



**European Federation of Neurological Societies (EFNS)**

**EFNS Teaching Course**

**SCIENTIFIC PROGRAMME**

**UPDATES ON DIAGNOSIS,  
PREVENTION AND MANAGEMENT  
OF NEURODEGENERATIVE  
DISORDERS**

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**Novosibirsk, Russia**

**5-7 December 2003**

## EFNS Teaching Course Novosibirsk, Russia, December 5-7, 2003

### Main organizers

Pavel Pilipenko, Prof., MD, PhD  
Novosibirsk State Medical Academy  
52 Krasnyi Prospekt  
630091 Novosibirsk  
Russia

Valery Feigin, Prof, MD  
Neuroscience Section of the CTRU  
Department of Medicine  
University of Auckland  
Auckland  
New Zealand

### PROGRAMME

**Valery Feigin**, Auckland, New Zealand: Evidence for changing stroke epidemiology in the late 20<sup>th</sup> century

**Charles Wolfe**, London, United Kingdom: Secondary prevention of stroke: an update

**Valery Feigin**, Auckland, New Zealand: Primary prevention of stroke: an update

**Charles Warlow**, Edinburgh, United Kingdom: Stroke units – what are they and do they do any good?

**Franz Gerstenbrand**, Vienna, Austria: Management issues of apallic syndrome

**Yuri Nikitin**, Novosibirsk, Russia: Modern approach to the prevention of atherosclerosis

**Charles Wolf**, London, United Kingdom: Modern approach to the rehabilitation of stroke patients

**Charles Warlow**, Edinburgh, United Kingdom: Carotid endarterectomy - a review of the evidence

**Valery Feigin**, Auckland, New Zealand: Management of subarachnoid haemorrhage: an update

**Charles Warlow**, Edinburgh, United Kingdom: Treating of acute stroke

**Charles Wolf**, London, United Kingdom: Stroke care: an European experience

**Pavel Pilipenko**, Novosibirsk, Russia: Management issues of stroke in Siberian Region: present and future

- Amos Korczyn**, Tel-Aviv, Israel: Diagnosis of mild cognitive impairment and dementia
- Franz Gerstenbrand** et al: Vienna, Austria: Minimal standard in the diagnosing of brain death
- Amos Korczyn**, Tel-Aviv, Israel: Alzheimer's disease and vascular dementia: management issues
- Franz Gerstenbrand** et al: Vienna, Austria: Modern therapy of Parkinson's disease
- Amos Korczyn**, Tel-Aviv, Israel: Risk factors for dementia and cognitive decline: the issue of prevention
- Pavel Kalvach**, Prague, Czech Republic: Vascular dementia: radiological correlates



*Who is who? (Do you find Lisa?)*

The course proved to be a great success: 643 physicians (neurologists, neurosurgeons and GPs) from Novosibirsk and all other major cities of Siberia and neighbouring regions (1/3 of the participants) attended the course and participated in the discussions. Organization was perfect despite of the surrounding temperature of minus 32 degrees of Celsius. The discussions and a visit in hospital showed surprisingly high level of education and performance in neurology.

Simultaneous translations were provided and all attendees were given syllabus of the course and the conference proceedings. All attendees expressed their deep satisfaction with the presentations and organization of the course. The Chief Therapist of Siberia and Vice – President of the Russian Society of Gerontology, Prof. Alexei V. Shabalin described his impression about the course as follows: „This course was actually the first class international congress on neurology ever held for Siberian physicians. It should be stressed that compared to physicians from Western part of Russia, Siberian physicians are handicapped in term of their geographical remoteness from Western Europe. It is very expensive and virtually impossible for them to attend international conferences regularly held in Western Europe. Therefore it is extremely important to bring leading Western scientists to Siberian physicians....“