

Sustainability Report

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Sustainability at EAN

We must adopt a sustainable approach to business to positively impact our environment, society, and economy. It's our responsibility to current and future generations to conserve natural resources and improve the quality of life.

Acting sustainably is also a personal and intrinsic attitude. That's why we believe it's crucial to discuss potential sustainable approaches and incorporate them into our daily work environment. This means engaging with colleagues, customers, and vendors, and challenging people on this topic to foster innovation and find new solutions. We strive to involve everyone and promote sustainability in every

area because we believe that sustainability is closely connected with equity, leading to a positive work environment.

In our office, the well-being of staff members is paramount. We treat everyone individually, offering opportunities for further education, flexible working hours, remote work, and parental leave for all staff members.

By implementing a quality management system, we ensure that knowledge is preserved, tasks are distributed sustainably, and information is structured and easily accessible within the organization.

We provide opportunities to participate in events both onsite and virtually. This approach not only reduces CO2 emissions by cutting down on flights but also makes participation possible for those who might otherwise be unable to attend for personal or financial reasons. Ideally, making high-quality education available worldwide leads to better patient care, which is EAN's ultimate goal.

It's crucial to label these actions and behaviours as „sustainability.“ Many measures that have been subconsciously adopted in recent years can now be clearly communicated, raising awareness and enabling sustainable implementation. For us, sustainable action is not just a trend but a permanent requirement in all areas and at all levels.



Anja Sander
Executive Director

Everything is interconnected, and any starting point can have a significant impact, much like a healthy nervous system benefits the entire body.



Elena Moro
President



The European Academy of Neurology (EAN) is a non-profit, independent organization representing more than 45,000 members and 47 European national societies. As a medical society, EAN promotes achievements in general neurology throughout Europe. EAN's goal is to keep Europe at the forefront of neurological research and remain one of the world's scientific hotspots.

EAN board members are renowned experts in the field of neurology who volunteer their time to support researchers, clinicians and patients in the field of neurology. The EAN was founded in 2014, emerging from the two main European neurological societies at the time; the European Neurological Society (ENS) and the European Federation of Neurological Societies (EFNS). At the joint Congress of

the ENS and EFNS in Istanbul in June 2014, the EAN was officially established and branded the slogan "The Home of Neurology".

As the home of neurology, EAN advocates with one voice at the European level to ensure that resources continue to be available for research into neurological disorders and diseases. As an organization, EAN speaks for national neurological societies, individual neurologists, and allied scientists.

All EAN members have access to practical and useful resources that help them improve their skills and advance their careers, such as online educational resources, schools with advanced support in the form of grants.

Neurologists in Europe need to continuously educate themselves to continue to achieve such excellence.

To provide a high-quality platform for physicians, EAN organizes an annual congress which attracts more than 9,000 participants to share research results and current best practices. In addition, the society offers its members access to peer-reviewed scientific publications such as the European Journal of Neurology and much more.

EAN Vision, Mission and Principles

Our Vision

Be the Home of Neurology
and advance high-quality
patientcare!

Our Mission

Reduce the burden of
neurological diseases!

Guiding principles

Professionalism & Quality

Work Ethic & Enthusiasm

Commitment & Dedication

Innovation & Developing new Projects

Values



Transparency



Openness



Collaboration



Passion



Commitment



Dedication



Team Spirit



Respect



Open Feedback
Culttrue



Integrity



Professionalism

Quality leads to Sustainability

To keep the governance and development sustainable, it is crucial to understand the correlation between Quality and Sustainability. The quality management system helps to identify topics needing improvement, in order to reach high Quality which ultimately improves Sustainability. Also, with regard to knowledge preservation, which is becoming increasingly important due to the large amount of internal expertise.

At EAN, we have an advanced system of rules, process descriptions and work instructions that are continuously evaluated and updated, which ensures sustainable management and execution, leading to reaching long-term goals. Through the integrated QMS (quality management system) consistent outcomes and knowledge sustainability are ensured, adding to the structure and security at the administrative level. With in-depth planning, regulated implementation and continued evaluation of our services, long-term strategy can be achieved, leading to a sustainable future of the organisation. EAN Board acts according to the rules and guidelines stated in the Policy Manual, which is a compilation of policies applied to EAN officers. All policy papers are evaluated and revised on a regular basis, providing secure and sustainable source of information for the Board and all committees and working groups.



To sustain it means to strengthen, support, prolong.
At the EAN, we:

- Strengthen via providing high-quality educational and scientific content
- Support via information and know-how retention and update
- Prolong via looking into the future and planning internal management and external strategy

Magdalena Matczak
Quality Manager

Compliance & Code of Ethics

The European Academy of Neurology is concerned with ethics in many ways. Our Code of Ethics is intended to provide clear expectations of ethical behavior and guidelines for appropriate action. A dedicated task force has been established for this purpose, the Ethics and Quality Taskforce. The basis for the ethical obligations and the compliance guidelines is provided by the Biomedical Alliance in Europe, of which EAN is a member.

We are committed to acting professionally and we do not tolerate corruption, fairly and with integrity

in all our business relationships. This policy applies to everyone we employ or with whom we do business. Industry Partners showcasing pharmaceutical (or pharma-dependent) products are advised to consult the MedTech Europe Code of Ethical Business Practice. It is the exhibitor's or sponsor's responsibility to comply with all national and international laws and regulations that pertain to its particular industry, and to ensure that a compliance officer has approved the specific sponsorship items prior to the application.

The noun "compliance" comes from the verb "to comply," which means "to conform, follow, fulfill, obey." Accordingly, compliance can be defined as: "institutionalized adherence to laws and ethical-moral norms by an organization in its business dealings".

Congresses always generate critical discussions. Originally discussions arise mainly in the healthcare sector, but now this has also spread to other branches of industry, especially when congresses take place in distant, tourist-attractive countries, include elaborate supporting programs and, on top of that, an



Sustainability is an investment in both
ourselves and the future of mankind.
A healthy world depends on a healthy planet.

Maximilian Riha
Graphics, Design

industrial company may sponsor the costs of the participants. For Congresses, compliance relates on the one hand to the invitation of or assumption of costs for business partners in their capacity as a granting of benefits, and on the other hand to the general design of such events, which may be deemed inappropriate for business meetings if these are geared towards entertainment, experience value and luxury. Compliance is based on fundamental principles.

These are laid down in the Criminal Code, specified in case law and comprehensively described in the Pharma Code.

Transparency

Contributions must always be made openly, because if money is handed over in secret, it is an indication of dishonest intentions. It is important to pay attention to little things like sending invitations to congresses only to the official business address. These invitations should contain a very detailed description of the event so that it can be approved by the superior authority.

Neutrality

Contributions may only be made independently of specific official acts; it must not be possible for them to be perceived as an attempt to improperly influence the company. This means that contributions may not coincide with operational or official decisions or be made in misleading proximity to official acts. This is why, for example, inviting people to business events is generally prohibited if they are “significantly involved in an upcoming procurement decision”.

Equivalence

The contribution must always be “appropriate” and “reasonable” in relation to its cause. Accordingly, proportionality must be maintained in business dealings, and a distinction must be made between various aspects of equivalence;

1. The factual relationship of the contribution to the business activity
2. The equivalent value of the contribution
3. Social adequacy.

Documentation

Finally, contributions must be traceable for entrepreneurs and verifiable by third parties. It makes sense to document the contributions over the entire life cycle of the business partnership.

EAN sets a Golden Standard

The term ‘gold standard’ represents the highest benchmark of excellence and achievement in a particular field. It sets a model of quality, offering clear criteria that ensures best practice and first-class performance.

EAN strives to set a comprehensive gold standard for sustainability, serving as model for other medical associations, fulfilling the following key elements. EAN will continue to review this on an ongoing basis to continually assess and benchmark performance.

This holistic approach ensures that EAN’s efforts go beyond mere ecological considerations to address the broader impacts of its activities.

Four Pillars of Sustainability



Environmental

This refers to the moderate use of natural resources to ensure that our natural basis of life continues to exist in the long term.



Social

This supports diversity, inclusion, and global health initiatives. On one hand, balance between human needs of the present and future generations must be achieved. On the other hand, these needs must be adjusted to rich and poor populations.



Economic

This refers to creating a system in which the economy can exist in the long-term within a framework of ecological conditions and considerations.



Cultural

This ensures the preservation and promotion of cultural values within an organisation and its activities.

Evaluate Alignment with SDGs

Sustainability initiatives should be closely aligned with the UN SDG's, reflecting a commitment to global standards and objectives. This alignment ensures that actions contribute to worldwide efforts in achieving sustainable development, promoting health, education, equality, and environmental protection.



Establish official Commitment

The commitment in the organisation's statutes demonstrates a formal and enduring dedication to sustainability. The integration of these principles into the foundational documents underscores the importance of sustainability in the organization's mission and operations.

Develop dedicated Accountability

Specific roles as committees, task forces or staff members should be assigned to oversee and implement sustainability initiatives. This structure ensures continuous development, monitoring, and assessment of sustainability practices.

EAN is focusing on enhancing its approach by prioritizing sustainability in its daily activities and core operations.



Matilde Leonardi

Chair Communication Committee

Workforces on Sustainability

The term sustainability has many areas to cover. Accordingly, EAN is committed to developing working groups in different areas. In fact, we have already implemented some at EAN in recent years.

One is research in neurology, i.e. what impact the climate crisis has in neurology and how to deal with it. Another is to facilitate implementation and coordinate sustainability work in line with established goals. The goal of this working group is to share best practices, determine synergies in initiatives, and communicate information between departments on sustainability. To ensure that the topic

of sustainability is communicated at EAN events, especially the annual congress, this workforce has formed a Programme Sub-Committee. In doing so, EAN ensures that sustainability work is integrated into all our business activities and eventually becomes an inherent way of thinking and a natural part of EAN's daily life! We have also invested in external expertise coordinated by our Sustainability Coordinator, as well as an internal resource in our team focused on sustainable process implementation.

The European Academy of Neurology is also aware of substantial evident gaps existing for gender and ethnic differences in epidemiology, clinical features, pathophysiology, treatment, and outcome of many neurological disorders. Therefore, in March 2020, EAN first established a [*Task Force on Gender and Diversity*](#), which was developed into a Coordinating Panel in 2021. Gender and diversity issues are also present in several other areas related to neurology and neuroscience, like education, professional careers, and health politics. EAN stipulates that not only science but also health care systems should reflect the changing demographic composition of communities which is increasingly observed across Europe.

I think in many terms, there are certain borders we are currently striking or even have passed them. So, one part of Sustainability is to live within natural borders and resources.



Ulf Kallweit

Chair of the Environmental Influences in Neurology Task Force

Task Force on Environmental Influences

Sustainability has emerged as a paramount concern in recent years, transcending sectors and industries to become a central tenet of responsible global citizenship.

The European Academy of Neurology, an organization dedicated to advancing the field of neurology, firmly stands by this transformative movement: we have been acting sustainably for a very long time and we try to involve everyone, as we feel that sustainability is closely connected with equity. From what we do in our office to how we organize our events and the EAN Congress, sustainability is our compass for a brighter future. In addition to the activities we already organise, we have also formed a dedicated working group for environmental sustainability. The [Task Force on Environmental Influences](#) in Neurology is a groundbreaking initiative, established in early 2024, dedicated to addressing the intersection of neurology and the environment by exploring its social, environmental, and economic dimensions.



Task Force Members (In attendance at the Kick-off Meeting during the EAN Congress 2024, chaired by Ulf Kallweit, Chair of the Environmental Influences in Neurology Task Force)

The main topics of interest include, but are not limited to

- Climate-Induced Neurological Disorders
- Advocacy and Policy Development
- Promoting Sustainable Practices in Neurology
- Education and Awareness
- Research and Innovation
- Global Collaborations

Pillars of Sustainability

It is vital to understand the significance of sustainability and how an effective sustainability strategy, or sustainable measures can be implemented in practice. This is followed by a description of the extent to which these measures and strategies can be integrated into the event industry, specifically in medical congress organization.

The term “sustainability” inherently holds positive connotations, as the

word triggers mental associations with longevity and permanence. At the same time, the term lacks a certain clarity. In principle, sustainability is built on four pillars, which are briefly outlined below.

When considering the four dimensions of sustainability - social, cultural, economic, and ecological - it is understood that the first three are self-sufficient, and injustices within these three do not necessarily affect each of the other dimensions. However, when an ecological problem arises, it triggers a chain reaction, automatically affecting social, cultural, and economical dimensions.

In the course of the report, measures and actions are presented as EAN acts in the sense of sustainability. It is not possible to categorize them because, as mentioned above, many measures are interrelated and subject to interpretation.



Sustainability requires reflection, communication, and engagement from all of us. The right mindset is essential - we should be ready to shoulder responsibility, take active steps, and set new habits.

Kathrin Jehle

Fellowships, Leadership programme, Spring School



Ecological Sustainability

› Is about the moderate use of natural resources. It is obviously important not to waste valuable resources and to ensure that our natural basis of life continues to exist in the long term.



Cultural Sustainability

› Is per se in the common science not a subcategory of the concept of sustainability, but rather describes the state of knowledge about humans themselves, nature, and their interdependence.

While cultural sustainability refers to cultural and artistic practices, as well as identity formation and expression, it also refers to the role of cultural characteristics that shape the path towards a sustainable society.



Economic Sustainability

› Refers to creating a system in which the economy or companies can exist in the long-term within a framework of ecological conditions and considerations.



Social Sustainability

› The goal of social sustainability is intra- and inter-generational justice. This means, on the one hand, that a balance must be achieved between the human needs of the present and the following generation and on the other hand, these needs must be adjusted between rich and poor populations. The approach of intra- and inter-generational justice can be broken down into four topics:

Integration

recognition and interconnectedness of different cultures

Durability

right to education, security, and peace

Distributive justice

intergenerational social justice, international and national

Participation

right to freedom of choice and voice for all people



An aerial photograph of a lush green forest with a winding river or stream cutting through it. The image is used as a background for the document cover.

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Our Head Office

Our office is located right next to the Museums quarter in Vienna's 7th district, located in the heart of the city.

The office is very easy to reach for all employees and external partners, who enjoy coming to our Headoffice for meetings. The office building is a new construction and therefore the eco-balance is in place.

We only purchase green electricity from "AAE Naturstrom", and our certificate can be found on our sustainability subpage.

We strongly believe that a sustainable workplace is about designing our office space to best suit our employees. We

are continuously working to create a creative office space that recognizes and maximizes the potential of each employee. Due to EAN's continued growth, we have expanded the office to two additional floors in 2019 and 2020. It was serendipitous to have secured two additional offices for our staff on the same building as our first office, so all employees continue to have a sense of unity. All three offices allow for plenty of natural lighting and enlivened with a lot of plants, and the roof terrace on which beautiful lunch breaks can be held crowns the highlight.

We are confident that this creative, colorful, and dynamic office space will have something to offer all our employees and increase both satisfaction and productivity.

The view from our head office near Museums Quartier

Sustainability means caring not just for ourselves but for future generations. It is about making sure we build a fair and inclusive society. We need to take care of nature, using resources responsibly, and avoid taking more than we need. Sustainability is about protecting Earth for the future.



Elisabeth Starkl
Head of Industry Department

Sustainability at the EAN Head Office

On the following pages we list some of the things we do or have implemented in the sense of sustainability. We don't want to cover only the one-dimensional level of environmental sustainability; it is important for us to think and act in all levels of sustainability.

Using green electricity



At the EAN Headoffice we are using 100% certified green electricity from AAE "Naturstrom," which ensures that our energy consumption supports renewable energy sources, contributing to a lower carbon footprint.



Organic & Eco-friendly products

In our day-to-day operations, we make environmentally conscious choices by using eco-friendly paper for all printouts and selecting sustainable cleaning products for the office. Moreover, we purchase organic or Fairtrade products for communal use, such as tea, coffee, and milk, fostering both environmental responsibility and fair labor practices.



Acting and thinking sustainably also means taking care of ourselves and others – something that affects and improves our whole society.

Gottfried Dresler

Head of IT Department

Waste Management

We adhere to the waste separation guidelines set by MA48, the viennese municipal department responsible for waste management, to properly dispose of materials. While also going a step further by recycling organic waste in a worm composting system. This system converts bio-waste into natural fertilizer, which is then used to nourish the plants in our office, closing the loop in our waste cycle.

Quality & Archive

Instructions and work know-how are saved and regularly updated; implemented processes and instructions are questioned and constantly evaluated.

Encouragement to do Sports

- Some of us take part in the Vienna Business Run and are supported by EAN
- Employees have the opportunity to take part in a 15-minute stretch session 3 times a week
- We have sports groups in which we motivate each other to do sports together

Employees at EAN



12 Men
40 Women



Flexible Part-Time Options

Understanding the need for work-life balance and caring of all parents within the EAN, we offer eleven different part-time working models, allowing our employees to choose a schedule that suits their personal and professional needs, ensuring flexibility and job satisfaction.

Remote Work Opportunities

To support an adaptable work environment, we provide all employees with the necessary equipment to work from home, enabling them to stay productive and connected, regardless of their location. This flexibility promotes a healthy work-life balance and reduces commuting-related stress and emissions.



Kids @ EAN

For the total of 34 full-time equivalent employees, there are 33 children. At our annual congress, we offer childcare to make it easier to attend the congress and be a parent.

Continuing education opportunities

Especially through LinkedIn Learning, the opportunity for continuous further education is provided, but also apart from that, further education is encouraged.



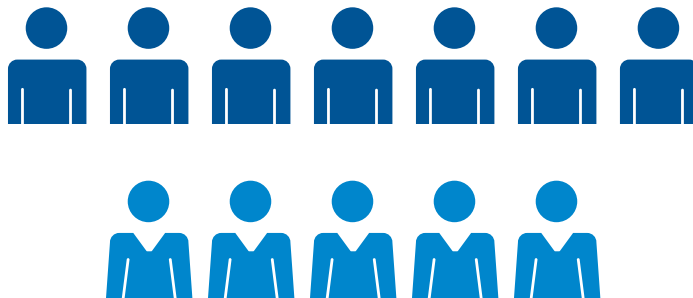
Sustainability is a concept so close to every single one of us and should be incorporated into our lives. We can always start small



Piyapat Braunreiter

Registration

EAN Board



There are 12 Board members, 5 of which are women



Transparency & traceability

We prioritize fairness and equality by maintaining transparent salary schemes, ensuring that there are no unjustified wage gaps between men and women in our company. This commitment to transparency fosters a culture of trust and accountability, where compensation is based solely on qualifications, experience, and performance.

Environmental, Social, and Governance (ESG) Criteria



We incorporate ESG criteria into our investment decision-making process, evaluating the social, environmental, and ethical implications of the companies and countries we invest in. This approach ensures that our financial activities align with our commitment to sustainability and responsible business practices.



Equality and Equity

Equality means each individual or group of people is given the same resources or opportunities; this is for example reflected in the EAN salary scheme. Equity recognizes that each person has different circumstances and allocates the exact resources and opportunities needed to reach an equal outcome. The leadership of EAN is taking this into account daily; individual training opportunities, flexible working hours, paternity leave for men, and many other things are offered.

Criteria Points to consider when selecting Suppliers and placing Orders!

When selecting suppliers from a sustainability perspective, there are various criteria that can be taken into account to ensure that the procurement of goods or services is environmentally friendly and socially responsible.

At EAN, we are required to continuously monitor suppliers and ensure that they meet the desired standards. In this context, sustainability standards should also be taken into account.

Certifications and standards

Check whether potential suppliers have recognized environmental certifications such as ISO 14001 or industry-specific environmental standards. This demonstrates the supplier's commitment to environmentally friendly practices.



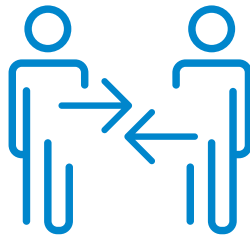
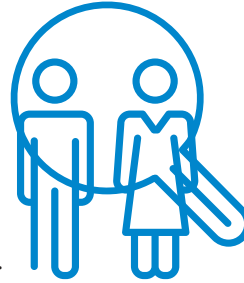
Sustainable materials and resource efficiency



Evaluate whether the materials the supplier uses are recyclable, biodegradable or from renewable sources. Pay attention to resource efficiency to ensure that energy and water consumption are minimized.

Working conditions and social standards

Check whether the supplier pays fair wages, provides decent working conditions, and avoids discrimination and forced labour. Certifications such as Fair Trade or SA8000 can provide indications of socially responsible practices.



Supplier transparency and responsibility

Ensure that the supplier is transparent about its supply chain and is willing to disclose information about origin, production, and transportation. Check whether the supplier complies with ethical practices throughout its value chain.

Social commitment and community contribution

Inquire about the supplier's social commitment, such as supporting local communities, educational initiatives or promoting sustainability projects. Companies that actively support the community demonstrate a comprehensive commitment to sustainability.



Regional sourcing and proximity to the production site



Consider the regionality of suppliers. Regional sourcing reduces transport distances, minimizes the ecological footprint and supports local economies. Prioritize suppliers from the local area where possible.

It is important to point out that these criteria are intended as a guide to the points that should be considered when choosing suppliers and placing orders, but the criteria should be prioritized individually according to their usefulness. For example, labels do not always cover all aspects of sustainability, so they should not always be relied at all cases. For example, it is better to choose a regional company than a certified company from the USA.

Partners and

The Wörkerei is a joint project of Caritas and Volkshilfe. The goal is to support young adults in their search for work or training. In cooperation with the Wörkerei old advertising tarps are upcycled into beautiful bags. The Wörkerei saves more than 1.5 tons of advertising tarps from the garbage every year.

Safije Eder-Jenuzi
Wörkerei

Large meetings are essential for advancing scientific progress in medical fields. At the same time, ESG reporting requirements and new EU regulations on greenwashing are bringing greater attention to the carbon emissions generated by events.

Both we at the Helsinki Expo and Convention Centre, and our esteemed client, the European Academy of Neurology, see this challenge as an opportunity to create sustainable events that can make a real difference.

It has been an absolute pleasure working with the professional team of EAN to make their annual congress in Helsinki as sustainable as possible, leaving a lasting legacy in the field of Brain Health for Finland.

Paula Blomster
Congress Manager, Messukeskus

For me, sustainability means above all a circular economy. We should recycle and reprocess existing resources instead of constantly extracting new raw materials.

Christoph Außerwöger
Papplab GmbH

Suppliers say...

At M Events, sustainability is more than just a goal; it's a core value embedded in everything we do. For us, it means taking proactive steps to minimize our environmental impact, from reducing CO2 emissions through optimized logistics and remote work policies to leveraging cloud-based solutions and renewable energy sources.

In addition, we proudly support global environmental projects that help offset our unavoidable emissions, reinforcing our commitment to a sustainable future. Through these actions, we not only contribute to a greener planet but also inspire others to join us in this vital mission.

Julia Pas

Managing Director, M Events Cross Media GmbH

Sustainability, to me, is about driving meaningful change in healthcare while ensuring that our actions today positively shape the future.

In rare disease treatments, innovation must go hand-in-hand with responsibility—protecting our environment as we advance medical science.

Each breakthrough we achieve in improving patients' lives should also contribute to a more sustainable world, where future generations can thrive in both health and well-being.

Carla García Carrancio

Alexion, AstraZeneca Rare Disease



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Actions at EAN Events



Here below we would like to mention a few measures that we implement at and/or around events of EAN to achieve our internal goals, and thus also to contribute to the Sustainable Development Goals of the UN's 2030 Agenda.

It is important for us to understand the breadth of sustainability and to cover all four areas; social, economical, environmental, and cultural in our goals. But we did not divide the measures into the four pillars, because there are some measures that cannot be categorised into only one pillar, such as “working with local partners and suppliers”.

This measure applies to all four areas. It helps the environment because the transport distances are not too long, it supports the local economy, and it comes to possibly cultural exchange.

Education

EAN transfers knowledge throughout the world

- Exchange of trainees
- Virtual participation is possible, and content is available on demand
- Providing virtual educational program via our eLearning platform

Catering

We offer only vegetarian food as catering for our EAN Congress for participants, at smaller events participants are often invited “A la Carte”, so we cannot influence the order.

By offering only vegan and vegetarian food, we are reducing our environmental impact. A meal served at Messukeskus in Helsinki, with meat generates **3,5 kg CO₂** per visitor, while a plant-based option only produces **0.8 kg CO₂** per visitor. We make sure that regional food is used and that not too many exotic fruits and vegetables are offered.



Materials

Produce

- Care is taken to ensure that the congress items are produced sustainably and that they are made of sustainable materials.
- Congress Material like Giveaways, Congress Bags, Badges, etc. are no longer produced in excess, but the participants are asked about their demand (our Congress Bag producer is Wörkerei, an employment project of Caritas Wien, which supports people in their progressive entry into working life)

Reuse

- We aim to reuse as many fabrics and carpets as possible. Still, with every destination, we evaluate factors such as storage and logistics (emissions from international or long-haul transportation) in determining whether recycling is a better option than reuse.
- For our booths we use reusable materials like cardboard our partner Papplab is local and innovative

Reduce

- We reduce the use of plastic or material in general, therefore we ask the participants to bring their own water bottles that can be refilled at our installed drinking fountains or dispense on printed material.
- Our congress bags are not only produced on demand, but also from the materials from our last congress (signage, banners, schelschem walls,...)

13 CLIMATE ACTION



5 GENDER EQUALITY



Workforce

We encourage students to gain work experience in a very good working atmosphere. Attention is paid to working hours and working conditions.

Renting & Sharing



We make sure that materials and property are used sensibly or rented out during the time when they are not in use at events, for example: cardboard seating areas, Congress Bags, etc.

Travel & Accommodation

This section is probably the one that can be influenced the least but has the most effect on making a large event less environmentally impactful.

So, we

- support travelling by train
- offer to compensate the CO₂ emission of the travelled air routes
- partner up with the public transport of the city where the event is taking place At the EAN Congress 2024 in Helsinki, **4984 people** out of around 7000 on-site participants took advantage of the offer and used our event tickets for public transportation.
- plan environmentally friendly leisure programs
- work with green certified hotels, if possible. Like “Naturhotel Steinschaller Dörfel”, for the Spring School



To me, sustainability is about going back to nature while staying curious. It's about finding new ways to live and interact with our environment, learning as we go, so both people and the planet can thrive together.

Linda Pecaj

Social Media, eanNews

Partners & Suppliers

We always prefer regional suppliers in order to reduce CO2 emissions tied to transport. Steady communication creates a Partnership:

- Our requirements regarding sustainability are openly communicated.
- Suppliers are evaluated and assessed. We question how partners work and want to look transparently at their supply chain.
- We are constantly working with our partners on new sustainable solutions.

Communication

We create awareness on the topic of sustainability, by communicating the measures that are being implemented and which can be implemented by our participants, partners, and suppliers.



Speakers at EAN

EAN cares about diversity and asks speakers from different countries to speak at the sessions. Since 50% of EAN's congress participants are female, it is important for us that there is also a gender balance of speakers.



Quality Management & Archive

The quality of events and processes at EAN are regularly audited, and constantly evaluated and improved. These are archived in order to implement.

Join the Cause!

As organisers committed to sustainability, we invite you to join us in fostering environmentally friendly practices throughout our event. Your participation in sustainable actions is crucial in reducing our carbon footprint and promoting eco-conscious behaviours.

Embrace Digital Solutions

Access congress materials, including programmes, schedules, and abstracts, through our digital platforms, to minimize paper waste and promote a paperless experience.

Bring Your Own Reusables

Bring your reusable water bottle as Helsinki has great drinkable tap water and use your own headphones for the ePresentations.

Mindful Transportation

If possible, come by train to the congress destination and opt for eco-friendly transportation options such as public transport or walking to the congress venue. Be aware that public transportation is free of charge with your Congress Badge!

Choose Eco-Friendly Accommodations

Select accommodations that prioritise sustainability practices, such as energy-efficient lighting, recycling programmes, and water-saving measures.

Minimize Food Waste

Practice mindful consumption during meals and breaks by taking only what you need leads to avoid food waste. The food that is still left over will be donated to an organisation that redistributes it.

Educate and Advocate

Share your commitment to sustainability with fellow participants and encourage them to spark conversations and advocate for sustainable solutions within the medical community. Furthermore, the knowledge you have gained through the congress can be shared with other people in your environment.

Provide Feedback

Help us improve our sustainability efforts! Your input is invaluable in shaping our environmental initiatives and advancing our sustainability goals.



Think Sustainability!

We are open to comments and happy to answer questions on this topic under sustainability@ean.org.

Thank you for your contribution!

Authored by: Antonia Boesch, Sustainability Manager EAN | Layout & Design by: Maximilian Riha

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