



Think Sustainability!

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Advancing Health and Equity Through Sustainable Development: EAN's Commitment to the United Nations' Sustainable Development Goals

Introduction

As a leading organisation committed to the well-being of current and future generations, we recognise the critical importance of conserving resources and enhancing quality of life. The European Academy of Neurology (EAN) firmly believes that sustainability is more than just a topical concern; it is a core principle that integrates environmental, social and economic dimensions, each of which are essential to guiding our actions and shaping our priorities as a medical society.

At the EAN, we have long embraced sustainable practices, viewing them not only as a responsibility but as a necessity. For us, sustainability is deeply interconnected with equity, and we believe that by fostering inclusive and equitable approaches, we can create a ripple effect that strengthens our community. Every action we take impacts others, reinforcing our belief that sustainability must be embedded across all areas of practice, not as a temporary measure but as a permanent fixture.

We are proud to align our goals and efforts with the United Nations' Sustainable Development Goals (SDGs). These globally-recognised benchmarks offer a comprehensive framework that drives a commitment to sustainability across every domain. By aligning with these principles, we aim to create meaningful change both within our organisation and across the broader healthcare landscape.

The following document outlines specific goals and actions that reflect our commitment to sustainable development in relation to the United Nations' SDGs. These guidelines are designed to inform and inspire all EAN stakeholders to act responsibly.

Together, we will continue to work towards a future where health, equity and sustainability go hand in hand, ensuring a better and fairer world for all.

Stakeholders of a medical association such as the EAN have a unique opportunity to contribute to achieving the United Nations' 17 SDGs. By aligning their activities, resources and influence with the targets outlined by the SDGs, they can play a pivotal role in advancing global progress. For the EAN, this alignment goes beyond addressing neurological diseases: it also considers the broader societal, environmental and economic considerations to foster sustainable and equitable health outcomes worldwide.

At EAN, we strive to make meaningful contributions to all 17 SDGs. While our impact varies across different goals, our commitment remains resolute across the board, as illustrated in the image below.



By following these guidelines, EAN stakeholders can make a significant contribution to global efforts towards a more sustainable and equitable future, while also fostering the conditions for a healthier, more resilient society. This closely aligns with the EAN Brain Health Strategy, reinforcing our commitment to holistic and long-term health outcomes.



No Poverty

SDG 1 aims to end poverty in all its forms globally. This involves eradicating extreme poverty, ensuring equitable access to resources, and implementing social protection systems to prevent and alleviate poverty. For EAN, supporting SDG 1 could involve advancing research and advocacy efforts that address neurological conditions affecting vulnerable populations.

These efforts not only promote socio-economic equity but also contribute to improved brain health, as enhancing access to care and ensuring economic stability can indirectly contribute to the prevention and management of neurological disorders.

Suggestions for Global Actions

- Implement social protection systems to reduce poverty and ensure access to basic healthcare services.
- Support global initiatives aimed at providing healthcare infrastructure in underserved areas.
- Promote international cooperation to address the root causes of poverty and its impact on health.

Actions that can be taken by EAN

- EAN offers grants and fellowships for healthcare professionals from low-income countries to ensure their participation in medical education programmes (e.g. EAN Congress, EAN Masterclasses and other educational events).
- Promote research and knowledge sharing on neurological disorders that disproportionately affect individuals in poverty.

Correlations to Brain Health Mission

- Poverty restricts access to healthcare, including mental health services.
- Malnutrition due to poverty can impair brain development and cognitive function.
- Chronic stress associated with poverty negatively impacts mental health and brain function.
- Poor living conditions and exposure to environmental toxins can harm brain health.
- Lack of education perpetuates poverty cycles and affects brain health outcomes.

Used sources: 1, 2, 3



Zero Hunger

SDG 2 focuses on ending hunger, achieving food security, improving nutrition and promoting sustainable agricultural processes. For EAN, supporting SDG 2 could involve conducting research on the neurological effects of malnutrition, advocating for the inclusion of neurological health in food security initiatives, and endorsing policies that advance nutrition and sustainable agriculture to enhance overall health and well-being.

Suggestions for Global Actions

- Support policies and programmes that ensure access to nutritious food for all, especially for vulnerable populations.
- Promote sustainable agricultural practices to improve food security and nutrition.
- Advocate for the integration of nutrition and neurological health considerations in global health initiatives.

Actions that can be taken by EAN

- Minimise food waste and promote sustainable catering practices during events. We cooperate with local associations that can utilize leftover food (e.g. cooperating with VVARY at the EAN Congress in Helsinki).
- Raise awareness about the impact of neurological conditions on appetite and nutrition.

Correlations to Brain Health Mission

- Nutritional adequacy is crucial for optimal brain function.
- Micronutrient deficiencies can impair cognitive function.
- Proper nutrition during early childhood is essential for healthy brain development.
- Food insecurity is linked to increased stress and anxiety, impacting brain health.

Used sources: 1, 3, 6, 9



Good Health and Well-being

SDG 3 focuses on ensuring healthy lives and promoting well-being for all at every stage of life by addressing various health challenges and ensuring access to quality healthcare services. EAN supports SDG 3 by advancing neurological research aimed at improving health outcomes and enhancing the well-being of individuals affected by neurological conditions.

Suggestions for Global Actions

- Strengthen healthcare systems to ensure access to quality services for all.
- Promote universal health coverage and preventive care to reduce the burden of disease.
- Support global health research initiatives focused on improving health outcomes and well-being.

Actions that can be taken by EAN

- As our main competence, we provide high-quality educational programs for neurologists to secure good health and well-being.
- We organise sessions on advancements in neurological treatments, diagnostics and preventive measures to improve health outcomes.
- Facilitate discussions on mental health, well-being and the social aspects of neurological disorders.

Correlations to Brain Health Mission

- SDG 3 promotes access to health services, directly impacting brain health.
- Preventive healthcare measures under SDG 3 can reduce the risk of neurological conditions.
- Improving overall health outcomes can indirectly benefit brain health.
- Research and advocacy under SDG 3 can lead to better understanding and management of neurological disorders.

Used sources: 1, 3, 5, 6



Quality Education

SDG 4 aims to ensure inclusive and equitable quality education for all, emphasising access to lifelong learning, promoting literacy and numeracy, and developing skills necessary for sustainable development. EAN contributes to achieving SDG 4 by upholding high standards in neurology education, cultivating skilled professionals who advance neurological care and global health.

Suggestions for Global Actions

- Ensure inclusive and equitable access to quality education for all.
- Promote lifelong learning opportunities and skill development programmes.
- Addressing disparities in education access contributes to more equitable brain health outcomes.

Actions that can be taken by EAN

- EAN offers grants and fellowships for healthcare professionals from low-income countries to ensure their participation in medical education programmes (e.g. EAN Congress, EAN Masterclasses and other educational events).
- As our main competence, we provide high-quality educational programmes for neurologists.
- We host educational sessions to disseminate up-to-date research and best practices in neurological care.
- Foster collaboration between academia, clinicians and researchers to improve neurological education and training.

Correlations to Brain Health Mission

- Access to quality education is vital for cognitive development and brain health.
- Education enhances problem-solving skills, positively impacting brain function.
- Lifelong learning opportunities promote brain plasticity and cognitive reserve.
- Education can raise awareness about mental health and reduce stigma, improving overall brain health outcomes.

Used sources: 1, 4, 10



Gender Equality

SDG 5 focuses on eliminating discrimination, violence and harmful practices based on gender, ensuring equal opportunities in leadership roles and addressing gender disparities in various aspects of life.

EAN is committed to advancing gender equality in the field of neurology by ensuring equal opportunities for professionals and addressing gender-related issues in neurological health. In March 2020, EAN established a Task Force

on Gender and Diversity, which was elevated to a Coordinating Panel in 2021, underscoring the society's dedication to this goal.

Suggestions for Global Actions

- Implement policies to eliminate discrimination and violence based on gender.
- Promote equal opportunities for women in leadership and decision-making roles.
- Support gender-sensitive health programmes to address specific needs and disparities.
- Promoting women's leadership in healthcare and research can lead to better understanding and management of brain health issues.
- Empowering women improves their ability to make health-related decisions, including those affecting brain health.
- Gender-based violence negatively impacts mental health and overall brain function.

Actions that can be taken by EAN

- We ensure gender diversity in choosing speakers at educational events and leadership roles within the organisation.
- Address gender-specific neurological conditions and their impact on health and well-being.
- We implemented a Task Force on Gender and Diversity in Neurology and do have a field which specifically researches women in neurology.

Correlations to Brain Health Mission

- Gender equality promotes access to education and healthcare, essential for brain development and well-being.
- Addressing gender disparities in healthcare access can improve prevention, diagnosis and treatment of neurological disorders.

Used sources: 1, 4, 10



Clean Water and Sanitation

SDG 6 focuses on ensuring the availability and sustainable management of water and sanitation for all, including access to clean and safe drinking water, improved sanitation facilities, and solutions to water scarcity and pollution.

Suggestions for Global Actions

- Ensure universal access to clean water and sanitation facilities.
- Promote sustainable water management practices to protect water resources.
- Support global initiatives to reduce waterborne diseases and improve public health.

Actions that can be taken by EAN

- Avoid wasting too much water (e.g. sustainable approaches at events)
- EAN can contribute to SDG 6 by researching the neurological implications of water-related diseases, as well as advocating for the inclusion of neurological health considerations in sanitation policies.

Correlations to Brain Health Mission

- Access to clean water reduces the risk of waterborne diseases, preventing neurological complications.
- Sanitation facilities prevent the spread of infections that can affect brain health.
- Improved water and sanitation contribute to overall health and well-being, indirectly benefiting brain health.
- Addressing water scarcity and contamination reduces environmental stressors that can impact brain function.
- Ensuring access to clean water and sanitation facilities is essential for promoting healthy brain development, especially in children.

Used sources: 1, 4, 8, 9



Affordable and Clean Energy

SDG 7 seeks to ensure access to affordable, reliable, sustainable and modern energy for all. It emphasises increasing the use of renewable energy sources, enhancing energy efficiency and expanding energy infrastructure to meet global needs.

Suggestions for Global Actions

- Promote the use of renewable energy sources to reduce carbon emissions and pollution.
- Improve energy efficiency in healthcare facilities and infrastructure.
- Support global efforts to expand access to modern and sustainable energy services.

Actions that can be taken by EAN

- When choosing suppliers and locations, make sure that renewable energies are used.

Correlations to Brain Health Mission

- Access to reliable energy sources supports healthcare infrastructure, including facilities for diagnosing and treating neurological conditions. Electricity enables the use of medical equipment crucial for brain health diagnostics and treatments.
- Energy access facilitates communication and information dissemination, improving awareness and education about brain health.
- Sustainable energy sources reduce air pollution, which can negatively impact brain function and overall health.

Used sources: 1, 2, 6



Decent Work and Economic Growth

SDG 8 focuses on promoting sustained, inclusive and sustainable economic growth, along with full and productive employment, and decent work for all. This encompasses creating job opportunities, ensuring fair wages and fostering economic development.

Suggestions for Global Actions

- Promote inclusive economic growth and create job opportunities.
- Ensure fair wages and decent working conditions for all workers.
- Support innovation and research to drive economic development and improve health outcomes.

Actions that can be taken by EAN

- EAN quickly developed over the past years. We generate employment opportunities through new projects.
- EAN contributes to this goal by advocating for brain health in the workplace and addressing how neurological conditions impact productivity.
- Promote research and innovation in the field of neurology, contributing to economic growth.

Correlations to Brain Health Mission

- Economic stability reduces stressors associated with financial insecurity, positively impacting mental health and brain function. Economic growth enables investment in research, healthcare infrastructure and social programmes that benefit brain health.
- Access to stable employment and income supports access to healthcare, including mental health services, benefiting brain health.
- Inclusive economic growth reduces disparities in income and access to resources, promoting better overall brain health outcomes.
- Creating supportive work environments, such as those with fair wages and adequate rest breaks, contributes to employee well-being, including brain health.

Used sources: 3, 10



Industry, Innovation and Infrastructure

SDG 9 aims to build resilient infrastructure, promote inclusive and sustainable industrialisation, and foster innovation. This includes developing reliable and sustainable infrastructure, facilitating technological progress and encouraging innovation.

EAN supports SDG 9 by promoting neuro-innovation, advancing research in neurology and advocating for the development of infrastructure to enhance neurological care.

Suggestions for Global Actions

- Develop reliable and sustainable infrastructure to support healthcare and research.
- Foster innovation and technological progress in the medical field.
- Promote public-private partnerships to drive advancements in healthcare and industry.

Actions that can be taken by EAN

- Encourage collaboration between researchers, clinicians and industry partners to drive technological advancements in neurology.
- For example, organising Industry Round Tables.
- Continuous 360°-exchange with all stakeholders of EAN.

Correlations to Brain Health Mission

- Technological innovations in healthcare, such as telemedicine and medical devices, expand access to diagnosis and treatment for neurological conditions. Access to technology and innovation promotes education and awareness about brain health, empowering individuals to make informed health decisions.
- Sustainable industrialisation reduces environmental pollution and therefore reduces negative impact on brain function and overall health.
- Investment in research and development fosters advancements in neuroscience and neurological care, benefiting brain health globally.

Used sources: 1, 8, 10



Reduced Inequalities

SDG 10 focuses on reducing inequality within and among countries by adopting policies that promote social, economic and political inclusion, ensuring equal opportunities and addressing disparities in income, wealth and access to resources.

Suggestions for Global Actions

- Implement policies that promote social, economic and political inclusion.
- Address disparities in income, wealth and access to resources to reduce inequalities.
- Support global efforts to ensure equitable access to quality healthcare and education.

Actions that can be taken by EAN

- EAN has implemented a field which is specifically about women in neurology to promote and support research in this field.

Correlations to Brain Health Mission

- Reduced inequalities in education access promote cognitive development and lifelong learning opportunities, positively impacting brain health.
- Inclusive policies and programmes ensure that vulnerable populations have equitable access to resources and opportunities, supporting better brain health outcomes.
- Creating supportive social environments fosters a sense of belonging and community, which can improve mental well-being and brain health.

Used sources: 2, 4



Sustainable Cities and Communities

SDG 11 aims to make cities and human settlements inclusive, safe, resilient and sustainable. It involves ensuring access to basic services, enhancing urban planning and addressing environmental impacts to create sustainable and liveable communities.

Suggestions for Global Actions

- Enhance urban resilience against natural disasters by integrating climate adaptation measures.
- Promote green infrastructure, such as parks and green roofs, in urban development.
- Advocate for sustainable urban planning that reduces environmental impact and promotes mental well-being.

Actions that can be taken by EAN

- Promote the adoption of sustainable practices in event management, including transportation and accommodation options for attendees.

Correlations to Brain Health Mission

- Access to green spaces and recreational areas in urban environments promotes mental well-being and reduces stress, positively impacting brain health.
- Sustainable urban planning reduces exposure to environmental pollutants, such as air and noise pollution, which can harm brain function.
- Safe and accessible transportation infrastructure enhances mobility, facilitating access to healthcare services, including those for neurological care.
- Well-designed urban environments promote social interactions and community cohesion, which are beneficial for mental health and overall brain function.
- Disaster resilience planning in cities helps mitigate the psychological impacts of natural disasters, reducing trauma and promoting mental well-being.

Used sources: 2, 4, 6



Responsible Consumption and Production

SDG 12 focuses on ensuring sustainable consumption and production patterns. This involves promoting the efficient use of resources, reducing waste generation and adopting sustainable practices in both manufacturing and consumption.

Suggestions for Global Actions

- Encourage global adoption of circular economy practices to minimize waste and resource consumption.
- Promote sustainable supply chains and responsible procurement across industries.
- Support global initiatives to reduce food waste and promote sustainable agricultural practices.
- Advocate for consumer education on sustainable consumption habits.

Actions that can be taken by EAN

- Minimise waste generation and promote recycling during the EAN Congress and other EAN events.
- Encourage sustainable procurement of event materials and resources.
- Promoting sustainable practices in partnerships with reliable suppliers. This includes promoting responsible manufacturing, reducing waste in healthcare practices and supporting initiatives that minimise the environmental footprint.

Correlations to Brain Health Mission

- Responsible consumption and waste management minimises environmental contamination, reducing the risk of neurological disorders associated with toxic exposure.
- Promoting sustainable lifestyles, such as reducing stress and improving mental well-being, indirectly supports brain health.
- Addressing unsustainable consumption patterns helps mitigate climate change, which can have indirect effects on brain health through its impact on extreme weather events and environmental stability.

Used sources: 1, 2, 3



Climate Action

SDG 13 focuses on taking urgent action to combat climate change and its impacts. This involves strengthening resilience and adaptive capacity, raising climate awareness, and integrating climate change measures into policies and planning.

In alignment with this goal, EAN established a task force with its main topic of Climate Change in Neurology, which was launched at the beginning of 2024.

The task force will conduct scientific research on climate change and neurological health. Advocating for sustainable practices to safeguard brain health is an integral part of the EAN Brain Health Mission.

Suggestions for Global Actions

- Advocate for climate adaptation and resilience-building in vulnerable communities.
- Encourage integration of climate change considerations into national policies and planning.

Actions that can be taken by EAN

- EAN analyses all operational processes in order to act in a circular and sustainable way to protect the climate.
- We implement carbon offsetting measures for event-related travel and resource consumption.
- Incorporate discussions on the neurological impacts of climate change and environmental factors.

Correlations to Brain Health Mission

- Mitigating climate change reduces the frequency and severity of extreme weather events, which can cause physical and psychological trauma, impacting brain health.
- Addressing climate change helps preserve ecosystems and biodiversity, which are essential for supporting mental well-being and cognitive function.
- Reduced air pollution resulting from climate action improves respiratory health, indirectly benefiting brain function by reducing the risk of conditions like stroke and dementia.
- Sustainable transportation initiatives, such as promoting walking and cycling, improve air quality and physical fitness, which are crucial for maintaining brain health.

Used sources: 1, 3



Life Below Water

SDG 14 aims to conserve and utilise oceans, seas and marine resources to promote sustainable development. This goal includes preventing marine pollution, protecting marine ecosystems and addressing the impacts of overfishing.

Suggestions for Global Actions

- Support global efforts to reduce marine pollution, including plastics and chemical runoff.
- Advocate for the protection of marine biodiversity through sustainable fishing practices.
- Promote the establishment of marine protected areas to conserve critical ecosystems.

Actions that can be taken by EAN

- Raise awareness about the neurological consequences of marine-related toxins and pollutants.

Correlations to Brain Health Mission

- Sustainable fishing practices ensure access to nutritious seafood, which contains omega-3 fatty acids essential for brain health.
- Marine-based recreational activities, such as swimming and diving, promote physical exercise and mental relaxation, benefiting brain health.
- Reducing ocean pollution lowers the risk of exposure to toxic heavy metals and chemicals, which can harm brain function.

Used sources: 1, 2, 3, 9



Life On Land

SDG 15 is dedicated to protecting, restoring and promoting sustainable use of terrestrial ecosystems. It emphasises ensuring biodiversity, combating desertification, halting land degradation and managing forests sustainably. For EAN, considerations related to SDG 15 may involve researching the neurological impacts of environmental changes on wildlife or advocating for policies that promote both neurological health and environmental conservation.

Suggestions for Global Actions

- Advocate for the protection and restoration of forests, wetlands and other critical ecosystems.
- Promote sustainable land use practices that prevent desertification and land degradation.
- Encourage the integration of biodiversity conservation into national development plans.

Actions that can be taken by EAN

- Do research on neurological disorders related to exposure to agricultural chemicals, deforestation and other land-related issues.

Correlations to Brain Health Mission

- Preserving biodiversity in terrestrial ecosystems supports mental well-being by providing opportunities for recreation and relaxation in natural environments.
- Access to green spaces and forests promotes physical activity and reduces stress, positively impacting brain health.

Used sources: 1, 2, 3, 9



Peace, Justice and Strong Institutions

SDG 16 focuses on promoting peaceful and inclusive societies, ensuring access to justice for all and building effective, accountable and inclusive institutions at all levels. This goal is relevant to EAN as it underscores the importance of strong institutions in addressing neurological aspects of mental health, advocating for justice in healthcare and contributing to peaceful societies by

mitigating the impact of neurological conditions on individuals and communities.

Suggestions for Global Actions

- Support initiatives that enhance access to justice and legal empowerment for all individuals.
- Encourage international cooperation in peacebuilding and conflict resolution efforts.

Actions that can be taken by EAN

- EAN supports this goal by promoting mental health as part of the Brain Health Mission, including within conflict zones, and advocating for the establishment of robust healthcare institutions to ensure equitable access to neurological care.
- Collaborate with relevant organisations to address neurological conditions resulting from conflicts or violence.
- Advocate for policies that prioritise neurological health and well-being.

Correlations to Brain Health Mission

- Peaceful and stable societies reduce exposure to traumatic events such as conflict and violence, which can impact mental health and brain function.
- Access to justice and rule of law protects individuals from human rights abuse and discrimination, contributing to mental well-being.
- Inclusive governance and participation in decision-making processes empower communities to address social determinants of health, positively impacting brain health outcomes.
- Conflict resolution and peacebuilding efforts mitigate the psychological impacts of war and displacement, promoting resilience and mental well-being.
- Upholding human rights, including the right to health and education, ensures access to resources and opportunities that support brain health and overall well-being.

Used sources: 2, 7, 9



Partnerships for the Goals

SDG 17 emphasises the importance of global collaboration and partnerships to achieve all 17 SDGs. It involves fostering cooperation between governments, businesses, civil society and other stakeholders to mobilise resources, share knowledge and collectively tackle global challenges. EAN embodies SDG 17 by fostering partnerships among neurology professionals, institutions and stakeholders, contributing to the unified global effort to achieve these goals.

Suggestions for Global Actions

- Foster global partnerships that facilitate knowledge sharing and capacity building in sustainable development.
- Promote collaboration between governments, private sector and civil society to mobilize resources for SDG implementation.

Actions that can be taken by EAN

- We collaborate with other medical associations to learn from each other and jointly advance neurological research, treatment and patient care in terms of sustainable strategies.
- EAN strengthens partnerships to share resources, knowledge and expertise in pursuit of the SDGs, by being part of an established taskforce on sustainability by AC Forum.

Correlations to Brain Health Mission

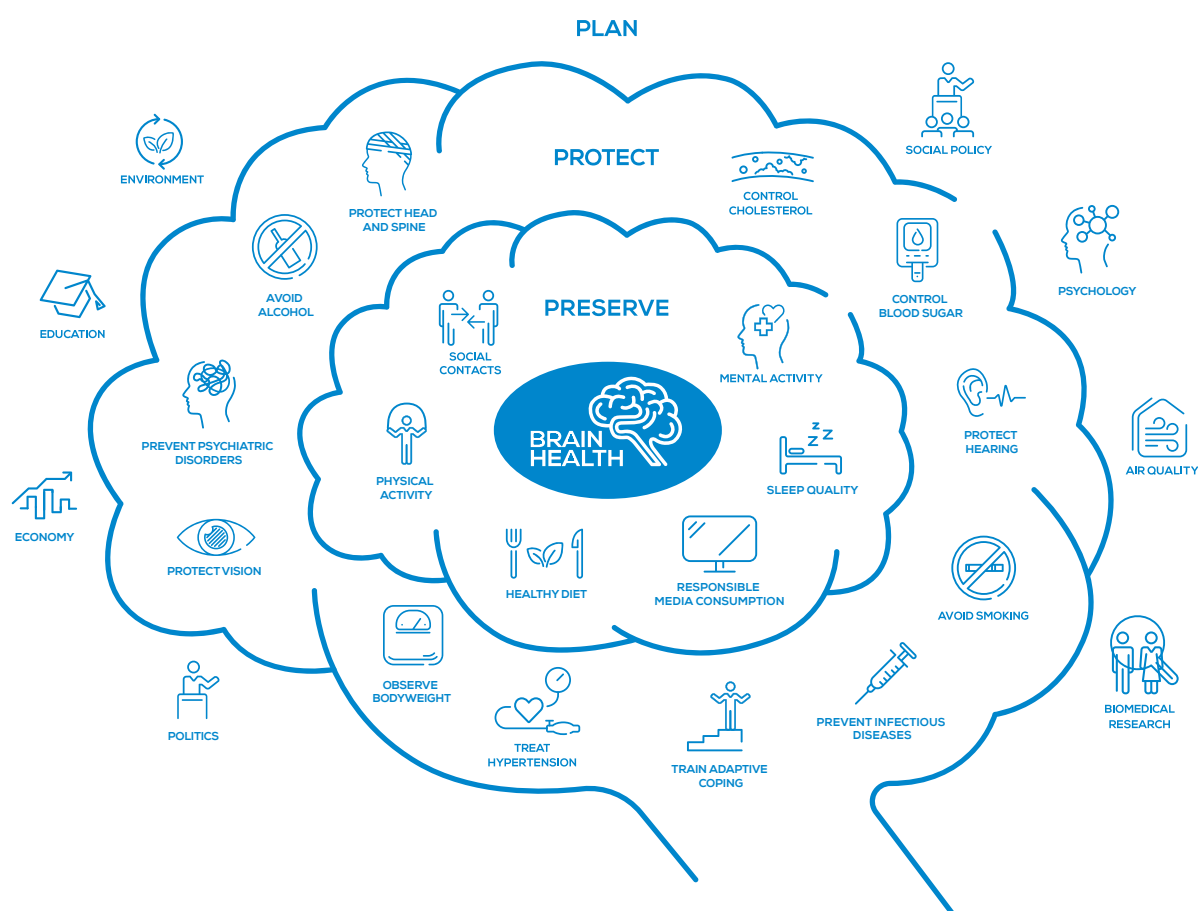
- International cooperation and partnerships facilitate knowledge sharing and capacity building in the field of neuroscience and mental health.
- Supporting developing countries in achieving SDGs promotes access to essential healthcare services, including those for neurological diseases.
- Advocacy and policy dialogue at the global level raise awareness about the importance of addressing mental health and neurological disorders, fostering supportive environments for brain health initiatives.
- Multi-stakeholder collaboration between governments, civil society and the private sector drives innovation and promotes effective solutions for addressing brain health challenges on a global scale.

Used sources: 1, 2, 4

Sustainability is a holistic and integrated approach that considers ecological, social, cultural and economic dimensions.

By supporting the SDGs and advocating for sustainable practices, we contribute not only to the preservation of natural resources but also to creating a healthier and more resilient society. This commitment aligns with the Brain Health Strategy of EAN.

Through our efforts in promoting social justice, environmentally friendly practices and an inclusive economy, we can aim to build a world where everyone's well-being is promoted and the foundation for optimal brain function and health is established.



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We welcome your feedback and are happy to answer questions on this topic.

Contact: sustainability@ean.org

Thank you for your support and contribution!

Appendix: The Gold Standard of Sustainability set by EAN

Many medical organisations are stepping up their sustainability efforts. While many larger organisations align with the United Nations' SDGs, few address the full spectrum of sustainability comprehensively. The majority focus primarily on ecological aspects, and only a small percentage of organisations have established continuous efforts through dedicated task forces or working groups.

Common denominators of sustainable practices currently undertaken by medical associations

- Eco-friendly Event Management: Recycling, reducing waste and using energy-efficient venues.
- Digital Transformation: Virtual and hybrid events to reduce emissions and costs.
- Global Health Support: Partnerships and campaigns for health awareness.
- Diversity and Inclusion: Ensuring diverse representation and support.
- Educational Outreach: Providing high-quality, accessible educational materials.

Areas for improvement

- Enhancing transparency in reporting sustainability efforts.
- Expanding sustainability initiatives across all activities.
- Ensuring comprehensive sustainability strategies with regular progress reports.

The term 'gold standard' represents the highest benchmark of excellence and achievement in a particular field. It sets a model of quality, offering clear criteria that ensures best practice and first-class performance.

EAN strives to set a comprehensive gold standard for sustainability, serving as a model for other medical associations, fulfilling the following key elements.

EAN will continue to review this on an ongoing basis to continually assess and benchmark performance.

Four Pillars of Sustainability



Environmental

This pillar refers to the moderate use of natural resources, in offices, in meetings, in duty travels organizations, in the use of consumable in office as well as in any setting where EAN officers are present, to ensure that our natural basis of life continues to exist in the long term.



Social

This pillar supports diversity, inclusion and global health initiatives. On one hand, a balance between the human needs of the present and the next generations of neurologists as well as of general populations must be achieved. On the other hand, given the diversity of the European Region and of its 48 members these needs must be kept always in mind and adjusted between High, Medium, Low-income countries and populations.



Economic

This refers to creating a system in which the economy can exist in the long-term within a framework of ecological conditions and considerations.



Cultural

This pillar ensures the preservation and promotion of cultural values within the organisation and all its activities. This holistic approach ensures that EAN's efforts go beyond mere ecological considerations to address the broader impacts of its activities.

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Alignment with SDGs

Sustainability initiatives should be closely aligned with the UN SDGs, reflecting a commitment to global standards and objectives. This alignment ensures that actions contribute to worldwide efforts in achieving sustainable development, promoting health, education, equality and environmental protection.

Official Commitment

The commitment in the organisation's statutes demonstrates a formal and enduring dedication to sustainability. The integration of these principles into the foundational documents underscores the importance of sustainability in the organisation's mission and operations.

Dedicated Accountability

Specific roles as committees, task forces or staff members should be assigned to oversee and implement sustainability initiatives. This structure ensures continuous development, monitoring and assessment of sustainability practices.

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