





# Frontotemporal Dementia and ALS in daily Practice: Red Flags

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## ALS to FTD





ALS-motor 50%

ALSci- cognitive impairment and/or ALSbi – behavioural impairment 35%



Frontotemporal dementia (FTD) <15%

Behavioural variant: bvFTD Characterised by Personality Change

GGGGCC repeat expansion in the *C9orf72* gene in ALS and in FTD

TAR DNA binding protein, TDP-43 most common pathology in ALS and also in FTD



### Table 3 International consensus criteria for behavioural variant FTD (FTDC)

#### II. Possible bvFTD

Three of the following behavioural/cognitive symptoms (A-F) must be present to meet criteria. Ascertainment requires that symptoms be persistent or recurrent, rather than single or rare events.

- A. Early\* behavioural disinhibition [one of the following symptoms (A.1-A.3) must be present]:
  - A.1. Socially inappropriate behaviour
  - A.2. Loss of manners or decorum
  - A.3. Impulsive, rash or careless actions
- B. Early apathy or inertia [one of the following symptoms (B.1-B.2) must be present]:
  - B.1. Apathy
  - B.2. Inertia
- C. Early loss of sympathy or empathy [one of the following symptoms (C.1-C.2) must be present]:
  - C.1. Diminished response to other people's needs and feelings
  - C.2. Diminished social interest, interrelatedness or personal warmth
- D. Early perseverative, stereotyped or compulsive/ritualistic behaviour [one of the following symptoms (D.1-D.3) must be present]:
  - D.1. Simple repetitive movements
  - D.2. Complex, compulsive or ritualistic behaviours
  - D.3. Stereotypy of speech
- E. Hyperorality and dietary changes [one of the following symptoms (E.1-E.3) must be present]:
  - E.1. Altered food preferences
  - E.2. Binge eating, increased consumption of alcohol or cigarettes
  - E.3. Oral exploration or consumption of inedible objects
- F. Neuropsychological profile: executive/generation deficits with relative sparing of memory and visuospatial functions [all of the following symptoms (F.1–F.3) must be present]:
  - F.1. Deficits in executive tasks
  - F.2. Relative sparing of episodic memory
  - F.3. Relative sparing of visuospatial skills

#### III. Probable bvFTD

All of the following symptoms (A-C) must be present to meet criteria.

- A. Meets criteria for possible bvFTD
- B. Exhibits significant functional decline (by caregiver report or as evidenced by Clinical Dementia Rating Scale or Functional Activities Questionnaire scores)
- C. Imaging results consistent with bvFTD [one of the following (C.1–C.2) must be present]:
  - C.1. Frontal and/or anterior temporal atrophy on MRI or CT
  - C.2. Frontal and/or anterior temporal hypoperfusion or hypometabolism on PET or SPECT

IV. Behavioural variant FTD with definite FTLD Pathology

Criterion A and either criterion B or C must be present to meet criteria.

- A. Meets criteria for possible or probable bvFTD
- B. Histopathological evidence of FTLD on biopsy or at post-mortem
- C. Presence of a known pathogenic mutation





## Partner's perspective



"My own GP has told me that ALS just affects the limbs and NOT the brain functions. I have to disagree as in one year of my late husbands life I saw the change of a caring conscientious family man into an uncaring/unsympathetic, confused, aggressive person. That none of his family or friends recognised. A professional man that did the most bizarre things that were totally out of character.

Even colleagues had noticed that he had gone from a very efficient team leader to a 'couldn't care less attitude' even before he was diagnosed. ... He became unrecognisable like a stranger even though we had been married 22 years."

> "The professionals he saw did not in their appointments see the man he had become"

## **Apathy: Dimensional Apathy Scale**



Is it Apathy or Depression?:

Apathy neutral emotions/thoughts, Depression negative emotions/thoughts



\*<.05, \*\*\*<.001

### The University of Edinburgh



ALS







## Apathy in bvFTD without ALS





	Psychiatric symptoms in ALS					
ALS probands	<ul> <li>Depression and anxiety are common in people with ALS and their family members.</li> <li>ALS family members compared with healthy controls report higher levels of current anxiety and OCD, and are more likely to report a lifetime episode of:</li> </ul>					
	Psychosis Alcohol use Mania Self-harming behaviour					
First- and second-degree family members	Current and/or history of psychiatric symptoms are associated with poorer cognition and the presence of behaviour changesALS ProbandFamily members• Depression• Anxiety• Anxiety• ADHD• ADHD• Impulsivity					
	<ul> <li>Psychosis</li> <li>Mania</li> </ul>					
	Do not dismiss psychiatric symptoms					



### **Cognitive Changes: Executive Dysfunction**

Sceve

Planning, organising, problem solving, thinking of new ideas and decision making

The most striking and consistently reported deficit: Letter Fluency Ship, Shore, Snake, Silly, Send, Silver, Sonnet, Sun...



Verbal Fluency Index (Vfi): Average time to 'think' of each word independent of motor disability

Vfi = <u>time allowed for test – time to copy word</u> number of words

Slæck

Take into account physical disability when assessing cognition



## Letter fluency & Functional Brain Imaging

Word Generation Impaired Activation in MNDi group compared with Controls

(p<0.001)





medial Right Hemisphere





PET (H<sub>2</sub><sup>15</sup>O) and fMRI dorsolateral prefrontal cortex and Anterior Cingulate dysfunction during letter fluency



doi:10.1093/brain/awt243

Executive deficits, not processing speed relates to abnormalities in distinct prefrontal tracts in amyotrophic lateral sclerosis

Lewis D. Pettit,<sup>1,2,3</sup> Mark E. Bastin,<sup>1,2,4,5</sup> Colin Smith,<sup>6</sup> Thomas H. Bak,<sup>1,2,3,4,7</sup> Thomas H. Gillingwater<sup>1,8</sup> and Sharon Abrahams<sup>1,2,3,4,7</sup>

Is the cognitive deficit in ALS due to slowed processing speed or executive dysfunction (multi-tasking)?

Brain 2013: 136; 3290-3304 | 3290

Processing Speed Task - Visual Inspection Time (VIT):







ALS patients shows dual task (executive) impairment and normal information processing speed



VIT errors





### 

Dual-Task Cost

Uncinate and Cingulate integrity affected in ALS

Dual task and verbal fluency correlates with DTI indices for middle and superior frontal lobe white matter

Dual Task

## Language Dysfunction in ALS – Spelling Errors



Jni

SLOOL FALLING



11/25 (44%) of ALS patients tested who displayed dysarthria showed language difficulties with in particular spelling problems. Philipa Rewaj and Thomas Bak

Look for communication problems which are not due to physical dysarthria

0 PLos one

### **Evidence of Social Understanding Impairment in Patients** with Amyotrophic Lateral Sclerosis

Marco Cavallo<sup>1,2</sup>, Mauro Adenzato<sup>3,4</sup>\*, Sarah E. MacPherson<sup>5,6</sup>, Gillian Karwig<sup>5</sup>, Ivan Enrici<sup>3</sup>, Sharon Abrahams<sup>5,6,7</sup>

6 6 R inn. R 18 16 14 12 10 ALS patients Healthy controls

SC

## Social Cognition Deficit in ALS

Deficit in understanding social but not non-social situations

8

6

2 0

N-SC

OPEN OACCESS Freely available online





Neuropsychology 2011, Vol. 25, No. 1, 53-65

© 2010 American Psychologi 0894-4105/10/\$12.00 DOI: 10.

### Deficits in Emotional and Social Cognition in Amyotrophic Lateral Sclerosis

Alessandra Girardi, Sarah E. MacPherson, and Sharon Abrahams University of Edinburgh





Like Best Condition









36% of ALS impaired in simple theory of mind test Increased egocentric responses in ALS.

Look for difficulties in social behaviour







# How can we assess quickly and efficiently?

## The Edinburgh Cognitive and Behavioural ALS Screen (ECAS) in ALS



# Cognitive assessment part of routine clinical care in the UK

E AND BEHAVIOURAL ALS SCREEN - ECA

19-08-1956



Edinburgh Cognitive and Behavioural ALS Screen (ECAS)

Brief: 20 min assessment for ALS health professional

Designed for physical disability (written or spoken responses)

For health care professionals supervised by a neuropsychologist.

All people with ALS in Scotland are routinely offered to undertake this brief assessment. All nurses have been trained to undertake this assessment.

The results are incorporated into routine clinical care to help with management.



## https://ecas.psy.ac.uk







## ECAS

Anterior functions/ALS-Specific: language, executive and fluency)

Posterior functions/ ALS Non-Specific: memory and visuospatial

### Language

Naming Comprehension Spelling

Date of leating: Age at leaving fuil-time education: Occupation:	Name: Date of Birth: Hospital No. or Address:
LANGUAGE - Naming	
CAsic Say or write down the names of these pict	ires: Soo
3A	
Ĵ	
LANGUAGE - Comprehension	
<ul> <li>Asic point to the one which is:</li> <li>Something you can fiv in</li></ul>	2. Something with webbed feet





diam'r.

ECAS	EXECUTIVE - Fluency Letter S				
Letter Fluency	<ul> <li>Say: 'I am going to give you a letter of the alphabet and I would like you to say or write as many words as you can beginning with that letter, but not names of people or places, or numbers.'</li> <li>If writing, say: 'You will have two minutes. The letter is S.'</li> <li>If speaking, say 'You will have one minute. The letter is S.'</li> </ul>				No. of correct words =
Free Fluency: S Words					read
Sail, Send, Sorry					=
Fixed Fluency: T 4L Word	<ul> <li>Next the person copies/reads these words aloud.</li> <li>If writing, say: 'copy these words as fast as possible. I will time you. Ready? Begin.'</li> <li>If speaking, say: 'read aloud these words as fast as possible. Before you do this, check that you can read them. I will time you. Ready? Begin.'</li> </ul>				
That, Talk, Tank		VFI conve	rsion to score t	able	
, ,	Verbal Fluency Index (Vfl) calculation:	SPOKEN VFI	WRITTEN VFI	Score	
	If spoken: Vil = <u>60seconds - no. of seconds to read aloud words</u> No. of correct words generated If written: Vil = <u>120seconds - no. of seconds to copy words</u>	≥12.00	≥ 20.00	0	-
		10.00 to <12.00	16.50 to < 20.00	2 4	Score 0-12
		6.00 to < 8.00	9.50 to < 13.50	6	
Verbal Fluency Index	No. of correct words generated	4.00 to < 6.00	6.00 to < 9.50	8	
		2.00 to < 4.00	2.50 to < 6.00	10	
		<200	× 2.50	12	





## ECAS

Executive Functions
 Reverse Digits
 Alternation
 Inhibitory Sentence
 Completion
 Social Cognition

The postman knocked on the     The brought his umbrella with him in case of     Saily spread her toast with butter and     John went to the barbers to get his hair     She dived into the swimming     They all went to the local cafe for something to	·······	Score 0-12				
Score 2 for different word, 1 for related word word.	(e.g. associated or opposite meaning) or 0 for exact					
SOCIAL COGNITION - Part A						
picture you like best. Either point to or say as possible.' Circle participant's choice.	which picture you like best. Please respond as quickly					
FF SR	ÓŐ					
È D	to do					
$\bigcirc$						
$\bigcirc$ 0	5					

S. Abrahams & T. H. Bak 6





## ECAS

Executive Functions
 Reverse Digits
 Alternation
 Inhibitory Sentence
 Completion
 Social Cognition







ECAS Memory Story Recall Immediate Delayed Retention (%) Recognition

MEMORY – Immediate recall			
	Say: 'I am going to read you a short story. Please listen carefully. When I am finished, say or write as much as you can remember'. Score 1 point for each (either entire or part of) underlined section recalled.		
	Last <u>Sunday</u> , the <u>annual litter collection</u> took place in <u>Primose Woods</u> . <u>Forty two</u> people joined in to remove old <u>bicycles and shopping trolleys</u> . Mr <u>Douglas Watt</u> from the <u>woodland project</u> told local reporters that he was very <u>impressed and especially proud</u> of the <u>17 children</u> who came along.	Also use this score to calculate % retention later	

			_		
MEMORY – Delayed Recognition					
If all Items recalled, skip and score 4. Otherwise ask questions below.					
Say: 'Lets see if you can remember anything more about that story. I will ask you some questions, please tell me if they are true or failse'.					Score 0-4
Circle responses (true or faise) and score 1 point for each item recognised in this section. Use table below to calculate score.					
Was the story about an event that occurred last Saturday?			F	1	
Was the event the annual litter collection?		т	F	1	
Did this take place in Primrose Woods?		т	F	1	
Did they remove old drink cans and sweet wrappers?		т	F	1	
Was the man in the story called Mr Watt?			F	1	
Was his first name 'Thomas'?			F	1	
Was he from the local council?			F	1	
Was he especially proud of the children for coming along?		т	F	1	
	<b>B</b>				
Recognition to recognition score table					
	Number of correct answers	Converted	Scor	e	
	0-4	0			
	5	1			
	6	2			
	7	3			1





## ECAS

Visuospatial
 Dot Counting
 Cube Counting
 Number Location







& THOMAS H. BAK1-4

### Screening for cognition and behaviour changes in ALS

SHARON ABRAHAMS1-4, JUDITH NEWTON1,3,4, ELAINE NIVEN3, JENNIFER FOLEY3

Amyotrophic Lateral Sclerosis and Frontotemporal Degeneration, 2015; Early Online: 1-8

ORIGINAL ARTICLE

Validation of the Edinburgh Cognitive and Behavioural Amyotrophic Lateral Sclerosis Screen (ECAS): A cognitive tool for motor disorders

ELAINE NIVEN<sup>1</sup>, JUDITH NEWTON<sup>1,3,4</sup>, JENNIFER FOLEY<sup>1</sup>, SHUNA COLVILLE<sup>3,4</sup>, ROBERT SWINGLER<sup>3,4</sup>, SIDDHARTHAN CHANDRAN<sup>3,4</sup>, THOMAS H. BAK<sup>1,2,3,4</sup> & SHARON ABRAHAMS<sup>1,2,3,4</sup>



Scores 85% to 92 % sensitive and 85% specific against gold standard full neuropsychological assessment



# ALS-specific cognitive and behavior changes associated with advancing disease stage in ALS

Christopher Crockford, PhD, Judith Newton, MSc, Katie Lonergan, BSc, Theresa Chiwera, MSc, Tom Booth, PhD, Siddharthan Chandran, MD, Shuna Colville, MPH, Mark Heverin, MSc, Iain Mays, BSc, Suvankar Pal, PhD, Niall Pender, PhD, Marta Pinto-Grau, MSc, Ratko Radakovic, PhD, Christopher E. Shaw, MD, Laura Stephenson, MSc, Robert Swingler, MD, Alice Vajda, PhD, Ammar Al-Chalabi, PhD, Orla Hardiman, MD, and Sharon Abrahams, PhD Correspondence Sharon Abrahams s.abrahams@ed.ac.uk

Neurology<sup>®</sup> 2018;91:1-11. doi:10.1212/WNL.000000000006317





### The University of Edinburgh



## ECAS sensitive to bvFTD without ALS and AD



### ECAS vs ACE-III in bvFTD

Anterior Score (executive, language, fluency) 94% sensitive 92% specific



### ECAS vs ACE-III in AD

Posterior Score (memory and visuospatial) 97% sensitive 96% specific





## Mental capacity in ALS

- The ability to make a *specific* decision at a *specific time*.
- Capacity assumed unless demonstrated otherwise.
- Should I join this clinical trial?
- Should I consent to having a gastrostomy when/if the time comes?
- Should I consent to genetic testing



• Cognitive assessment (ECAS) can help to inform this process, but cannot tell you if someone has capacity to make a decision. You need to refer for a capacity assessment to a Psychiatrist/Psychologist.





# Video case Person with bvFTD





## Poll

Did the woman in the video show...
 Cognitive and Behaviour change
 Cognitive change only
 Behavioural change only
 None of the above
 We can't tell

2. Did the daughter's description of her mothers behaviour include Disinhibition
Loss of sympathy/empathy
Apathy
Perseverative behaviour
All of the above





## Summary of red flags



- ALS is not only a disease of the motor system
- 'Mother knows best', do a separate interview with someone who knows them well to check for behaviour change
- Be careful to consider other causes of behaviour abnormalities, e.g. marital discord...
- Do not dismiss psychiatric symptoms
- Take into account physical disability in the assessment
- Look for problems with attention, decision making and also language and social behaviour
- Use an appropriate assessment supervised by a neuropsychologist
- Remember some people will show behaviour change but unimpaired cognition, check both
- If someone is cognitively impaired does not mean that do not have mental capacity... Capacity assessments must be undertaken in full.





Thank you to Research Team: Debbie Gray, Caroline McHutchison, Ratko Radakovic, Lewis Pettitt. Thomas Bak CARE-ALS Team: Judy Netwon, Suvankar Pal, Siddharthan Chandran, Neuropsychologists Sharon Mulhern, Luke Williams

and all the people with ALS and their families who have participated in our research

