

Programme

2024

Loutraki, Greece, October 24-28

Autumn School



Autumn Loutraki School 2024

Welcome Message



Dear colleagues and friends,

It is our great pleasure to welcome you on behalf of the EAN Teaching Course sub-Committee to the 6th EAN Autumn School for neurologists in training.

The EAN Autumn School follows a new format, with plenary sessions in the morning and hands-on courses and interactive or case-based sessions in the afternoon. The courses will focus on how to approach a specific clinical syndrome in order to reach diagnosis and treatment. Our main topics in 2024 will be Vertigo and dizziness, Sensory disturbances and Symptoms of sleep-wake and circadian rhythm disorders. The courses aim to incorporate patient exams where possible. Alternatively, the course will be enriched by high quality video presentations and interactive case discussions. This way, participants will learn like in a real-life setting how to deal with a given clinical situation. This represents a different approach from the Spring School, or many regional teaching courses, which are topic- or disease focused.

Loutraki, formerly known for its' natural thermal springs, is close to Corinth and the archaeological site and village of ancient Corinth, about 80 kilometers west of Athens. We are happy to announce that one of the evenings we will have a nice excursion crossing the canal ending in a leisure and relaxing evening where we all can get to know each other a bit more. With events like this EAN would like to foster the creation of a great neurological network for future years.

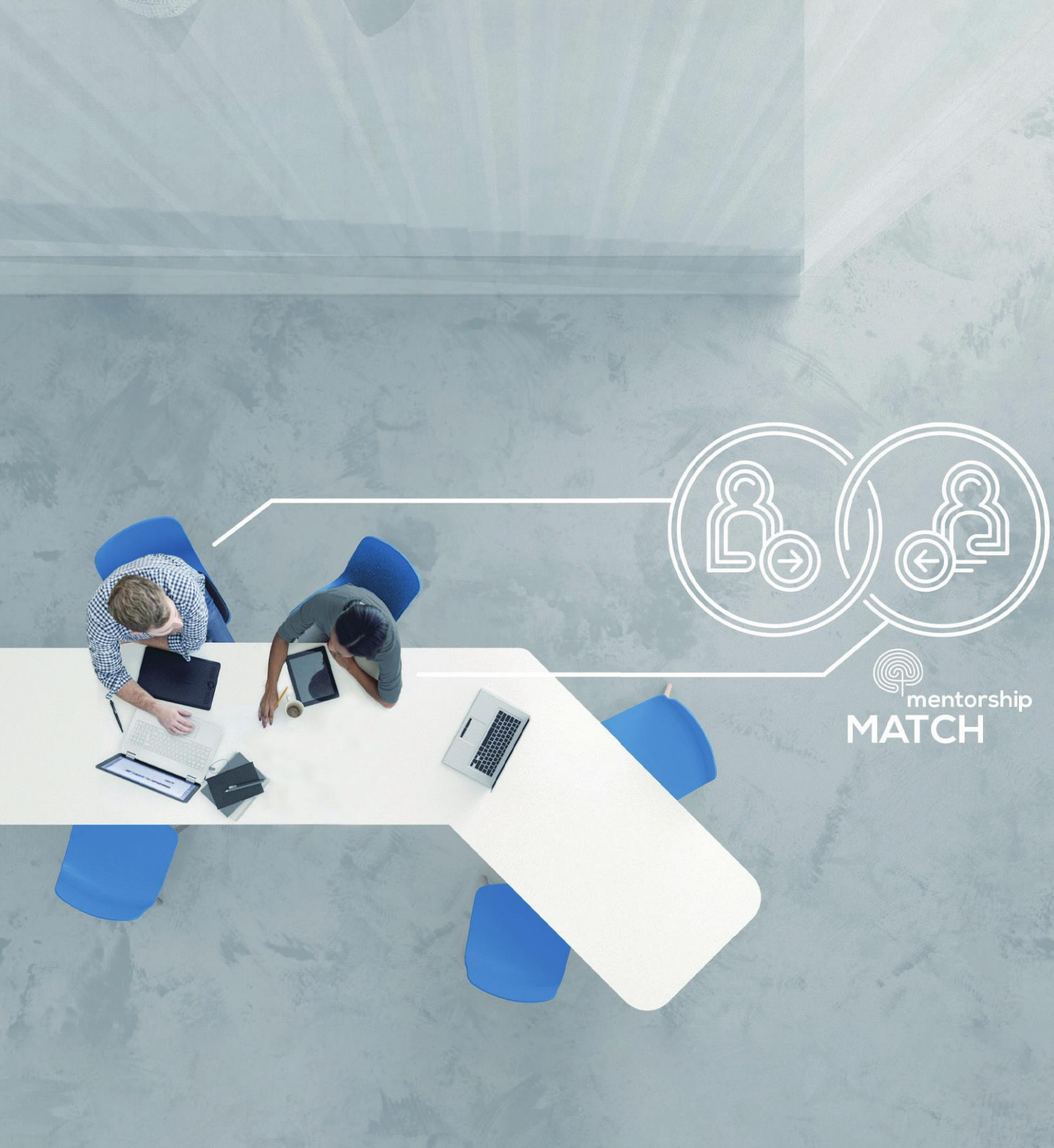
This historical place will now host 64 neurologists in training from 24 countries, who will have a fantastic chance to gain new knowledge and skills, share experiences with colleagues and distinguished experts, make new professional contacts and plan further collaborations.

We would like to thank personally and on behalf of the EAN staff our honorable faculty for making this programme very attractive.

We wish you a successful meeting and an enjoyable and safe stay in Loutraki!

Roland Wiest
EAN Teaching Course sub-Committee Chair

Hatice Tankisi
EAN Teaching Course sub-Committee programme lead



mentorship
MATCH

Mentorship Programme

Apply for our new EAN programme, dedicated to helping early-career neurologists in Europe to unlock their potential! We will help you pair up with a neurology veteran who can provide guidance and advice, help you to find or improve your focus and develop your full potential.

By helping young neurologists to face challenges with the benefit of an experienced mentor, the EAN Mentorship Programme aims to empower a new generation, contributing to the strength of neurological excellence and thus improving patient care.

Find out more at EAN.org/learn.



Autumn Loutraki School 2024

General Information A – Z

Afternoon workshops & group info

3 groups of 20 participants will rotate from workshop to workshop. Every morning the daily groups (A/B/C, D/E/F, G/H/I) will be displayed.

13:30 – 14:30	Workshops
14:30 – 14:45	Break and change of session rooms
14:45 – 15:45	Workshops
15:45 – 16:00	Break and change of session rooms
16:00 – 17:00	Workshops

Board and catering

free of charge daily catering includes

- breakfast buffet
- lunch buffet
- dinner buffet

All other meals and beverages during your stay go on your own expenses and you must pay immediately.

Certificates

Each participant will receive a certificate of attendance. Upon passing exam on the last day, an additional certificate will be provided.

Evaluation

All participants are asked to fill out the online survey and evaluate all lectures in order to improve the quality of the programme. The link will be sent at the end of each day.

Exam

On the last day (17:00 – 17:30), an exam-questionnaire related to the lectures of the speakers of the course will be carried out via an online tool. The link will be sent at the end of Day 3.

Liability and insurance

The organizer will not assume any responsibility whatsoever for damage or injury to persons or property during the course. EAN will provide confirmation, health insurance and necessary documents only for the duration of the Autumn School, i.e. October 24-28, 2024 (incl. travel days).

Location

Ramada Loutraki Poseidon Resort
Thesi Boutsia Korinthia
20300 Loutraki
Greece
Phone: +30-274-4067938

EAN Office mobile phone on-site:

Phone: +43 664 21 32 35 6

Accommodation is provided in single and double rooms with shower, WC, TV-sat.

You can use all the hotel facilities including swimming pool and other amenities at your own expenses.

Mobile phones

During sessions, we ask you to switch off your mobile phones, it is not allowed to take photos of the slides or videos.

Autumn Loutraki School 2024

General Information A – Z

Presentations

All presentations and slides will be online on the EAN Website after the event www.ean.org/learn

Sessions

All sessions start on time, we ask you to be in the session/workshop room shortly before the announced beginning.

Smoking policy

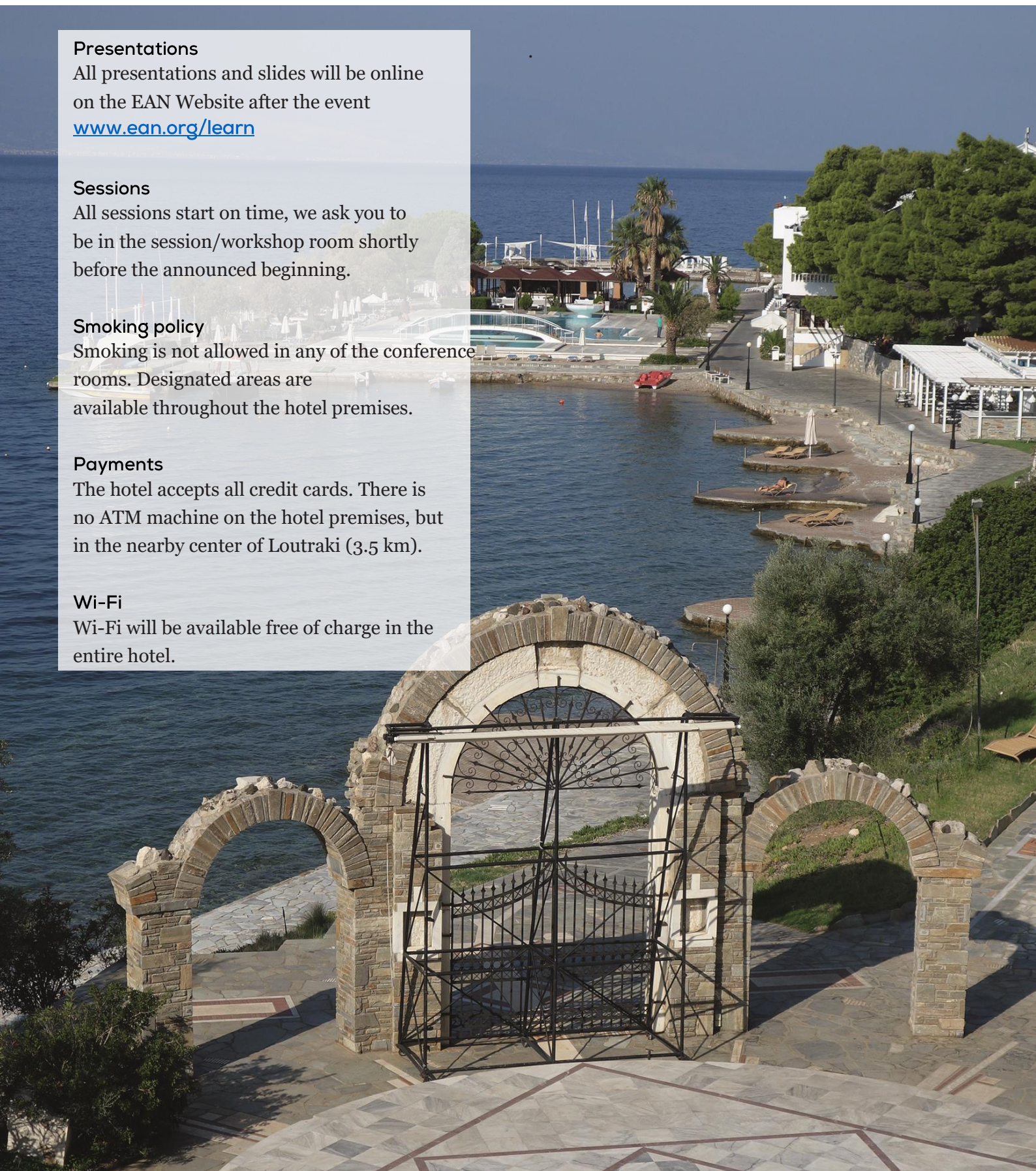
Smoking is not allowed in any of the conference rooms. Designated areas are available throughout the hotel premises.

Payments

The hotel accepts all credit cards. There is no ATM machine on the hotel premises, but in the nearby center of Loutraki (3.5 km).

Wi-Fi

Wi-Fi will be available free of charge in the entire hotel.



Autumn Loutraki School 2024

Faculty



Evangelos Anagnostou, MD, PhD, Prof
Eginition Hospital University of Athens, Department of Neurology Athens, Greece



João Lemos, MD, PhD, Prof
Coimbra University Hospital Centre, Neurology of Vision and Balance Unit Coimbra, Portugal



Christian Cajochen, MD, Prof
Psychiatric Hospital of the University of Basel, Centre for Chronobiology Basel, Switzerland



Markus Schmidt, MD, PhD, PD
University of Bern, Sleep-Wake-Epilepsy Center Bern, Switzerland



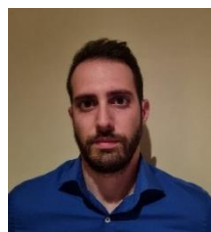
Andrea Cortese, MD, PhD
*University College London, Department of Neuromuscular Diseases London, UK
University of Pavia, Department of Brain and Behavioral Sciences Pavia, Italy*



Claudia Sommer, MD, Prof, FEAN
Universitätsklinikum Würzburg, Department of Neurology Würzburg, Germany



Maria Georgala, MD
NEUROLAB Private Practice Athens, Greece



Konstantinos Melanis, MD
Attikon University Hospital Athens, Greece



Elissaios Karageorgiou, MD, PhD
Neurological Institute of Athens, Sleep & Memory Center Athens, Greece



Louisa Lehner, MD
LMU Klinikum, Neurologische Klinik und Poliklinik Munich, Germany

Autumn Loutraki School 2024

Friday, October 25, 2024

Vertigo and dizziness

Morning Sessions

9:00 – 10:00

- Introduction to vertigo and dizziness

João Lemos

Coimbra, Portugal

10:00 – 10:15

- Coffee break

10:15 – 11:15

- Vertigo and dizziness of peripheral origin

Louisa Lehner

Munich, Germany

11:15 – 11:30

- Coffee break

11:30 – 12:30

- Vertigo and dizziness of central origin

Evangelos Anagnostou

Athens, Greece

12:30 – 13:30

- Lunch break

Afternoon workshops

13:30 – 17:00

3 groups of 20 participants will rotate from workshop to workshop

- a) Common scenarios in vertigo patients

João Lemos

- b) Clinical examination of the vestibular system

Louisa Lehner

- c) Tips and tricks for history-taking and clinical examination of dizzy patients

Evangelos Anagnostou

Autumn Loutraki School 2024

Saturday, October 26, 2024

Sensory disturbances

Morning Sessions

9:00 – 10:00

- How to examine the sensory system

Claudia Sommer
Würzburg, Germany

10:00 – 10:15

- Coffee break

10:15 – 11:15

- Sensory loss/sensory ataxia

Andrea Cortese
Pavia, Italy

11:15 – 11:30

- Coffee break

11:30 – 12:30

- Positive symptoms

Maria Georgala
Athens, Greece

12:30 – 13:30

- Lunch break

Afternoon workshops

13:30 – 17:00

3 groups of 20 participants will rotate from workshop to workshop

- a) Practicing of sensory testing

Claudia Sommer

- b) Genetic testing in patients with sensory neuropathy

Andrea Cortese

- c) Electroneuro/myographic findings in sensory symptoms

Maria Georgala

Sunday, October 27, 2024

Symptoms of sleep-wake and circadian rhythm disorders

Morning Sessions

9:00 – 10:00

- Insomnia

Elissaios Karageorgiou
Athens, Greece

10:00 – 10:15

- Coffee break

10:15 – 11:15

- Hypersomnia

Markus Schmidt
Bern, Switzerland

11:15 – 11:30

- Coffee break

11:30 – 12:30

- Circadian misalignment

Christian Cajochen
Basel, Switzerland

12:30 – 13:30

- Lunch break

Afternoon workshops

13:30 – 17:00

3 groups of 20 participants will rotate
from workshop to workshop

- a) Decision-making for chronic insomnia
through interactive cases

Elissaios Karageorgiou

- b) Central disorders of hypersomnolence:
diagnosis and management

Markus Schmidt

- c) Clinical cases on circadian misalignment

Christian Cajochen

Autumn Loutraki School 2024

Programme overview

Thursday, October 24, 2024 Welcome Day		20:00 Opening followed by welcome dinner	
Friday, October 25, 2024 Vertigo and dizziness		Saturday, October 26, 2024 Sensory disturbances	
Sunday, October 27, 2024 Symptoms of sleep-wake and circadian rhythm disorders			
09:00 – 10:00 Introduction to vertigo and dizziness João Lemos <i>Coimbra, Portugal</i>		09:00 – 10:00 How to examine the sensory system Claudia Sommer <i>Würzburg, Germany</i>	
09:00 – 10:00 Insomnia Elissaios Karageorgiou <i>Athens, Greece</i>			
10:00 – 10:15 Coffee Break		10:00 – 10:15 Coffee Break	
10:15 – 11:15 Vertigo and dizziness of peripheral origin Louisa Lehner <i>Munich, Germany</i>		10:15 – 11:15 Sensory loss/Sensory Ataxia Andrea Pavese <i>Pavia, Italy</i>	
10:15 – 11:15 Hypersomnia Markus Schmidt <i>Bern, Switzerland</i>			
11:15 – 11:30 Coffee Break		11:15 – 11:30 Coffee Break	
11:30 – 12:30 Vertigo and dizziness of central origin Evangelos Anagnostou <i>Athens, Greece</i>		11:30 – 12:30 Positive symptoms Maria Georgala <i>Athens, Greece</i>	
11:30 – 12:30 Circadian misalignment Christian Cajochen <i>Basel, Switzerland</i>			
12:30 – 13:30 Lunch Break		12:30 – 13:30 Lunch Break	
13:30 – 14:30 João Lemos GR-A <i>Workshop Room 1</i>		13:30 – 14:30 Claudia Sommer GR-D <i>Workshop Room 1</i>	
Louisa Lehner GR-B <i>Workshop Room 2</i>		Andrea Cortese GR-E <i>Workshop Room 2</i>	
Evangelos Anagnostou GR-C <i>Workshop Room 3</i>		Maria Georgala GR-F <i>Workshop Room 3</i>	
14:30 – 14:45 Coffee Break		14:30 – 14:45 Coffee Break	
14:45 – 15:45 João Lemos GR-B <i>Workshop Room 1</i>		14:45 – 15:45 Claudia Sommer GR-E <i>Workshop Room 1</i>	
Louisa Lehner GR-C <i>Workshop Room 2</i>		Andrea Cortese GR-F <i>Workshop Room 2</i>	
Evangelos Anagnostou GR-A <i>Workshop Room 3</i>		Maria Georgala GR-D <i>Workshop Room 3</i>	
15:45 – 16:00 Coffee Break		15:45 – 16:00 Coffee Break	
16:00 – 17:00 João Lemos GR-C <i>Workshop Room 1</i>		16:00 – 17:00 Claudia Sommer GR-F <i>Workshop Room 1</i>	
Louisa Lehner GR-A <i>Workshop Room 2</i>		Andrea Cortese GR-D <i>Workshop Room 2</i>	
Evangelos Anagnostou GR-B <i>Workshop Room 3</i>		Maria Georgala GR-E <i>Workshop Room 3</i>	
17:00 – 17:30 Exit Exam		17:00 – 17:30 Exit Exam	
17:20 Departure Excursion		19:30 RRFS Lecture + Quiz night	

Autumn Loutraki School 2024

Networking Programme

Thursday, October 24, 2024

20:00 Welcome

Welcoming words by

- Greek representative:

Maria Stamelou

Athens, Greece

- EAN Headoffice:

Anja Sander

Vienna, Austria

followed by a reception and informal
meet'n'greet

Friday, October 25, 2024

17:20 Excursion

Boat excursion through the canal of Corinth,
photo option and souvenirs above the
canal of Corinth followed by cocktails and
swimming and a Greek evening with show
and dance at Kalamaki Beach Hotel

Saturday, October 26, 2024

19:30 Scientific Dinner

- RRFS Presentation: Possibilities for junior
neurologists within EAN - from education
to research and career development

Konstantinos Melanis

Athens, Greece

followed by educational (and fun) quiz

Sunday, October 27, 2024

17:00-17:30 Exit Exam

Autumn Loutraki School 2024

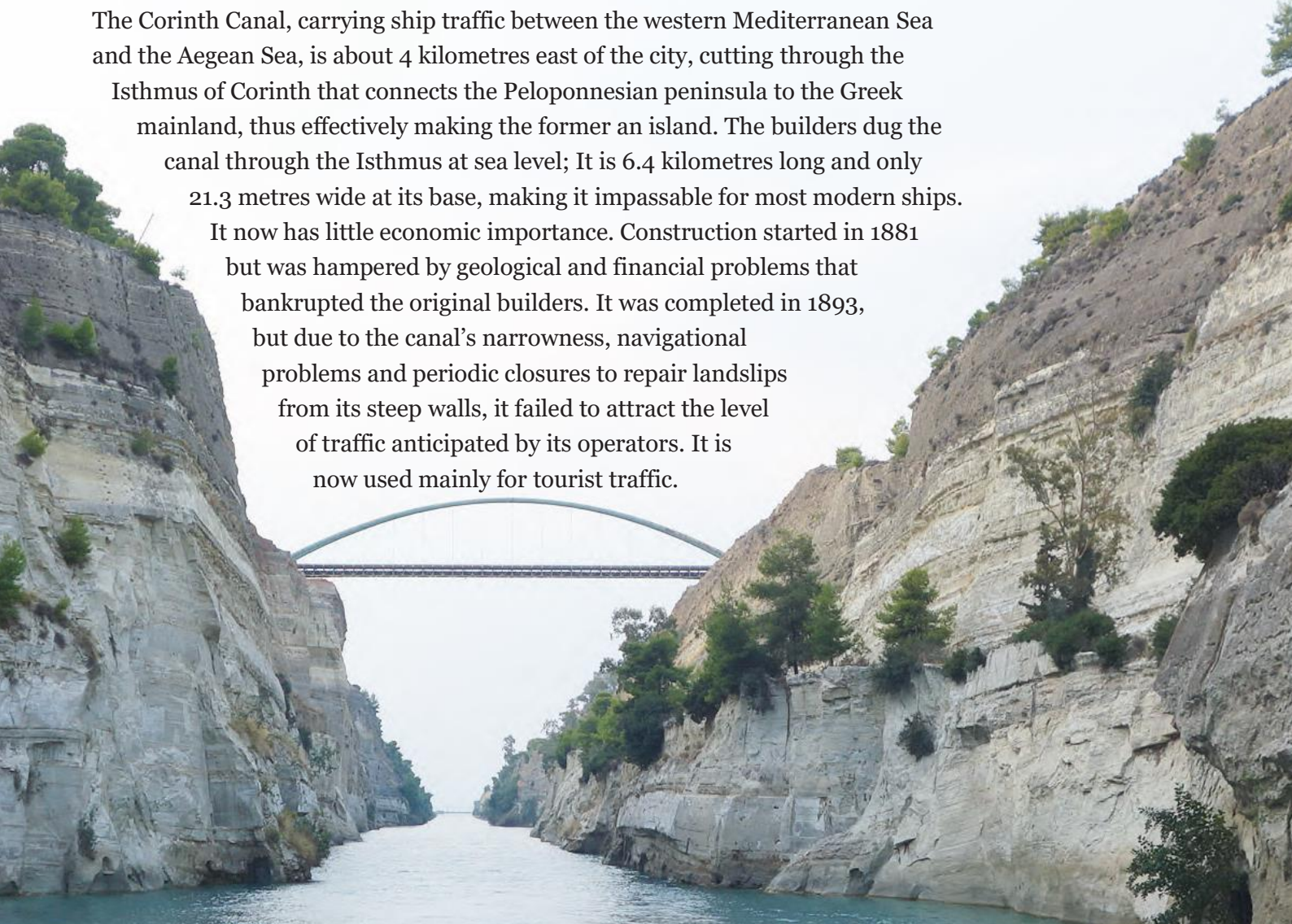
About Corinth

Corinth and the archaeological site and village of ancient Corinth are located about 78 kilometres west of Athens.

Corinth derives its name from Ancient Corinth, a city-state of antiquity. The site was occupied from before 3000 BC. Ancient Corinth was one of the largest and most important cities of Greece, with a population of 90,000 in 400 BC. The Romans demolished Corinth in 146 BC, built a new city in its place in 44 BC, and later made it the provincial capital of Greece. Historical sources about the city concerns the early 8th century BC, when Corinth began to develop as a commercial center.

In 1858, the old city, now known as Ancient Corinth, located 3 kilometres south-west of the modern city, was totally destroyed by a magnitude 6.5 earthquake. New Corinth was then built to the north-east of it, on the coast of the Gulf of Corinth. In 1928 a magnitude 6.3 earthquake devastated the new city, which was then rebuilt on the same site. In 1933 there was a great fire, and the new city was rebuilt again.

The Corinth Canal, carrying ship traffic between the western Mediterranean Sea and the Aegean Sea, is about 4 kilometres east of the city, cutting through the Isthmus of Corinth that connects the Peloponnesian peninsula to the Greek mainland, thus effectively making the former an island. The builders dug the canal through the Isthmus at sea level; It is 6.4 kilometres long and only 21.3 metres wide at its base, making it impassable for most modern ships. It now has little economic importance. Construction started in 1881 but was hampered by geological and financial problems that bankrupted the original builders. It was completed in 1893, but due to the canal's narrowness, navigational problems and periodic closures to repair landslips from its steep walls, it failed to attract the level of traffic anticipated by its operators. It is now used mainly for tourist traffic.



EAN Educational grants & activities

Clinical Fellowship

The purpose of this award is to provide a well-defined observational clinical practice, service structure or technical experience to support training. The grant is to support a visit of 6 to 12 weeks duration. Each is amounting to € 425,-/week (plus travel expenses of up to € 300.-) A list of approved hosting departments (and details for interested hosts of how to apply) is available online.

Research Fellowship

The purpose is to support training and experience for European Neurologists in any area of basic or clinical or applied research in neuroscience. The research work must be carried out at a European academic neurological department outside the country of residence.

- **Research Training Fellowship**
Expected to be of typically 12 months and no less than 6 months duration, to lead either to completion of a higher degree, a grant application or peer-reviewed publication.
- **Research Experience Fellowship**
Expected to be of typically and no more than 6 months duration for individuals who might otherwise not have the opportunity to gain high quality research experience, but who may wish to pursue a research career.

Successful applicants for both research training or research experience fellowships will be awarded € 2,000.- per month.

EAN Spring School

The School is scheduled for 3 consecutive days covering major topics in neurology with plenary sessions in the morning followed by smaller

tuitional groups in the afternoon.

During a scientific dinner, selected participants can present their most interesting cases.

Regional Teaching Courses (RTC)

EAN-RTCs aim at bringing teaching of excellence to residents in neurology and neighboring specialties to the countries that cannot hold an EAN congress. One RTC per year takes place in Sub-Saharan Africa (co-organised with AFAN and other organisations). The purpose is to provide basic teaching in neurology and thus also establish friendly relations with all colleagues. These courses are scheduled for 3 days, with plenary sessions each morning followed by small tuitional groups in the afternoon.

Regional Teaching Day (RTD)

The RTD aims at bringing excellent teaching and special recognition by the EAN to our National Neurological Member Societies (and Corresponding Societies). This day takes place directly prior or after a National Neurological Society meeting and is a strictly academic educational initiative. Three plenary sessions will take place in the morning addressing 3 different topics, followed by afternoon workshops.

Detailed information and all application forms can be found on www.ean.org\LEARN

Autumn Loutraki
School 2024

Add another
stepping stone to your
Neurology
training

EAN Autumn School
Loutraki, Greece
October 24-28, 2024

European Academy of Neurology
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