition, and neurooncology reminds us that optimising function and quality of life is as important as diagnosis and cure, sometimes more so for the many people with long term neurodisability. If you haven’t already do visit the EAN website and ensure your email spam filters don’t block our newsletter neuropenews – both of which have new editors so expect some changes too. Education is one of the cornerstones underpinning the vision of the EAN, and ensuring we meet the needs of residents and trainees is essential to our future. Educational updates are posted in the newsletter e.g. http://www.neuropenews.org/?p=8414, and we are currently reviewing both the department-department exchange programme, and the fellowships for 2016, so look out for mailshots about these later in the year. Information will also be available at the 1st EAN congress in Berlin which we hope some of you will be able to join us for.

Many of you will be intuitional members via your national organizations, but please also consider becoming full individual members at the reduced (residents) cost of only 100Euro/year. As well as the reduced rates for congress, ebrain and European Journal of Neurology access, individual membership is expected for grant applicants, and ensures you have the opportunity to contribute to the shape of future European Neurology through the assembly of delegates and scientific panels. Application details are at: http://www.eaneurology.org/Individual-Members.1642.0.html

I’m sure this year’s school will be both educational and enjoyable, and look forward to reviewing your feedback (good and bad, but please be constructive!) and suggestions for future years. Wishing you every success

Dr. Hannah Cock

Dr. Hannah Cock is chair of the EAN Education Committee and works at the Atkinson Morley Regional Neuroscience Centre, St. George’s NHS Trust, London, United Kingdom
DEAR COLLEAGUES,

I am delighted that this 16th course of the Spring School for Young Neurologists organized by the Europan Academy of Neurology resumes the tradition of courses organized by the EFNS and ENS.

Allow me to submit a short review of the hitherto 15 courses:

The first run, then under the name of „First European Cooperation Neurology Workshop“, took place in 2000 in Třešť, close to Jihlava. The same castle hosted also the second course. In order to achieve better travel connections, closer to Prague, and also to gain higher capacity of a hotel we have placed this event into the hotel Bezděz in Staré Splavy, on Macha’s Lake. It was in 2002.

During the last 15 years 123 faculty speakers from 21 countries had their educational presentations on 30 particular topics. Among them we can mention: Autonomic nervous disorders, Cognitive and Language disorders, Degenerative disorders, Dementia, Epilepsy, Headache, Intensive care, Movement disorders, Multiple sclerosis, Neuroethics, Neuroimaging, Neuroimmunology, Neuroinfections, Neuromuscular disorders, Neurooncology, Neuro- pathy/Radiculopathy, Neuroophthalmology, Stenotic processes in cerebral circulation, Stroke, Ultrasonography, Vascular malformations, Vertebrogenic disorders, Neurology in the world, etc.

The frame of the Spring School did not harbour only scientific/educational programmes, but starting from the first course, they were refreshed also by cultural entrances. Several concerts were performed, given by students of the Academy of Musical Arts, Prague. In most cases the programme was classical music. Two concerts were vocal, when a „Vocal choir of sightless singers – SONS“, have performed. For the second time we welcome a Swiss group „Rolling Fifties“ led by our lecturer dr. Denis Kaech. We have also visited Prague and 8 different castles: Telč, Roštějn, Zahrádky, Mělník, Lemberk, Sychrov, Mnichovo Hradiště and Loučeň.

Dear colleagues, our team wish you most beneficial lectures, discussions and making new friends.

Welcome in the Czech Republic, welcome in Staré Splavy!

Magda Dohnalová
ABOUT THE EAN

EXCELLENCE IN NEUROLOGY IN EUROPE

The purpose of the EAN is

• to increase the availability and standards of neurological services;
• to advance the development of neurology as the major medical specialty caring for patients with neurological disorders;
• to encourage collaboration between European national neurological societies;
• to strengthen collaboration between clinical neurology and related professional and lay organisations;
• to support neurological research, encourage research collaboration, and promote dissemination of research results;
• to strengthen the standard, availability and equality of neurological education for neurologists and affiliated/related health professionals;
• to raise awareness among the lay public, media, health care providers and other stakeholders, as well as law and policy makers about the burden and cost of neurological disorders and the benefits which clinical neurology can bring;
• to collaborate with international, national and regional neurological associations and related international health organisations;

The EAN will base its activities on the following five values:

• Professionalism. The EAN will strive to reach the highest scientific standards and to deliver unbiased information in its research and educational activities.
• High ethical standards. The EAN will apply high ethical standards in all its activities within science, education, liaison, and administration, complying with applicable regulations and codes of ethics.
• Involvement. The EAN will strive to involve its members and collaborators in the organisation of research, education and liaison activities.
• Independence. The EAN will operate as a professional and scientific organization, independent from the political or commercial interests of external companies or organisations.
• Transparency. The EAN will provide transparency in the organisation of all its scientific and administrative activities.
THE EAN IS AN ORGANISATION OF
• 45 European national neurological societies
• 9 associate member societies
• 800 individual members

THE EAN CONSISTS OF
• an Assembly of Delegates of institutional and individual delegates
• elected officers
• 4 committees (+ 2 sub-committees)
• 31 Subspeciality Scientific Panels

MEMBER COUNTRIES
Albania, Armenia, Austria, Azerbaijan, Belarus, Belgium, Bosnia and Herzegovina, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, FYRO Macedonia, Finland, France, Georgia, Germany, Greece, Hungary, Iceland, Ireland, Israel, Italy, Latvia, Lithuania, Luxembourg, Moldova, Montenegro, Norway, Poland, Portugal, Romania, Russian Federation, Serbia, Slovakia, Slovenia, Spain, Sweden, Switzerland, The Netherlands, Turkey, Ukraine, United Kingdom, Uzbekistan

ASSEMBLY OF DELEGATES
The democratic heart of the EAN is the Assembly of Delegates, consisting of 45 Individual Delegates and 45 National Delegates representing 45 member nations of the EAN.

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EUROPEAN ACADEMY OF NEUROLOGY HEAD OFFICE

Breite Gasse 4/7
1070 Vienna, Austria
PHONE: +43 1 889 05 03
FAX: +43 1 889 05 03 13
E-MAIL: headoffice@eaneurology.org
WEB: www.eaneurology.org

EXECUTIVE DIRECTOR
Elisabeth Müller

HEAD OFFICE MANAGER
Anja Sander

ADMINISTRATION
Lucia Černická
Malin Inzinger
Julia Mayer
Marion Russ

The address of EAN Head Office is the official address. The Head Office is in charge of the general administration of the organization. The Head Office is the centre of information, communication and coordination of the EAN.
ABOUT THE EAN

The EAN Office in Brussels/Florence is in charge of Liaison and of the Regional Teaching Courses in Africa

Administration  Ms. Eveline M. Sipido

c/o University Foundation
11, Rue d’Egmont
B-1000 Brussels

University of Florence
Department NEUROFARBA
Viale G. Pieraccini 6
50139 Florence, Italy
PHONE:  +39 348 30 32 754
E-MAIL: sipido@eaneurology.org

The EAN Office in Prague is in charge of the EAN Department-Department Co-operation Programme and the EAN Spring School for Young Neurologists

Administration  Ms. Magda Dohnalová

P.O. Box 35
Litevská 1
100 05 Praha 105, Czech Republic
PHONE:  +420 721 725 816
+420 267 163 563
FAX:  +420 267 163 563
E-MAIL: dohhalova@eaneurology.org
EAN SPRING SCHOOL FOR YOUNG NEUROLOGISTS

LOCAL ARRANGEMENTS COMMITTEE

CHAIRPERSON EAN TEACHING COURSE SUB-COMMITTEE:
Prof. Theodor Landis, MD, SWITZERLAND

COURSE DIRECTOR
Ing. Magda Dohnalová

CHAIRMAN
Prof. Pavel Kalvach, MD, PhD
Ing. Zdeněk Dohnal
Bc. Jiří Dohnal
Jiří Keller, MD, PhD
Kryštof Pohl
Lenka Omelková

The Mácha’s Lake
GENERAL INFORMATION

LOCATION

Hotel Bezděz
Lázeňský Vrch 216
471 63 Staré Splavy, Czech Republic
PHONE: +420 487 872 551
FAX: +420 487 873 246
E-MAIL: hotel.bezdez@tiscali.cz
WEB: hotelbezdez-machovojezero.cz

The hotel lies about 90 km from Prague at an elevation of 270 m above sea. It is situated on the shore of the Mácha’s Lake, which is surrounded by pine forest and a gorgeous scenery of Bohemian Paradise. The Mácha’s Lake area is a much-loved recreational locality with an excellent climate, influenced by numerous fishponds and extensive forests.

Accommodation is provided in double rooms with shower, WC, TV-sat and balcony. There is a sandy beach near the hotel, minigolf, tennis courts, a sport hall, rental services for bikes, surfs and boats. The surroundings have good conditions for touristic activities. In the hotel there is a restaurant, daily bar, summer terrace, mini-gym and billiards. To the hotel belongs also the annex „Kouba“, about 50 meters far, which offers accommodation in single till 4 bedded rooms. Prices don’t include: sauna, swimming pool, massages, water massages, whirlpool, table tennis, minigolf, tennis, rental services, entrance to the beach. Parking right at the hotel is charged. Dogs are not allowed.

PAYMENTS

You may use the following credit cards for all payments within the hotel Bezděz in Staré Splavy
- VISA
- Maestro Card
- Visa – Elektron Card
- Eurocard- Mastercard

For Czech cash an ATM of the Czech Savings Bank in Doksy village can be used.
HOTEL SERVICES

• Reception desk
• Exchange – office, safes
• Restaurant, day bar with terrace
• Congress hall for 150 people
• WiFi connection installed in the conference hall and bar

BOARD

Every day you get free of charge
• breakfast – self service, continental breakfast
• lunch (consisting of soup, main course, fruit, desert, mineral water) – self service
• dinner (consisting of main course, fruit, mineral water) – self service

All other meals and beverages during your stay go on your own expenses and you will be charged by the staff of the hotel.

SMOKING

Smoking is not allowed in any of the conference rooms. You can have a cigarette during coffee breaks in a room especially reserved for this purpose.
GENERAL INFORMATION

2015

TRAINS AND BUSES
The bus station is about 850 m and the train station is about 700 m from the hotel. Parking place is at the hotel Bezděz.

LIABILITY AND INSURANCE
The organizer will not assume any responsibility whatsoever for damage or injury to persons or property during the course. Participants are recommended to arrange for their personal travel and health insurance.
LIST OF LECTURERS

Assoc. Prof. Ivana Štětkářová, MD, PhD
Head, Dept. of Neurology and MS Center
Charles University, 3rd Faculty of Medicine and University Hospital FNKV
Prague 10, Srabarova 50, 100 00, Czech Republic
PHONE: +420267162380
E-MAIL: ivana.stetkarova@fnkv.cz

Dr. med. Denis Laurent Kaech
Leitender Arzt
Neurochirurgische Abteilung
Kantonsspital Chur
Chur, Switzerland
FAX: 0041 81 256 66 59
E-MAIL: denislkaech@ksgr.ch

Prof. Taras Aleksandrovich Skoromets, MD
Chairman, Dept. of Neurology and Neurosurgery
SPBGMU of I.P. Pavlov
L’va Tolstogo str. 6/8
197022 St. Petersburg, Russia
PHONE/FAX: +7(812)412-72-88, +7(901)302-41-10
E-MAIL: tskorromets@mail.ru

Prof. Imre Szirmai, MD
Department of Neurology
Semmelweis University Medical School
Balassa ut. 6
1083 Budapest, Hungary
PHONE: +36 1 210 0337
FAX: +36 1 210 0337
E-MAIL: szirmai@neur.sote.hu
LIST OF LECTURERS

2015

Univ.-Prof. Dr.med.univ. Reinhold Schmidt
Department of Neurology, 1st subst. Head and Chair of Department
Auenbruggerplatz 22
8036 Graz, Austria
Division of Neurogeriatrics, Director of Division
Auenbruggerplatz 22
8036 Graz, Austria
PHONE: 385-83397
E-MAIL: reinhold.schmidt@medunigraz.at

Prof. Olivier Godefroy
Service de Neurologie
CHU Amiens
80054 Amiens Cedex, France
PHONE: 0322668240 / F:0322668244 Godefroy.Olivier@chu-amiens.fr
WEB: http://www.chu-amiens.fr/homepage/
Laboratoire de Neurosciences Fonctionnelles et Pathologies EA4559:
WEB: https://sites.google.com/site/infpamienssite/evaluation/grecog-vasc
WEB: SNLF: http://www.snlf.net/

Prof. Dr. med. Ulrich Roelcke
Hirntumorzentrum
Kantonsspital Aarau AG
Tellstrasse
CH-5001 Aarau, Switzerland
PHONE: 0041 (0)62 838 98 55
FAX: 0041 (0)62 838 98 58
E-MAIL: hirntumorzentrum@ksa.ch

Prof. Riccardo Soffietti, MD
Head, Department of Neuro-Oncology,
University of Turin and City of Health and Science Hospital
Via Chersco 15
10136 Torino
PHONE: +39 011 633 4904
FAX: +39 011 696 3487
E-MAIL1: riccardo.soffietti@unito.it, E-MAIL2: riccardo.soffietti@gmail.com
LIST OF LECTURERS

Thomas Hundsberger, MD
Senior physician
Departments of neurology and of hematology/oncology
Cantonal hospital
Rorschacherstr. 95
9007 St. Gallen, Switzerland
PHONE: 0041 71 494 3095
FAX: 0041 71 494 2895
E-MAIL: thomas.hundsberger@kssg.ch

Karel Moses, MD
Rehabilitation Centre Kladruby
Kladruby 30, 257 62 Kladruby u Vlašimi, Czech Republic
PHONE: +420 317 881 111
E-MAIL: karel.moses@rehabilitace.cz
FAX: +420 317 881 191
WEB: www.rehabilitace.cz

Prof. Pavel Kalvach, MD, PhD
Dept. of Neurology, 3rd Faculty of Medicine and FNKV
Šrobárova 50, 100 34 Prague 10, Czech Republic
PHONE: + 420 2 6716 3657
FAX: + 420 26716 3563
E-MAIL: pavel.kalvach@fnkv.cz

Anna Sauerbier, MD
European Association of Young Neurologists and Trainees - EAYNT
E-MAIL: sauerbier.anna@gmail.com
WEB: http://www.eaynt.org

Ing. Martin Pospíšil
Lundbeck, Prague
THURSDAY, MAY 7, 2015
NEUROTRAUMATOLOGY

MORNING
Ivana Štětkářová, CZECH REPUBLIC
Modern diagnostics and treatment of spinal cord injuries

Denis Kaech, SWITZERLAND
Head injuries: possibilities and limitations of neurosurgical interventions

Taras A. Skoromets, RUSSIA
Post-traumatic brain ischaemia and hydrocephalus

AFTERNOON
Ivana Štětkářová, CZECH REPUBLIC
Methods for reducing spasticity after injury

Denis Kaech, SWITZERLAND
Trauma of the thoracolumbar spine. Surgery and relief of spasticity

Taras A. Skoromets, RUSSIA
Treatment and early rehabilitation of brain trauma using modern appliances
FRIDAY, MAY 8, 2015
HIGHER NERVOUS ACTIVITY, LANGUAGE DISORDERS

MORNING
Imre Szirmai, HUNGARY
Aphasias and their relation to thinking

Reinhold Schmidt, AUSTRIA
Cognitive decline in old age

Olivier Godefroy, FRANCE
Diagnosis of dysexecutive syndrome

AFTERNOON
Imre Szirmai, HUNGARY
Language: How does it work?

Reinhold Schmidt, AUSTRIA
Auxiliary methods for studying dementia

Olivier Godefroy, FRANCE
Clinical cases of dysexecutive disorders

SATURDAY, MAY 9, 2015
NEUROONCOLOGY

MORNING
Ulrich Roelcke, SWITZERLAND
Introduction to brain tumors. Clinical issues in gliomas

Riccardo Soffietti, ITALY
Diagnosis and treatment of brain metastases: a modern approach

Thomas Hundsberger, SWITZERLAND
Meningiomas. Diagnostics and treatment
SATURDAY, MAY 9, 2015
NEUROONCOLOGY

AFTERNOON

Ulrich Roelcke, SWITZERLAND
Use of anticonvulsants in brain tumors. Chemotherapy and radiation therapy

Riccardo Soffietti, ITALY
Management of neoplastic meningitis. Primary CNS lymphomas

Thomas Hundsberger, SWITZERLAND
Intracranial mass lesions - differential diagnosis

SUNDAY, MAY 10, 2015

Karel Moses, MD, CZECH REPUBLIC
Advanced innovative assistive technologies for compensation of mobility in neurological patients

Martin Pospíšil, Lundbeck, CZECH REPUBLIC
Educational systems in neurosciences

Pavel Kalvach, CZECH REPUBLIC
History and integration of neurology

Anna Sauerbier, EAYNT representative
Postgraduate education in neurology, chances and administration of Young Neurologists' training
Session "How to apply for grants"
## Spring School Programme

### Scientific Programme

**WEDNESDAY, MAY 6, 2015** ARRIVAL

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>07:00 - 07:30</td>
<td>Registration</td>
<td></td>
</tr>
<tr>
<td>08:00 - 09:00</td>
<td>Opening Ceremony</td>
<td></td>
</tr>
</tbody>
</table>
| 09:00 - 09:50 | Lecture | Ivana Štětkářová  
CZECH REPUBLIC |
| 09:50 - 10:40 | Lecture | Denis L. Kaech  
SWITZERLAND |
| 10:40 - 11:10 | Break | |
| 11:10 - 12:00 | Lecture | Taras A. Skoromets  
RUSSIA |
| 12:00 - 13:00 | Lunch | |
| 13:30 - 14:20 | Lecture | LH Szirmai  
R1 Schmidt  
R2 Godefroy  
GR-1 |
| 14:30 - 15:20 | Lecture | LH Szirmai  
R1 Schmidt  
R2 Godefroy  
GR-2 |
| 15:50 - 16:10 | Break | |
| 16:10 - 17:00 | Lecture | LH Szirmai  
R1 Schmidt  
R2 Godefroy  
GR-3 |
| 17:30 - 18:30 | Dinner  
free evening | |
| 18:00 - 22:30 | Dinner  
free evening | |

### Thursday, May 7, 2015

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Location</th>
</tr>
</thead>
</table>
| 08:30 - 09:20 | Lecture | Imre Szirmai  
HUNGARY |
| 09:20 - 10:10 | Lecture | Reinhold Schmidt  
AUSTRIA |
| 10:10 - 10:40 | Break | |
| 11:10 - 12:00 | Lecture | Olivier Godefroy  
FRANCE |
| 12:30 - 13:20 | Lunch | |
| 13:30 - 14:20 | Lecture | Ulrich Roelcke  
GR-1  
R1 Soffietti  
R2 Hundsberger  
GR-2  
GR-3 |
| 14:30 - 15:20 | Lecture | Ulrich Roelcke  
R1 Soffietti  
R2 Hundsberger  
GR-2  
GR-3 |
| 15:50 - 16:10 | Break | |
| 16:10 - 17:00 | Lecture | Vittorio Crippa  
GR-1  
R1 Soffietti  
R2 Hundsberger  
GR-2  
GR-3 |
| 17:30 - 18:30 | Dinner  
free evening | |
| 17:00 - 18:30 | Dinner  
free evening | |

### Friday, May 8, 2015

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Location</th>
</tr>
</thead>
</table>
| 08:30 - 09:20 | Lecture | Iuliu Mihăilescu  
ULTRACOM.COM  
ROMANIA |
| 09:20 - 10:10 | Lecture | Matteo Gennari  
ORTOGRAFIA  
ITALY |
| 10:10 - 10:40 | Break | |
| 11:10 - 12:00 | Lecture | Martin Skoromets  
R2ց  
R1ց  
LH |
GROUP 1

Armenia, Belgium, Bulgaria, Cameroon, Croatia, Czech R., Denmark, Egypt, Morocco, Tanzania, Tunisia, Ukraine

GROUP 2

Belarus, Estonia, France, Georgia, Germany, Italy, Kyrgyzstan, Moldova, Poland, Turkey, United Kingdom, Uzbekistan

GROUP 3

Portugal, Romania, Russia, Slovenia, Spain, Sweden, Switzerland
CULTURAL PROGRAMME

Friday, May 8, 2015

17.00 Visit to the Mnichovo Hradiště Chateau, concert and dinner

Concert performers:
„Rollin’ Fifties“:
Denis L. Kaech
Willy Surbeck
Lorenz Trottmann
Kai Dellers
Tassilo Dellers
Daniel Andrey

Sunday, May 10, 2015

11.00 Spring School closing ceremony and assignement of certificates to the participants

13.30 Excursion to Prague

free programme - sightseeing of the Prague Castle with St.Vitus’ Cathedral, St. Nicholas’ Church, Charles Bridge, National Theatre, Old Town Hall and the Astronomical Clock
ABOUT THE VENUE

Doksy and Staré Splavy – are popular holiday resorts in the region around Macha’s Lake. The first written reference to this place originates from 1293. The name of Doksy may well originate from the anglosaxon name dox = dark, according to the dark muddy place around the local stream.

The dominant points of the town are the newly reconstructed square, with the Marian sculptural group from 17th century and the St. Bartholomew’s Church from the year 1638.

The furnishings of the church are Early Baroque, with Rococo accessories. The portal’s main altar, from the years 1670 – 80, holds a statuette of Our Lady of Montserrat (also known as the Black Madonna) from about 1635, which was taken over to the church from the chapel of the castle of Bezdez. It is one of the only three existing copies.

The oldest house in the town is the so-called Hospitalek (Little Hospital), originally a poorhouse and an orphanage; the countess Mary Francis, born in Vrtba, the second wife of Christopher Ferdinand from Heissenstein, had it built in 1669. Today it is a Museum of Karel Hynek Macha.

The town of Stare Splavy, situated on the northern shore of the lake, became part of Doksy in 1850 and has ever since contribute to the development of tourism in the region.
The dominant feature of the region is one of the most important early gothic castles in Bohemia - **Bezděz**. This royal castle was built on a hilltop (638 m a.s.l.) between 1260-1279 by a Czech king Přemysl Otakar II. The king Václav II. with his mother Kunhuta were held here as prisoners. During the 30 years war (1618-1648) the castle was burned down by Swedish soldiers. Later it has been turned into a Benedictine monastery. After the Benedictines have left around the year 1785, the castle became deserted. It became a romantic ruin, which is described in many works by the most important Czech romantic poet – Karel Hynek Mácha.
Karel Hynek Mácha (1810-1836) is the founder of modern Czech poetry. The castle Bezděz with the Velký rybník (big pond) became an inspiration for his best known poem "Máj". This beautiful poem features a tragedy of 3 people. Jarmila and Vilém are lovers. Jarmila was seduced by Vilém’s father. Vilém kills Jarmila’s seducer without knowing it is his own father. For this murder he is put in prison and executed. Jarmila commits suicide by jumping into the lake.

Byl pozdní večer – první máj – večerní máj – byl lásky čas. Hrdliččin zval ku lásku hlas, kde borový zaváněl háj. O lásku šeptal tichý mech; květoucí strom lhal lásky žel, svou lásku slavík růži pěl, růžinu jevil vonný vzdech. Jezero hladké v křovích stinných zvučelo temně tajný bol, břeh je objímal kol a kol; a slunce jasná světů jiných bloudila blanýtnými pásy, planoucí tam co slzy lásky, like burning tears the lover weeps.

Bezděz became a theme for many other works, for example for Smetana’s opera Tajemství (Secret), which is based on a libreto by Eliška Krásnohorská describing the story of treasure on Bezděz.
CHATEAU MNICHOVO HRADIŠTĚ

Chateau Mnichovo Hradiště and its surroundings are an example of a spectacular baroque estate, which has been preserved with very few changes. In 1623 the famous commander Albrecht von Wallenstein confiscated the estate, which was at that time still renaissance. The Wallenstein family possessed the chateau for three centuries.

After the year 1690 a new period started, when Ernst Joseph von Wallenstein moved in. In 1696 vast reconstruction began according to the plans of architect Canevalle. The reconstruction lasted for around 30 years. The chateau was modernized, another floor was added and the clock tower was erected. New stables, the sala terrena and an orangery were also built.

The older L shaped renaissance part of the castle, with one entrance and a large corner hall, now forms a U shape with the symmetrical newer part. Thus two main halls with an unusual corner placement were created on the first floor of the chateau, the entrance hall and theater.

The chateau’s original richly decorated interiors from the beginning of the 18th century, made by plasterer Jan Spazzo, have not been preserved. Apparently they were destroyed by the fire in 1724.

After the fire the interiors were probably renovated by plasterer Mates Tollinger from Litoměřice. The Golden cabinet was set up after 1730, its rich decoration and the Chateau’s chapel decoration were made simultaneously. Both rooms are showcase specimens of very successful baroque ornamental productions.

www.fotozrcmodelu-estranky.cz
The Chapel of St. Anna

The chateau’s miniature gallery was installed before the second half of the 18th century. Over time the picture collection grew up to 112 pieces, completely covering the walls in the gallery. The decoration of the rooms in the west wing was finished in the second half of the 18th century.

A remarkable stove with dolphin sculptures was placed in one of these rooms. In 1872 the new dining room was set up in the east wing and the cassette ceiling from Chateau Dobrovice was installed here.

In 1945 Chateau Mnichovo Hradiště was seized by the government. After that the National cultural administration took over its management.
PRAGUE

Since pre-historic times, Prague has been an important trade center. Its location at the Vltava river in the center of Europe proved ideal. It became political center of Bohemia, and in the 10th century, it also became a religious center. In the 14th century, Prague had become the most important city of central Europe. After emperor Charles IV had all the city gate’s roofs covered with lead, Prague was dubbed the „Golden City”. It would remain one the most influential cities in Europe until the 20th century.

Today „the City of Hundred Spire’s” is a magnet for tourists, with numerous magnificent towers and churches.

Prague Castle – has grown into unique architectural complex. It contains the gothic St. Vitus Cathedral, a monastery, several towers and many wings of palaces.

The first Prague castle was built in the 9th century. In the 12th and 13th century the castle was fortified and expanded. Around the castle, a small community started to grow. Its neighborhood, now called Lesser Town, obtained city rights in 1857. In the 14th century, under the reign of King Charles the whole castle was renovated.

The Czech coronation jewels – a set of exceptional historical and artistic value that were used for coronations of the Czech kings.

The set consists of the St. Wenceslas Crown with a case and cushion, the royal sceptre with a case, the royal orb with a case and the coronation vestment.

The uniqueness of the Czech coronation jewels is stressed by Emperor Charles IV.

The jewels are kept in the Crown Chamber of the St. Vitus’ Cathedral. The keys are in possession of – the president, the prime minister, the Prague archbishop, the president of the Senate, the chairman of the Chamber of Deputies, the dean of the Metropolitan Chapter and the mayor of Prague.
Legend has it that Čech, the forefather of the Czech nation, ascended the mountain called Říp accompanied by his kindred. Since that time the country has borne Čech’s name.

The Czech Republic does not have access to the sea. The main watershed divides the catchment areas of the North, the Baltic and the Black seas. The closest seas are the Baltic and the Mediterranean – both of which are very popular destinations for Czech travelers. The main rivers running through the Czech Republic are the Elbe (Labe – 370 km), Vltava (433 km) in Bohemia, the Morava in Moravia (246 km), the Dyje (306 km), the Oder (Odra – 135 km) and the Opava rivers (131 km) in Silesia.

From a geographical point of view, the Czech Republic lies on the boundary line of two mountain ranges. The hilly western and middle part of Bohemia is formed by the Czech highlands and the slightly higher mountain ranges of Šumava, Český les, Krušně hory, Krkonoše, Orlické hory and Jeseníky. The west Carpathian Mountains (Beskydy) lie in the eastern part of the country.

Area size – with a total area of almost 79000 square kilometers, the Czech Republic is a midsize European country. Its size is comparable to Austria or Ireland and would fit inside France seven times.

The Czech Republic makes up 2% of the European Union. The country comprises three historical lands – Bohemia, Moravia and Silesia. Bohemia is the largest, the area of Moravia is half the size of Bohemia, and the smallest land, Silesia, has an area of approximately 4500 square kilometres.

Administratively, the Czech Republic is divided into 14 regions, one of those being the capital city of Prague. The largest region – Central Bohemia – surrounds Prague from all sides.

The list of the largest cities of the Czech Republic opens with the capital city of Prague, followed by Plzeň, Brno, Liberec and Ostrava.
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