

EFNS Regional Teaching Course in Romania

Bucharest, the capital of Romania was the host of a RTC organized by the EFNS between 19th and 23rd October 2006, together with The Romanian Society of Neurology and the University of Medicine and Pharmacy "Carol Davila".

The topics were chosen taking into consideration the frequency of the pathology in our daily clinical practice or the scientific achievements in some domains like neurogenetics of movement disorders.

The course took place in the Main Amphitheatre of the University Hospital Bucharest – one of the most representative hospitals in Romania - a friendly location for the 165 participants coming mainly from all over Romania, but also from Hungary and Moldova.

The first day was dedicated to cerebrovascular disorders - an important matter of public health in Romania - like in all Eastern European countries.

The most recent opinions regarding the medical treatment for the secondary prevention of stroke were presented by Natan Bornstein (Israel), while László Csiba (Hungary) covered the indications and possible complications of the revascularization procedures in carotid stenosis, leading also a very attractive workshop.

Ovidiu Bajenaru (Romania) gave a comprehensive talk about subarachnoid hemorrhage, highlighting the physiopathology and the treatment of this disease. An illustrative case of subarachnoid hemorrhage was presented during the workshops by Cristina Tiu.

The second day was dedicated to movement disorders and was a real success due to the conjugated efforts of Alberto Albanese (Italy) and Thomas Gasser (Germany) who drove the audience in the exciting world of dystonias and of genetics of movement disorders.

The last day gave the participants the opportunity to enrich their knowledge with the most recent information about the diagnosis and treatment of multiple sclerosis by attending the lectures of Ioannis Milonas (Greece), Ludwig Kappos and Prof. Sahraian (both from Switzerland).

The teaching course ended with a written exam. The participants who answered 60% of the questions correctly received 18 CME credit points validated both by EFNS and the Romanian College of Physicians.

The social programme offered to hear Beethoven's 9th Symphony in the Romanian Atheneum – the most prestigious Concert Hall in Romania – in a concert performed by the Romanian Philharmonic Orchestra and conducted by Horia Andreescu.

We would like to express our gratitude to the EFNS for the scientific, moral and financial support for organizing this course. The course was an important scientific event for the residents and young neurologist and created bridges of communication between the participating countries.

Cristina Tiu and Ovidiu Bajenaru, Romania – Local organizers